



ATRC On the Move Presents:

# PERSPECTIVES 2022

WEBINAR SERIES

**OCTOBER 6, 2022** 







# Poll Question #1

#### Please tell us who you are representing today:

- Non-profit/community-based organization
- State or local agency
- City or county staff
- School or school district
- Private firm
- Community member

# Poll Question #2

Are you currently engaging with any of the following groups to support your Safe Routes to School efforts? (select all that apply)

Youth and/or parents	<ul> <li>Neighborhood groups</li> </ul>
Schools and/or district staff	Health clinics
Bicycle/pedestrian organizations	• Businesses
<ul> <li>Other community or faith-based organizations (non-bike or pedestrian)</li> </ul>	City or county agencies



Safe Routes to School Programs:

Benefits for the Whole Community

# **ATRC Webinar Logistics**

- Share your questions throughout the meeting by using the "Q&A" function
- Please complete post-webinar attendee survey
- The webinar will be recorded and posted to the ATRC website:

https://caatpresources.org/1621

# Learning Objectives

#### Participants will:

- Learn two ways to build strong, self-sustained SRTS programs.
- Learn techniques to empower a community to advocate for safe biking and walking for the whole community.
- Learn how to manage challenges when working with communities in SRTS programs.



# Jordan Grimaldi Civic Thread

# Safe Routes to School

Bridging ATP Non-Infrastructure and Infrastructure Programming through Equity-Centered Community Engagement



### Who we are

Our mission is to elevate institutionally underserved voices and priorities to co-create communities, neighborhoods, and places where everyone can thrive.





# **Key Questions:**

- How can SRTS support community health and safety?
- Why is equity-centered community engagement important?
- How can SRTS bridge ATP Infrastructure and Non-Infrastructure?



# How can SRTS support community health and safety?



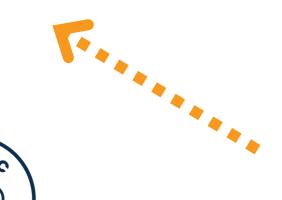
#### Encouraging families to walk, bike, and roll



Improved air quality & reduction in chronic diseases

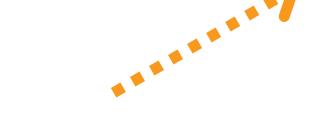
# Advancing Community Health





Increase in regular exercise



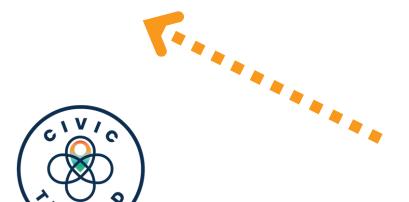


Complete streets & "8-80" benefits

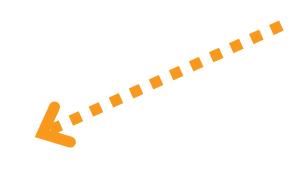




Demonstrated community support for AT improvements



Resources directed to EJ communities



# Why is equity-centered community engagement important?





# How can SRTS bridge ATP Infrastructure and Non-Infrastructure?

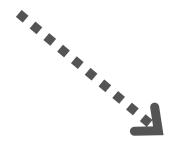


#### School-Focused Strategies

- Engagement and Equity
- Engineering and Education
- Cultivating school champions

#### Agency-Focused Strategies

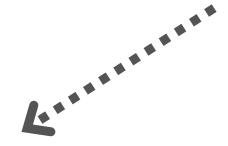
- Technical assistance
- Advocacy
- Letters of support



#### **Breaking Down Silos**

- Increasing transparency
- Sustaining dialogue
- Leveraging complementary projects

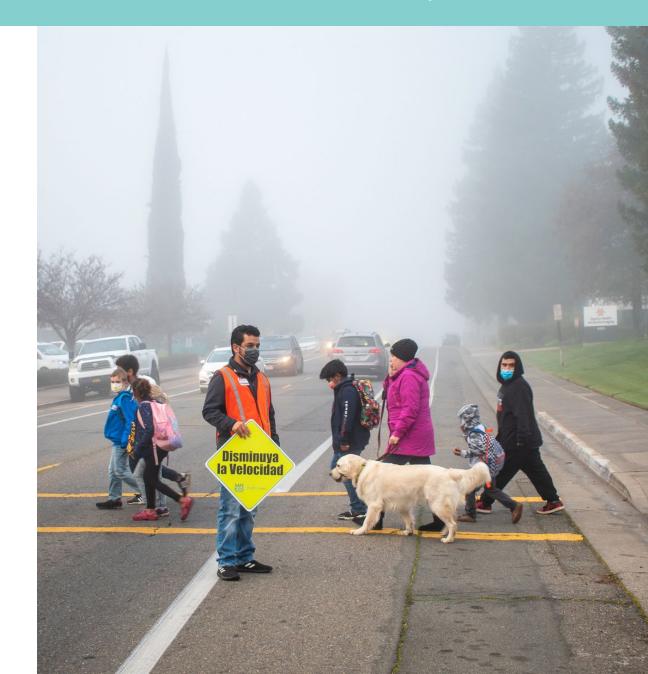




# Challenges

- Engaging schools
  - Limited capacity
  - Turnover
- Funding processes
  - Short-term program cycles, long-term issues
  - Funding allocations and scopes of work
- Planning processes
  - Silos within and between agencies





## **Success Stories**

South Sacramento SRTS
--> ATP Cycle 5 funding
and \$2.2M Congressional
earmark



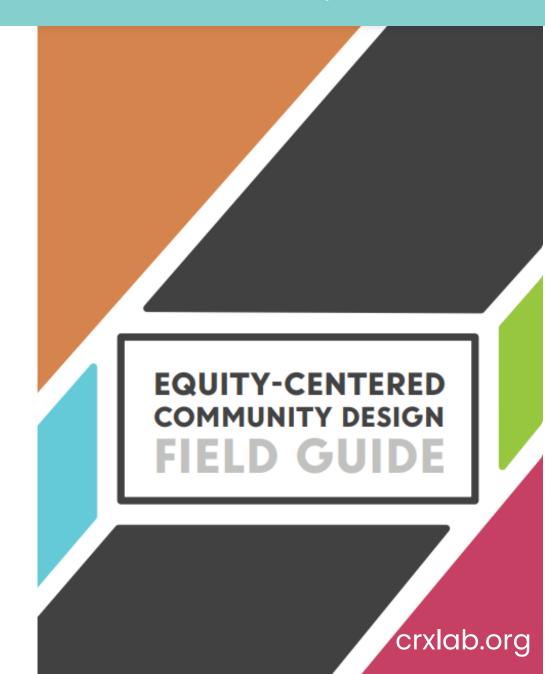


# Resource Spotlight

ChangeLab Solutions changelabsolutions.org

Creative Reaction Lab crxlab.org





# Thank you!







### Sources

- https://www.cityofsacramento.org/-/media/Corporate/Files/Public-Works/Transportation/VisionZero/Vision-Zero-Action-Plan-Adopted-August-2018.pdf?la=en
- https://www.ncbi.nlm.nih.gov/pmc/articles/PMC1470658/#:~:text=Exercise %20improves%20mental%20health%20by,self%2Desteem%20and%20cognit ive%20function.
- https://www.cdc.gov/physicalactivity/basics/pahealth/index.htm#:~:text=Regular%20physical%20activity%20is%20one,ability%20to%20do%20everyday%20activities.



Alisa Campbell,
Santa Clara County Public
Health Department



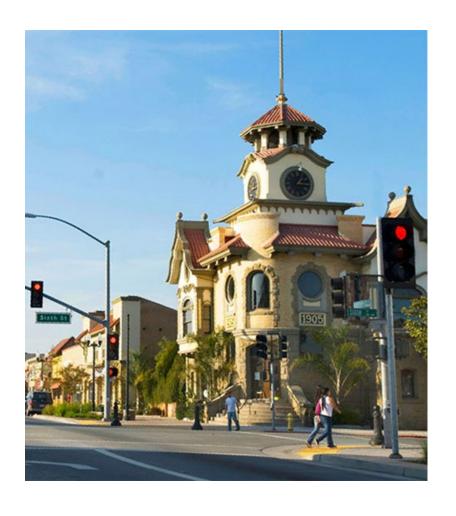


# GILROY MOVES! SAFE ROUTES TO COMMUNITY HUBS

Alisa Campbell, MPH
Santa Clara County Public Health Department

## Gilroy Moves! California Active Transportation Grant





#### Santa Clara County Public Health- Safe Routes to School Program

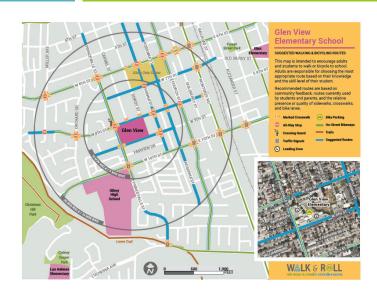
- Safe Routes to School Project funded by ATP Cycle 1 grant
- April 2016 March 2020
- Supported 11 Gilroy schools:
  - School walkability/bikeability audits
  - Walk and Roll to School Days
  - Pedestrian and Bike Safety Education
  - Bike Rodeos and Bike Repairs Events







#### Safe Routes to School Program Highlights



**SRTS Maps developed for all GUSD schools** 

#### **Established Stakeholder Meetings**







Parent Engagement & Training on Implementing Safe Routes to Schools



JUNE 21, 2018



WALK & ROLL
safe routes to school in santa clara county

**Citywide SRTS Action Plan** 



Provided Bike Repair Fix-It
Stations

## Community Engagement & Sustainability

#### **Safe Routes to School Trainings**

The purpose of these trainings are to train staff and community leaders to teach other parents about Safe Routes to School.

To request a training or for more information contact Santa Clara County Public Health Department— Safe Routes to School Program at (408)793-2700 I www.sccphd.org/traffic

#### Safe Routes to School 101

Training Time: 30 minutes

- Safe Routes to School Program overview
- Six E's model: Education, Encouragement, Engineering, Enforcement, Evaluation, and Equity
- · Benefits of walking and bicycling

#### How to Organize a Bicycle Train

Training Time: 60 minutes

- Learn how to start and lead a bike train
- · Plan the route and schedule
- · Getting ready for the ride
- Review safety tips

#### How to Start and Lead a Walking Group

Training Time: 60 minutes

- Learn how to start and lead a walking group
- Identify safe routes for the walking group
- · Ways to make it fun and engaging
- · How to prepare for rainy weather

#### Bike Rodeo

Training Time: 60 minutes

 Learn how to educate, engage, and organize a bicycle safety skills course for families and children

#### **Pedestrian Safety Education**

Training Time: 30 minutes

- Benefits of walking
- Review traffic safety vocabulary
- Review safety tips for pedestrians

#### Use Your Head, Wear a Helmet

Training Time: 35 minutes

- Learn how to properly wear a helmet
- · Learn the 4 steps for the right fit
- Choosing the right helmet
- Review helmet fitting Tips

#### Engage beyond the school!

- Work with neighborhood groups, community organizations, non-profits, city agencies, and others
- Link to resources that align with their interests
- "Train-the-trainers" workshops with agencies that can continue sustainability of bicycle and pedestrian education after the grant



WALK & ROLL
safe routes to schools in santa clara county

## Gilroy Partner Outreach & Engagement

- □ Hire Bilingual staff
- Familiarize yourself with the community needs and concerns
- Make contact by physically going to sites (don't just email)
- Engage with the community (not just for your own needs)
- Find opportunities to connect your work with theirs



# Improve Bike Safety Education for Partners





Provide local police tools and strategies to enhance their pedestrian and bicycle safety education & outreach

### Collaborations with Local Health Clinics



Local Health Center to train staff on Helmet Fitting Education and ABC Bike Quick Check during their bike Giveaway events

# Local Non-Profits & Family Resource Centers





Families with young children receive helmet safety education

# Working with City Commissions and Staff







## San Ysidro Nueva Vida Neighborhood Group

Ruta Para la Caminata en Grupo

¡Reunase en la esquina de IOOF y Forest St. (South Valley Middle School).

- El primer grupo sale a las 4:50 p.m.
- El segundo grupo sale a las 5:30 p.m.







#### **Train-the-Trainer Workshop:**

- Walk Audit
- Pedestrian Safety Education
- Implement walking group for events at the park



Party In the Park Day-- Leading Walking Group of families to Park

## Outcomes & Opportunities

- Collaborative and Shared Leadership
- Authentic Partnerships with Spanish Speaking Community
- Developed Trust and Future Collaboration Efforts
- Built Relationships to Expand "Safe Routes" Model Beyond Schools



### Gilroy Moves- Active and Safe Routes to a Healthier City

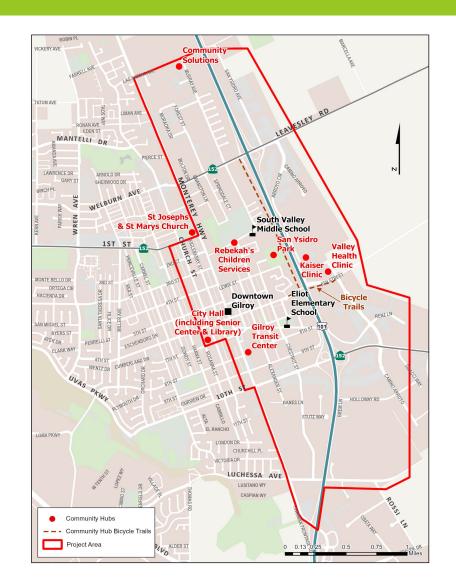


- PHD awarded Active Transportation Program
   (ATP) Cycle 5 funds from Caltrans
- Project Area: East Gilroy Neighborhood
- □ 3-year grant; tentative timeline of Jan 2022-Jan 2025
- Safe Routes to Community Hubs
  - transit, parks, clinics, schools, & community resource centers (libraries, senior center, churches, etc.)

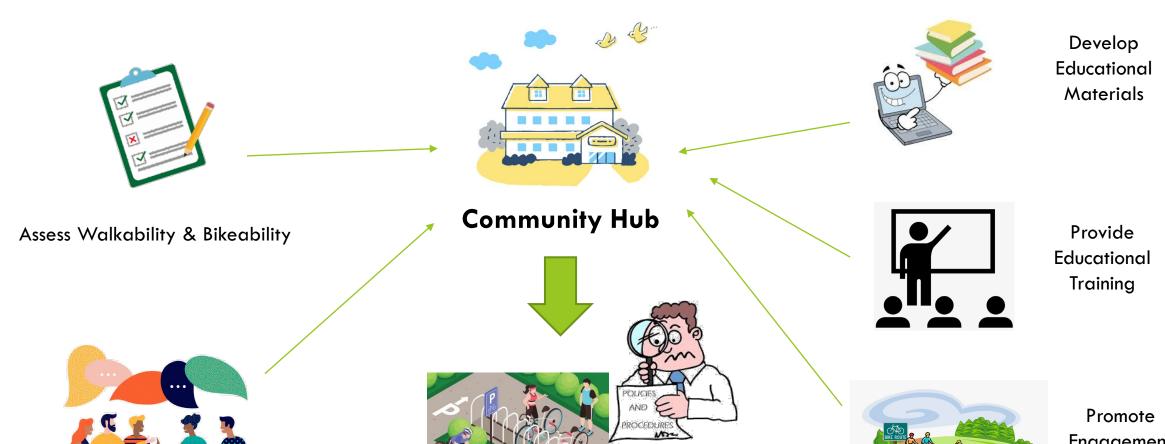
# Population Focus: East Gilroy



TIMS: Transportation Injury Mapping Systems, Community Heat Map, 2009-2019 Collision Data, Gilroy, CA, retrieved on 5/11/2020



# "Safe Routes to Community Hubs" Framework



**GOAL: Policy or Practice Change** 

Community Input & Planning Meetings

Engagement Activities

## What is a Community Hub?

- Is a welcoming, open, and accessible public space, building, or place of business
- They serve as a gateway to connect residents and community agencies together to offer a range of activities, programs, and services.



**Park** 



**Transit Center** 



**Library/Senior Center** 



Community Resource Center or Church



**Clinic or Hospital** 

## What Makes A Good Community Hub?

- Place that provides services and resources to community members
- Staff and leadership open and willing to:
  - Evaluate walkability & bikeablity of their site location
  - Promote walking and bicycling to staff and/or clients
  - Improve opportunities for safe walking and bicycling behaviors



# Community Hub Priority Area # 1

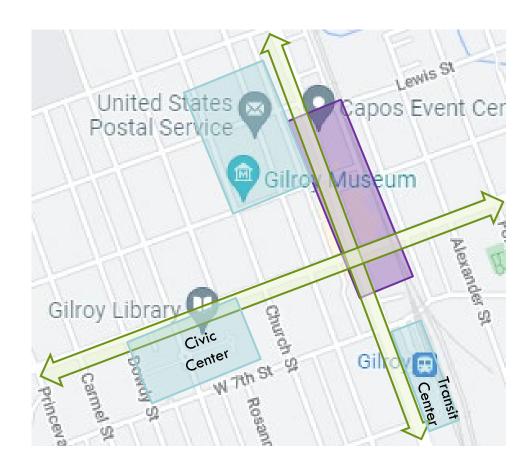












Civic Center- City Hall, Library, Senior
Center

# Community Hub Priority Area #2

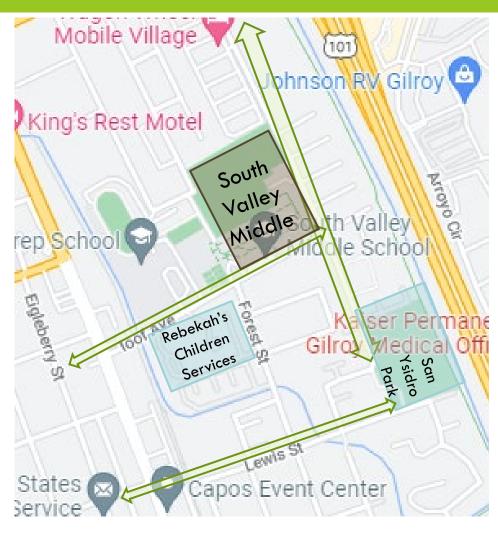












Park & Trail

# Community Hub Priority Area #3

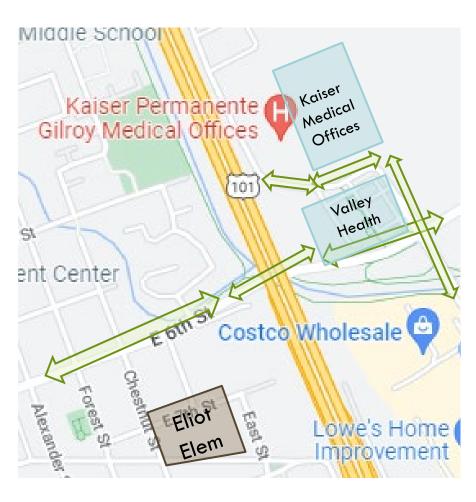






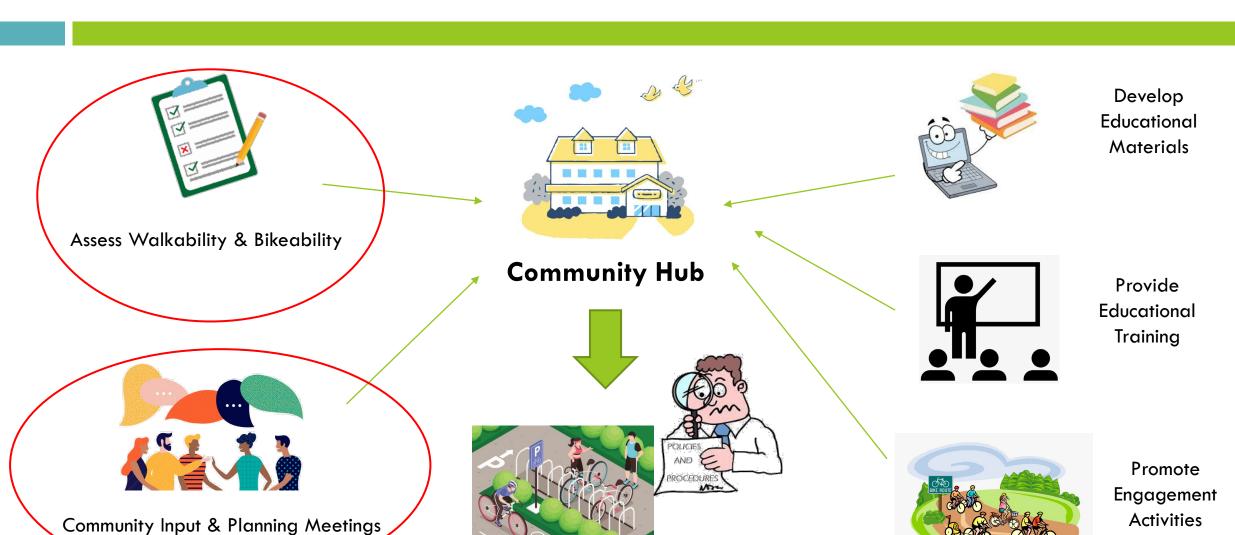






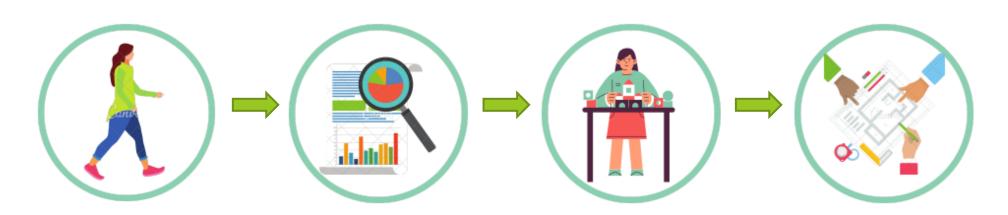
Clinic

# Where is our program today?



**GOAL: Policy or Practice Change** 

# COMMUNITY PLANNING SESSIONS DESCRIPTIONS



#### SESSION 1: WALK AND BIKE AUDITS

Participants will walk around the neighborhood(s) and identify challenges and opportunities to improve pedestrian and cyclist safety and comfort.

#### SESSION 2: REVIEW DATA

Participants will review data from the Walk and Bike Audits, and the Active Transportation Community Survey, aimed at gathering information on how residents and employees in the Downtown and East Gilroy neighborhoods participate in walking and biking.

#### SESSION 3: HANDS-ON MODEL BUILDING WORKSHOP

Participants will attend a hands-on model building workshop to build models of their memories and ideal places and spaces.

#### SESSION 4: REVIEW ACTION PLAN

The Public Health
Department will create
an Action Plan for each
community hub based
on community feedback
from the planning
sessions. Participants
will review the Action
Plan during this
meeting.

# Conducting Needs Assessments:















Community Survey & Outreach

Walkability and Bikeability Assessments

# Community Planning Meetings







Develop Educational Materials



Provide Educational Training



Develop a Community Action Plan focused on 6 E's Strategies



Promote
Engagement
Activities

## Takeaways & Next Steps

#### Takeaways:

- Be a part of the community!
- □ Plug yourself into meetings
- Link and leverage existing funding

#### **Next Steps:**

- Community-wide Events
- Work with clinics and families serving young children
- Media campaign



### For More Information, Contact County Public Health:

Alisa Campbell, MPH (Pronouns: she/her/hers)

Prevention Program Analyst II

Countywide Safe Routes to School & Gilroy Active Transportation Program

Healthy Communities Branch | Santa Clara County Public Health Department

Email: alisa.campbell@phd.sccgov.org

Visit: <a href="https://publichealth.sccgov.org/health-information/active-and-safe-transportation/safe-routes-school">https://publichealth.sccgov.org/health-information/active-and-safe-transportation/safe-routes-school</a>



### **Questions and Answers**

Please type your questions in the "Q&A" function.





# Thank you, Jordan and Alisa!

Slides and recordings will be posted to the ATRC website. https://caatpresources.org

An email notification will be sent out once the slides and recording are available.

# Active Transportation Resource Center Non-Infrastructure (NI) Team

#### Caltrans, Division of Local Assistance, Active Transportation Program

Amanda Baker, ATP Assistant, ATRC NI Programs

# California Department of Public Health, Injury and Violence Prevention Branch, Active Transportation Safety Program

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- Judy Polakoff, ATRC NI Technical Assistance Team
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#### CDPH ATRC NI-Technical Assistance Team

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#### Marianne Hernandez

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#### Victoria Custodio

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# Please Complete a 3-minute Survey

Immediately following the webinar please complete our evaluation survey to help guide us in future webinars.

The webinar recording, slides, and resources will be posted to the ATRC website:



https://caatpresources.org/1621

# ANNOUNCEMENT

Early Bird - \$75.00 (sale ends 10/14/22) bit.ly/3RNy6pn





Presented By







Active Transportation Resource Center

# Thank You





