



Active Transportation Resource Center (ATRC)¹ e-News for Non-infrastructure Projects

April 2017

This bi-annual e-news provides a summary of key news and training opportunities to support your Active Transportation Program (ATP)—non-infrastructure (NI) work in California. To sign up for e-news, to view our e-news archive, or to find out about more resources and training opportunities, visit www.caatpresources.org.

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ATP Awardee Corner

Caltrans Cycle 3 Update:

California's Active Transportation Program (ATP)

continues to be the largest source of funding for active transportation projects and programs aimed at getting more people to walk and bicycle safely for transportation. The recommendations for the latest round of ATP Cycle 3 Statewide and Small Urban/Rural awards were approved by the California Transportation Commission (CTC) in early December 2016. Over 50 new active transportation projects, totaling over \$158M, have been approved, with actual programming set to begin in 2019. Caltrans is working with Cycle 3 awardees from successful jurisdictions to help move these projects forward through the elaborate transportation programming process.

Caltrans plans to prepare new resources, including a voiceover PowerPoint video, to give Cycle 3 ATP Awardees an overview of next steps as well as key information and resources available through Caltrans Local Assistance and the ATRC.

Interested in learning which communities and projects were funded in Cycle 3? Visit the [California Transportation Commission's \(CTC\) Active Transportation Program](#) for a list of approved projects. Caltrans will provide another update in the next ATRC e-news with more information about CTC approvals for ATP Cycle 3 Regional awards (sought from nine Metropolitan Planning Organization competitions).

¹ Supported by the California Department of Transportation's (Caltrans) Active Transportation Program (ATP), the Active Transportation Resource Center (ATRC) provides technical assistance and resources to Caltrans ATP awardees. As part of the ATRC, the California Department of Public Health (CDPH) staff assist local communities with creating active transportation non-infrastructure programs, including Safe Routes to School (SRTS), through targeted trainings, technical assistance, and resources to implement safe and successful strategies throughout California.

What's Happening in Your Community for Bike Month?

May is National Bike Month

Bike month is sponsored by the League of American Bicyclists and celebrated in communities from coast-to-coast. Whether you bike to work or school, ride to save money or time, pump those pedals to preserve your health or the environment, or simply to explore your community. National Bike Month is an opportunity to celebrate the unique power of the bicycle and the many reasons we ride.

Visit the [League of American Bicyclist](#) website for guidance on:

- promotional materials;
- tips for planning an event;
- National Bike Month dates and events; and
- bicycle commuting data.

Add these **fun events** to your calendar:

- [Bike to School Day](#) is May 10th
- [CycloFemme](#) is the weekend of May 14th
- [Bike to Work Week](#) is May 15-19th
- [Bike to Work Day](#) is May 19

Bike to School Day Resources

Registration is now open for Bike to School Day 2017!

Grab your helmet and lace up your shoes, it is time to register for Bike to School Day! We're excited to share that www.walkbiketoschool.org has a fresh look. Launched this spring, the new site has a streamlined registration system to better help event organizers plan and register their events and a faster way for organizers to register multiple events at one time. Visit www.walkbiketoschool.org for more information about registration, and bike and helmet giveaways.

The new and improved [Active Transportation Resource Center](#) website has a page dedicated to [Bike to School Day resources](#) including curriculum, customizable promotional material, and training guides.



California is a Great Place to Bike!

Bicycling.com compiled a list of their favorite bike paths across the state, [The Best Bike Paths in California](#). Stunning views, wide lanes, and fail-safe weather make these wonderful bike paths

Imagine a California with bikeways to everywhere, where riders of all ages and levels can ride a bicycle, comfortably and conveniently, wherever they want to go.

must-dos on your next trip across the Golden State. Is there a bike path in your community that you love to ride? We want to hear about it! Send us a message to atsp@cdph.ca.gov.

The [California Bicycle Coalition's](#) mission is to enable more people to bicycle, for healthier, safer, and more prosperous communities for all, with a goal to double the amount of bicycling in the Golden State by 2017 and triple it by 2020. Visit their website to stay up-to-date on the [California Bike Laws](#).

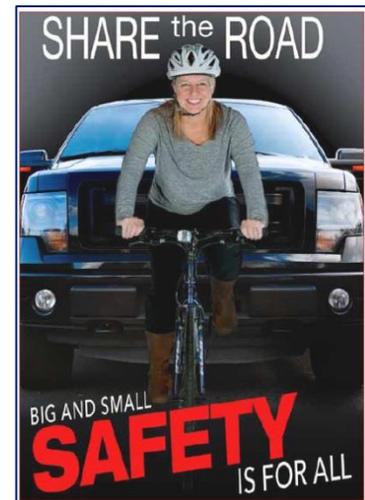
We want to hear from you! What is happening in your community for May is Bike Month?

2017 California Driver Handbook

Did you know there are approximately 26 million licensed drivers in California? The 2017 California Driver Handbook is the revised and reviewed guide to safe driving.

New or revised content pertaining to active transportation includes:

- Pedestrian Phases (Pedestrian Scrambles), with graphic;
- Information related to the speed of large vehicles when passing pedestrians, bicyclists, and motorcyclists and the strong winds it can cause;
- Information related to green bicycle lanes, with graphic;
- Information about sharing the road with bicyclists added to the *Roundabouts* section;
- New graphic added related to not passing another vehicle stopped at a crosswalk;
- More information regarding pedestrians and bicyclist to the *CA Basic Speed Law* section
- Added bicyclists to the *Tailgating* section;
- Elaborated and updated sections related to *Sharrows*, *Bicycle Lanes*, *Bicycles in Travel Lanes*, and *Bicycles* (in general); and
- The *Taking Dangers One at a Time* and *Passing* sections now include references to properly passing a bicyclist.



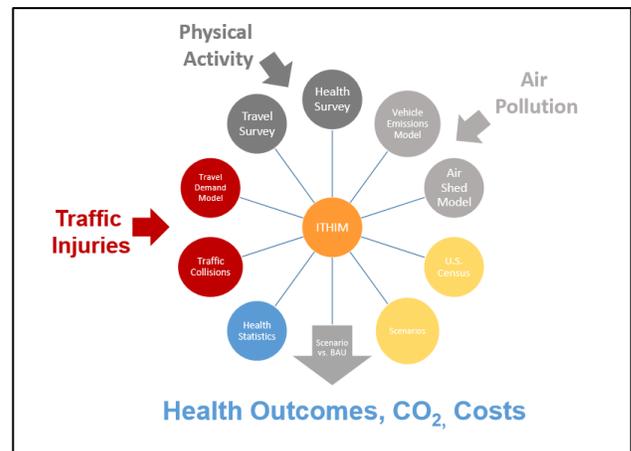
Access the [2017 California Driver Handbook](#) on the DMV website.

Tech Talk

Integrated Transport and Health Impacts Model (ITHIM)

In the December 2016 report from the Office of Health Equity, California Department of Public Health, researcher Neil Maizlish, PhD, MPH, used the Integrated Transport and Health Impacts Model (ITHIM) to estimate the health and economic impact if the California population met the mobility and health goals of doubling walking and transit trips, tripling bicycling, and increasing biking and walking to meet the U.S. Surgeon General recommendations for physical activity. The findings were as follows:

- California achieving its walking, transit trips, and bicycling goals by 2020 would annually eliminate 2,348 annual deaths from chronic diseases, but add 254 deaths from traffic collisions, or an overall total of 2,095 fewer deaths and 30,124 fewer years of life lost and disability.
- If a typical Californian increases active transport to 21.4 minutes per day, California could experience 8,057 fewer annual deaths and 142,101 fewer years of life lost and disability.
- The annual value of preventing premature deaths and disability ranged from \$1 billion to \$59.6 billion, depending on the method of monetizing deaths and disability.
- Assuming half of the increases in active transport are offset by less car travel, annual car carbon emissions would decline between 3% to 14% compared to the 2010 baseline.



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This report shows that physical activity due to increased biking and walking would have a profound impact on health and economic outcomes while contributing to greenhouse gas (GHG) and vehicle miles traveled (VMT) reduction goals. The report further states that achieving mobility and health goals would constitute a major public health accomplishment on par with California's successful efforts at tobacco control.

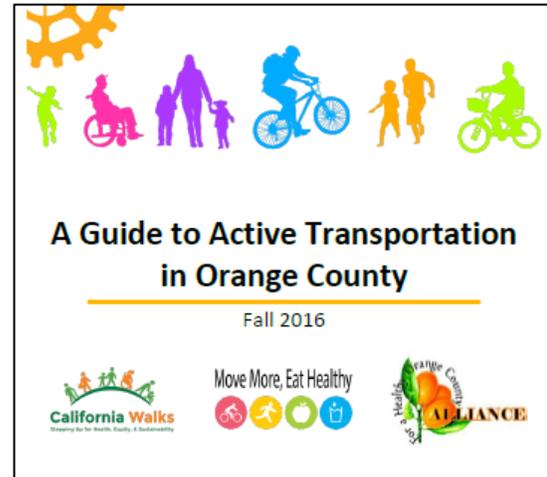
To read the full report, please visit -

www.cdph.ca.gov/programs/Documents/IncreasingWalkingCyclingTransitFinalReport2016rev2017-01-28.pdf

A Guide to Active Transportation in Orange County

The new toolkit, [*A Guide to Active Transportation in Orange County*](#), is designed to increase knowledge of Orange County policymakers, residents, and other stakeholders on the active transportation planning process. The toolkit gives a great overview to active transportation project development, implementation, and funding.

Access the guide [here](#).



American Public Health Association ([APHA](#)) Webinar

[*Promoting Active Communities: Finding Data that Tells Your Story*](#)

APHA believes in the power of evidence — and using data to inspire change — to create healthier communities for all. That’s why they’re proud to announce a new website exploring the [*Bicycling and Walking in the United States: 2016 Benchmarking Report*](#), which traces the rise of walking and bicycling across the nation.

Watch this webinar recording, presented April 25, to learn how to use the new [*Benchmarking Report website*](#) and how you can apply the information you learn to advocate for bicycling and walking in your community.

View the recording of this [*compelling APHA training*](#).

We want to hear from you! Do you have a resource to share? What about a favorite curriculum or media campaign? Do you have resources you’ve translated into a language other than English? Or a success story to share?

Please contact your [*ATRC Coordinator*](#)



Safe Routes to School National Partnership is Hosting a Free Webinar

Best Practices for Communicating and Using Safe Routes to School Data

May 2, 2017

REGISTER HERE:

<https://attendee.gotowebinar.com/register/3439173797092815106>

Reporting progress toward program goals is crucial for supporting and growing Safe Routes to School initiatives. This webinar will explore effective strategies for collecting and using relevant data at the local, regional, and state levels. Speakers will discuss data collection, data-informed decision making, and how to communicate results effectively.

Active Transportation Resource Center: Who Does What?

The Caltrans Division of Local Assistance, Office of Active Transportation and Special Programs is responsible for the administration and implementation of the Active Transportation Resource Center (ATRC). The ATRC provides resources utilizing a combination of subject experts from Caltrans, California Department of Public Health, California State University Sacramento, and UC Berkeley Safe Transportation Research and Education Center (SafeTREC). The ATRC provides resources and training to stakeholders for infrastructure and non-infrastructure Active Transportation Program (ATP) project types. The ATRC is currently funded through Fiscal Year 2021.

ATRC Responsibilities:

- Evaluate ATP resources and needs;
- Provide guidance to ATP awardees for project implementation and delivery;
- Provide resources to plan, design, implement and evaluate projects for walking, biking, safe routes to school, and other non-motorized projects throughout California;
- Implement an ATP Resource website to provide an easy clearinghouse for ATP program information and resources;
- Conduct training and workshops for communities (including underserved and low-income communities) on topics such as application writing, outreach and education, active transportation planning, and bicycle and pedestrian facility engineering best practices; and
- Provide assistance to agencies to encourage ATP participation.

To learn more about what the ATRC has to offer you, click [here](#) for a PowerPoint presentation on the [ATRC website](#).



Learning Opportunities from the ATRC

The ATRC has several webinars and teleconferences on the horizon. Please be on the look-out for additional notices about specifics dates and times! Make sure you're on our [mailing list](#) to receive registration information to the following exciting learning opportunities.

On **April 26th** the ATRC convened the second of a two-part [Walking School Bus webinar series](#). In January, the ATRC worked with the Safe Routes to School National Partnership on a webinar to unveil the new toolkit, [Step by Step: How to Create a Walking School Bus at Your School](#), to help communities plan and organize walking school busses as a means to support safe and active transportation options for students and address barriers that may prevent students from walking to school. The April training featured two California communities who shared their experiences on walking school bus implementation. This training was recorded. To receive an MP4 recording, please email your CDPH ATRC coordinator (see below).

Coming soon, the ATRC plans to host a webinar on **Safe Routes to School (SRTS) Evaluation Resources and Best Practices**. In addition, the ATRC plans to host a statewide teleconference featuring a **panel discussion** on regional **Metropolitan Planning Organization efforts** to support non-infrastructure active transportation strategies.

We are here to support you!

Please contact your CDPH ATRC coordinator with any questions about your non-infrastructure work, or information you have to share. Do not know in which district you are located? [Find out here](#).

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