



April 2016 • Active Transportation Resource Center (ATRC)¹ Quarterly e-News for Non-infrastructure Projects

This quarterly e-news provides a summary of key news and training opportunities to support your Active Transportation Program (ATP)—Non-infrastructure (NI) work in California. To sign up for e-news, to view our e-news archive, or to find out about more resources and training opportunities, visit www.CAsaferoutestoschool.org.

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ATP Cycle 3 Update

The California Transportation Commission's (CTC) 2017 ATP Guidelines were adopted by the CTC on March 17, 2016, and are posted [here](#).

According to the guidelines, the 2017 ATP Cycle 3 call for projects will begin on April 15, 2016, with applications due to Caltrans (postmarked) by June 15, 2016. For the most up to date information, please continue to visit the [CTC ATP site](#).

As well, visit the [Caltrans ATP site](#) for information on Caltrans-sponsored ATP Cycle 3 trainings, ATP general and technical information, and to access the application when it is made available.

The ATRC will continue to provide updates as new information emerges!

For project-specific and call-for-projects questions please contact your [District Local Assistance Engineer \(DLAE\)](#) or your [District ATP Coordinator](#).

¹ Supported by the California Department of Transportation's (Caltrans) Active Transportation Program (ATP), the Active Transportation Resource Center (ATRC) provides technical assistance and resources to Caltrans ATP awardees. As part of the ATRC, the California Department of Public Health's (CDPH) Active Transportation Safety Program (ATSP) staff assist local communities with creating active transportation non-infrastructure programs, including Safe Routes to School (SRTS), through targeted trainings, technical assistance, and resources to implement safe and successful strategies throughout California.

ATRC Resources

Safe Routes to School and Student Leaders: Facilitator's Guide to Engaging Middle School Youth

Safe Routes to School and Student Leaders: Facilitator's Guide to Engaging Middle School Youth (Facilitator's Guide) offers practical tools to help adult facilitators engage middle school student leaders in planning and hosting activities that will increase the number of students who safely walk and bicycle to school, while contributing to more pedestrian- and bicycle-friendly policies within schools and communities. Student-led campaigns can generate enthusiasm and improve the social conditions for Safe Routes to School programs.

The Facilitator's Guide is designed to aid adult facilitators in leading a Safe Routes to School student leadership project as a part of an after-school program. However, it can be adapted to a student leadership club or classroom project during school hours.

Access the [Facilitator's Guide](#).

ATRC Webinar Library

Did you miss either of the following webinars over the last couple of months?

- *Active Transportation Program Non-Infrastructure Projects- Stories from the Field*
- *Creating Safe Routes to School Programs in Tribal Communities in California*

You will find recordings of these [webinars](#), and many more on our website.

May Webinar!

Keep your eyes open for our next webinar training in May, which will provide details on the tools in the guidebook, *Safe Routes to School Programs in Rural California: A Guide for Communities and Partners*, as well as share ATP stories from rural communities.

Walk to School Infographic

Share how Safe Routes to School programs benefit our communities! [Print and post this eye-catching infographic](#), a colorful compilation of California landmarks and easy-to-read, evidence-based facts. Inspire walking and bicycling to school by showing that SRTS improves students' safety, health, and well-being; reduces traffic congestions and pollution; increases physical activity for the whole community, and more!

Active Living Research (ALR) Resource Using Policy to Encourage Walking and Biking

Walking and biking for transportation can be a significant source of regular physical activity when built into daily routines. Most daily trips are within easy walking or biking distance. A new ALR research brief, [Moving Toward Active Transportation: How Policies Can Encourage Walking and Bicycling](#), summarizes current research on the health benefits and safety of active travel, and examines policies and programs that can help increase active travel rates.

May is National Bike Month

Sponsored by the League of American Bicyclists (the League) and celebrated in communities from coast to coast, May is National Bike Month. Established in 1956, National Bike Month is a chance to showcase the many benefits of bicycling — and encourage more folks to give biking a try. The League has designated **May 16-20 as National Bike to Work Week 2016, and May 20 as Bike to Work Day.**



Visit <http://bikeleague.org/bikemonth> for **resources** including a step-by-step **guide** for creating a successful event in your community, workplace, city or region; and National Bike Month **promotional materials** including posters, web materials, social media resources — and more. As education and encouragement activities go hand-in-hand, you may also wish to consider the League's five **Rules of the Road**.

Join tens of thousands of children, parents, school officials and community leaders nationwide on May 4th for the student two-wheeling celebration of the year, **National Bike to School Day**. Last year, more

than 2,600 schools participated – nearly a twenty percent growth from the previous year. Schools, parents and community organizations can now register 2016 Bike to School Day events online at www.walkbiketoschool.org.

Bicycle Giveaway

Individuals who **register** their Bike to School Day event online are **eligible to win** one of ten awards. Each giveaway will include 10 Schwinn SmartStart bicycles and 20 Schwinn helmets to be awarded to a winning school. Drawings will begin on Wednesday, April 13th and winners will be announced weekly on the Safe Routes to School and Schwinn Facebook pages.

*View the Bike to School Day Schwinn SmartStart Bike Share **Giveaway Rules**.

Bike Month Highlight: Bike to Shop Day 2016, sponsored by Silicon Valley Bicycle Coalition, is an event in San Mateo County on the third Saturday in May, to promote bicycling for short daily errands. The goal of the event is to encourage people who are new to bicycling for transportation to use bicycles in a low-stress, enjoyable, self-guided activity, such as shopping, as a way to inspire future increased use of bicycles in daily trips. Information is available at www.BiketoShopDay.org.



Local Agency Training Subsidized by Caltrans Division of Local Assistance

Caltrans [Division of Local Assistance](#) contracts with [UC Berkeley, Institute of Transportation Studies, Tech Transfer Program](#) to offer subsidized classes for local agencies. Below is a list of upcoming classes hosted throughout the state and online for local agencies.

Classes include

- Complete Streets Planning and Design,
- Pedestrian Facility Design,
- and much more!

[View Complete Training Schedule](#)

Tribal Transportation Safety Assessments for California Native American Communities

The Tribal Transportation Safety Assessments (T2SA) for California Native American Communities will provide California Tribal governments with free technical assistance, offered by Tech Transfer and funded by Caltrans. This service is designed for Tribal Councils or their designees, who have responsibility for the implementation of the potential recommendations for safety improvement. The program will help California Native American communities identify and implement transportation safety solutions that will lead to improved safety for all – motorists, passengers, bicyclists, and pedestrians. Learn more about how to apply for this opportunity here:

www.techtransfer.berkeley.edu/services/tribal-transportation-safety-assessments.

Transportation and Health Conference

Registration for the [International Conference on Transport and Health](#) is now open. The event will be held in San Jose, CA on June 13-15, 2016. The conference theme of Changing Perspectives will highlight cross-disciplinary demonstrations of how non-traditional thinking can lead to creative problem solving in the transportation arena to improve health.

New Awards to Support Walking, Biking, and Physical Activity with Fire Up Your Feet!

This spring, [Fire Up Your Feet](#) is offering even more awards to schools participating in the Fire Up Your Feet Activity Challenge – including a brand new award for schools that track enough miles to bike across their state or region! With multiple awards in several categories, your school has even more chances to win awards to support physical activity and wellness programs. Fire Up Your Feet is a core program of the Safe Routes to School National Partnership and provides everything you need to promote walking, playing and finding joy in being physically active.



The 2016 **PedsCount! Summit** will take place June 6-7 in Long Beach. Go [online](#) to learn more. Follow the Summit on Twitter: **#PedsCount16@CaliforniaWalks**. Questions? Please contact Caro Jauregui at caro@californiawalks.org.

We're here to support you!

We want to hear from you. Share your ideas or program highlights for future ATRC e-news bulletins! Will you be attending the Safe Routes to School Annual Conference? Let us know! We'd like to hear about what you felt were highlights. We also want to feature new resources you have developed, or are utilizing in your active transportation efforts. Areas in which we're interested include, but are not limited to:

- examples from across California about how NI activities have enhanced **public engagement** for infrastructure changes,
- **emerging processes** and technologies that maximize public engagement in active transportation decision-making, and
- how the California or local **Conservation Corps** are involved in NI programs!

ATP Cycle 3 Informational Session

Presented by Safe Routes to School National Partnership

Wednesday, April 13, 10:00am to 12:00pm
Register now!

Learn about what's changed in the ATP guidelines and application, how to prepare the application and lessons learned from past cycles that can prepare you to be successful in this round. This webinar is sponsored by the Safe Routes to School National Partnership with help from their partners at the California Bicycle Coalition, California Walks, Los Angeles County Bicycle Coalition, ClimatePlan and PolicyLink. Registration is available [here](#).

Questions? Please contact Bill Sadler, California Senior Policy Manager, at bill@saferoutespartnership.org.

Please note: This is not a Caltrans-sponsored training. Caltrans ATP Cycle 3 training dates will be released soon, and will provide important information for applicants.

Please contact your ATRC coordinator with any questions about your work, or information you have to share.

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