



*Active Transportation
Resource Center*

Active Transportation Resource Center (ATRC) Webinar:

Healthy Places Index

February 20, 2020

We will begin at 2:00pm



Webinar Objectives



Participants will:

- *Use the Healthy Places Index (HPI) tool to identify and address community public health and health equity needs, and*
- *Understand how HPI is used by local jurisdictions to assess and justify support for active and sustainable transportation initiatives.*

Speakers

HPI Staff from the Public Health Alliance of Southern California

- **Bill Sadler**, Director of Operations
 - **Neil Maizlish**, Senior Data Advisor
 - **Helen Dowling**, Data Manager
- **Alicia Brown**, Community Planning Coordinator, Walk Sacramento
 - **Victoria Custodio**, ATRC Non-Infrastructure (NI) Technical Assistance Team, Active Transportation Safety Program, Injury and Violence Prevention Branch, Center for Healthy Communities, California Department of Public Health (CDPH)

Housekeeping

- Teleconference recording will be posted to ATRC website:
<http://caatpresources.org>
- Questions and Answers (Q&A)
 - Questions and comments are encouraged! Enter questions into the **chat** feature any time.
 - We will have a longer Q&A period after the presentation is completed.

Quick Poll of Attendees

Poll #1: How familiar are you with the Healthy Places Index (HPI) tool?

- a) Very Familiar b) Somewhat Familiar c) Not at all

Poll #2: Have you used HPI before?

- a) Yes b) No

If yes, please share details in the Chat box.

The California Healthy Places Index: Data for Action

Active Transportation Resource Center Webinar
February 20, 2020

Bill Sadler, JD, MURP
Director of Operations

Neil Maizlish, PhD, MPH
Senior Data Advisor

Helen Dowling, MPH
Data Manager



Agenda

- Introduction to the Healthy Places Index (HPI)
 - History & Methodology
 - Key Features & Functions
- Using HPI for ATP Applications
 - Characterizing Disadvantaged Communities
 - Defining Project Areas
 - Identifying Local Health Concerns
- Current Use Cases



A photograph of three children playing in a garden. On the left, a young boy with a wide, open-mouthed smile is wearing a red and white baseball-style shirt. In the center, a young girl with a gentle smile is wearing a pink sleeveless top. On the right, a young boy is looking down at the soil, wearing a blue and white plaid shirt. They are all crouched in a garden bed with dark soil. In the background, there are green plants and a blue plastic wheelbarrow. The overall scene is bright and cheerful, suggesting a healthy and active lifestyle.

***Every Californian should have the
opportunity to live a healthy life.***

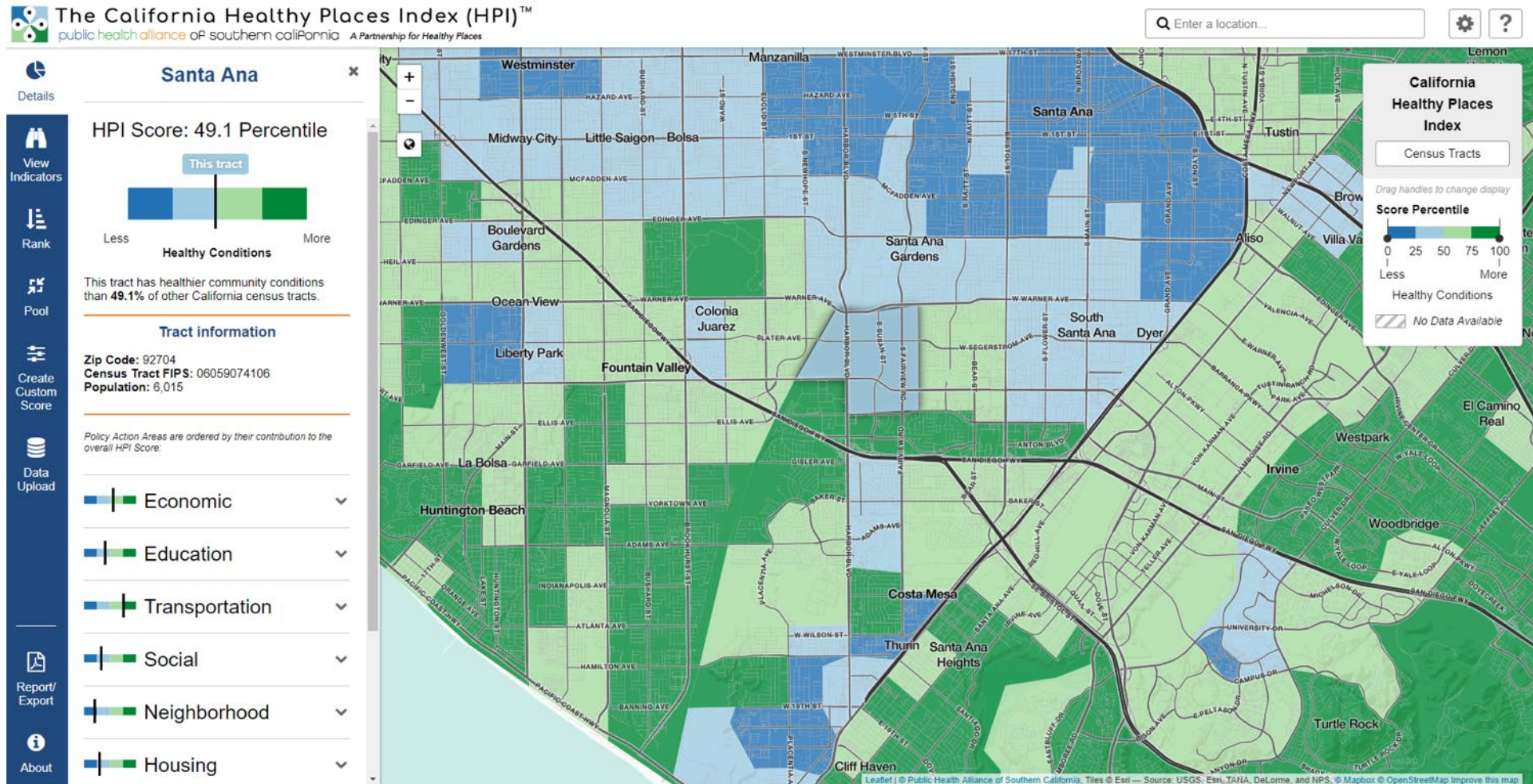
CDC's Social Determinants of Health



A photograph of three children playing in a garden. On the left, a young boy with a wide, open-mouthed smile is looking towards the camera. In the center, a young girl with a gentle smile is looking slightly to the right. On the right, a young boy is looking down at the soil. They are all wearing casual clothing. The background is a soft-focus green garden with a blue plastic wheelbarrow visible on the left. A semi-transparent white box is overlaid on the center of the image, containing the main text.

How can we **QUANTIFY** and **COMMUNICATE**
the impact of community conditions to spur policy
action?

California Healthy Places Index (HPI)



Alignment with Social Determinants of Health

CDC's Social Determinants of Health



California Healthy Places Index Policy Action Areas



HPI's Unique Approach

Granular

Fine geographic resolution reveals the variation *within* cities, counties, and communities

Policy Solutions

Each indicator is supported by a wealth of policy solutions detailed in our Policy Guides

Validated

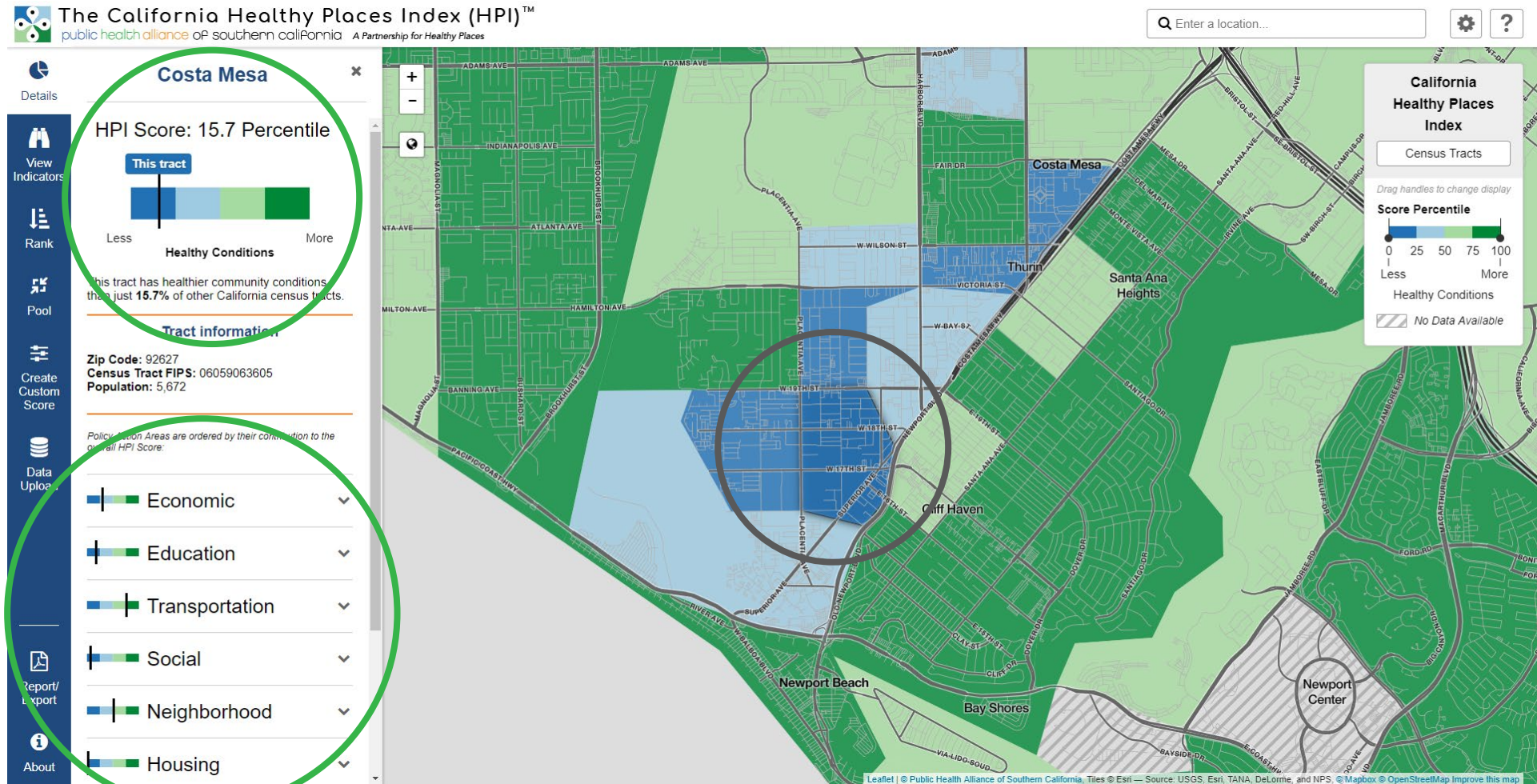
Each indicator – and the overall index – is linked to a summary health outcome: **life expectancy at birth**

Final California Healthy Places Index

Comprises **25 indicators** that represent community conditions at the Census tract level, grouped into eight **Policy Action Areas**.



From Data to Action Using HPI



From Data to Action Using HPI

The California Healthy Places Index (HPI)™
 public health alliance of southern california A Partnership for Healthy Places

Search: Enter a location... [Settings] [Help]

Details

View Indicators

Rank

Pool

Create Custom Score

Data Upload

Report/Export

About

Costa Mesa

HPI Score: 15.7 Percentile

This tract has healthier community conditions than just **15.7%** of other California census tracts.

Tract information

Zip Code: 92627
 Census Tract FIPS: 06059063605
 Population: 5,672

Policy Action Areas are ordered by their contribution to the overall HPI Score:

Economic

This tract has healthier economic conditions than **29.5%** of other California census tracts.

Indicator	Percentile Ranking
Above Poverty	11.6
Employed	71.1
Median Household Income	23.9

Education

California Healthy Places Index
 Census Tracts

Drag handles to change display

Score Percentile

0 25 50 75 100

Less More

Healthy Conditions

No Data Available

Leaflet | © Public Health Alliance of Southern California, Tiles © Esri — Source: USGS, Esri, TANA, DeLorme, and NPS, © Mapbox © OpenStreetMap Improve this map

Indicator Details Link to Policy Actions

The California Healthy Places Index (HPI)™
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Search: Enter a location... [Settings] [Help]

Above Poverty

How does this tract compare?

This tract

Less [Bar chart] More

Healthy Conditions

This tract has a higher percent of people earning more than 200% of federal poverty level (200% is often used to measure poverty in California due to high costs of living) than just **11.6%** of other California census tracts.

What does this indicator measure?

Percent of people earning more than 200% of federal poverty level (200% is often used to measure poverty in California due to high costs of living)

In this tract, **35.86%** of people have an income exceeding 200% of the federal poverty level.

What is the connection to health?

Every household should be able to afford the necessities of a healthy life—medical care, healthy food, quality housing, education, and other basics. Research indicates that economic opportunity is one of the most powerful predictors of good health, and that impacts on health are especially pronounced for people in or near poverty.

Policy actions to address this indicator

Economic Opportunity

- [Raise Wages and Benefits](#)
- [Build Wealth](#)
- [Build Workforce Development and Pathways](#)

Map Legend: California Healthy Places Index, Census Tracts, Score Percentile (0-100), Healthy Conditions, No Data Available

Actionable Policy Guides

Economic Opportunity

↑ \$ Raise Wages and Benefits

Raise workplace standards and wages to ensure that workers can stay out of poverty.

? Find the policies that are right for you.

Minimum Wages Ordinances establish the minimum hourly rate of pay for employees within a jurisdiction—usually a city. Approximately 3.5 Million California households (or 38% of the state) do not currently earn a wage that is sufficient to provide for their families.¹⁴ There is considerable flexibility in the design of a minimum wage ordinance. Some cities carve out exceptions for small businesses, non-profits, or unions. Ordinances can propose a one-time increase, stepped increases, or tie wages to costs of living. While the California State minimum wage will raise in increments to \$15 an hour by 2022, many cities have chosen to increase wages faster than this schedule. Some ordinances also establish other minimum standards such as paid sick days. An enforcement plan should accompany minimum wage ordinances to ensure that they have the desired impact. For more information, see: The Economic Policy Institute's [Minimum Wage Tracker](#), the Congressional Budget Office's [Effects of a Minimum-Wage Increase on Employment and Family Income](#), and the League of California Cities' [Local Minimum Wage Laws and the Challenge of Balancing Interest](#), and Los Angeles County's [Minimum Wage Ordinance](#).!

Living Wage Ordinances set wage and benefit standards for firms that benefit from public contracts, subsidies, or resources including transportation and infrastructure projects. As with minimum wages, jurisdictions can tailor living wages to suite their conditions and needs. Some newer living wages are quite large in scope, covering: sick time; health insurance coverage; retirement; employee turnover; protections for union organizing; enforcement mechanisms to reduce wage theft; stable hours; and limiting background checks to encourage opportunities for formerly incarcerated people. For more information, see: The Bay Area Regional Prosperity Plan Steering Committee's [Economic Prosperity Strategy](#), the City of Los Angeles' [Living Wage Ordinance](#), and Santa Clara County's [Living Wage Ordinance](#).+

Several policy recommendations to consider

Extensive Policy Options

ONE policy guide = **MANY** recommendations



Raise Wages & Benefits	Build Workforce Development	Build Wealth	Develop Community Economic Capacity	Improve Transportation Access
Minimum Wage Ordinances	Job-Focused Basic Skill Training Programs	Predatory Lending Ordinances	Industrial Land Preservation Strategies	Transportation for Economic Opportunity
Living Wage Ordinances	Industry Driven, Sector-Based Training Programs	Flexible, Low-Cost and Supportive Financial Products	Middle-Wage Job Creation Strategies	Improving Transit Service
Wage Theft Policies	Ban the Box Policies	Financial Coaching	Small Business Retention Initiatives	Transit & Mobility Passes
Paid Sick Day Policies	Paid Job Training and Placement Programs	Individual Development Accounts/Matched Savings Accounts	Worker Cooperative Support Initiatives	Provide Equitable, Low Cost Shared Mobility Services
	Early Childhood Education	Tax Preparation & Outreach Programs	Microenterprise Support Programs	Support for Walking & Biking
	High School Education	Homeownership Programs		

HPI Policy Guides



Employed



Median Income



Above Poverty



Preschool Enrollment



HS Enrollment



Bachelor's Education



Automobile Access



Active Commuting



2-Parent Households



Voting



Retail Density



Park Access



Tree Canopy



Supermarket Access



Alcohol Availability



Low-Income Renter Housing



Low-Income Homeowner
Housing Cost Burden



Housing Habitability



Uncrowded Housing



Homeownership



Ozone



Fine Particulate Matter



Diesel Particulate Matter



Safe Drinking Water



Insured Adults



Extreme Heat



Impervious Surfaces



Outdoor Workers



Public Transit Access



Sea Level Rise

Do More With The HPI



Details



View
Indicators



Rank



Pool



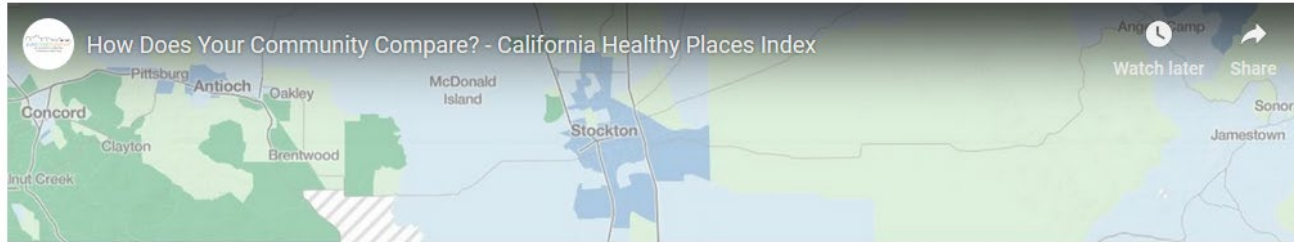
Create
Custom
Score



Data
Upload

- View data at multiple geographies
- Dive deep into local data with comprehensive decision support layers
- Quickly identify high- and low- ranked places
- Define custom project areas
- Upload your own data

How-To Videos



HOW DOES YOUR COMMUNITY COMPARE?



HealthyPlacesIndex.org/how-to/

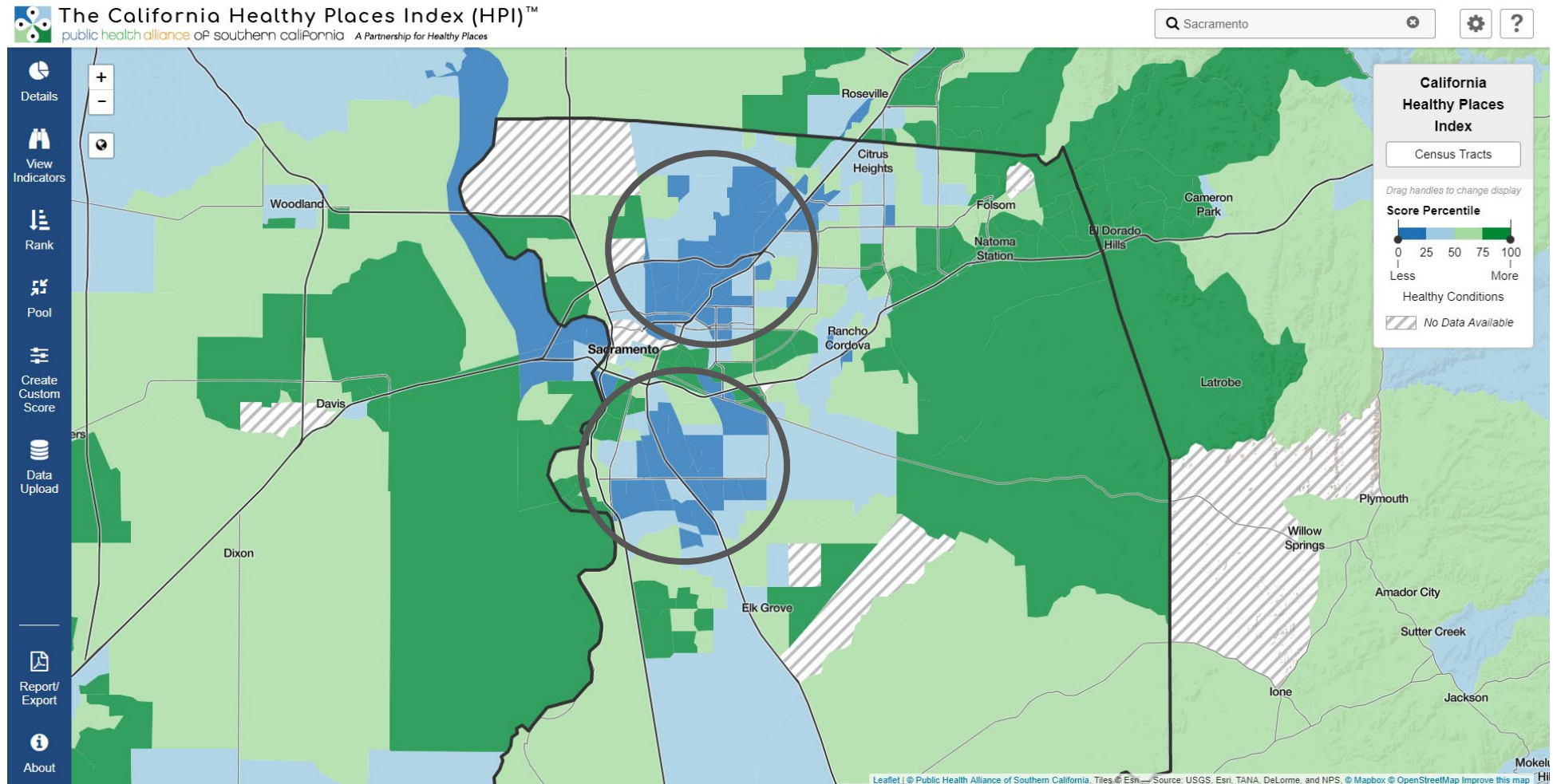
- Step-by-step how-to videos
- Brief 2-6 minute tutorials
- For non-technical audiences

ATP Guidelines (Cycle 5)

Characterizing Disadvantaged Communities

Healthy Places Index (HPI): The Index includes a composite score for each census tract in the State. The higher the score, the healthier the community conditions based on 25 community characteristics. The scores are then converted to a percentile to compare it to other tracts in the State. **A census tract must be in the 25th percentile or less to qualify as a disadvantaged community.**

Identifying Disadvantaged Communities



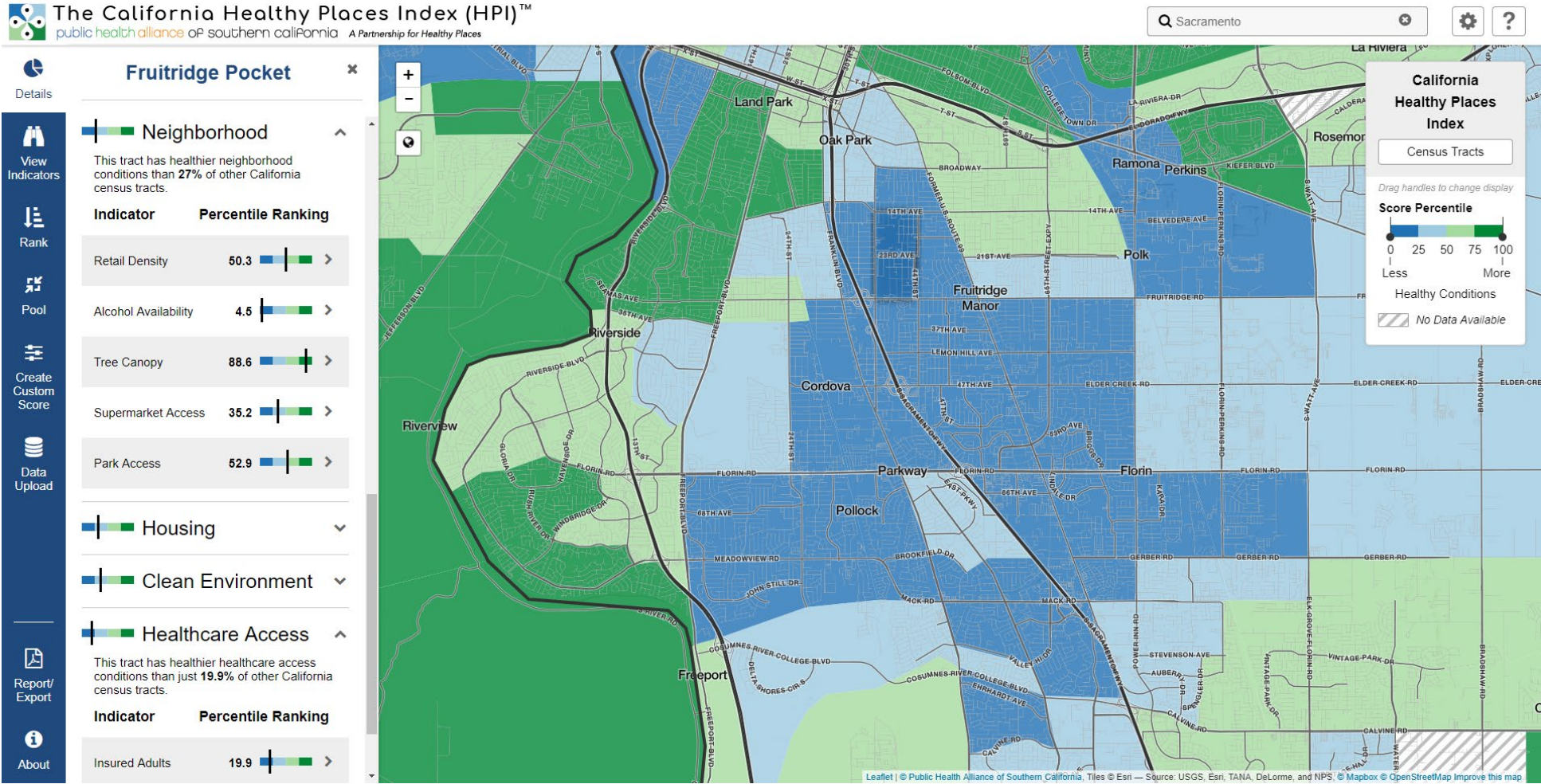
ATP Guidelines (Cycle 5)

Statement of Need

The local health concerns responses should focus on:

- **Specific local public health concerns, health disparity, and/or conditions in the built and social environment that affect the project community** and can be addressed through the proposed project.
- **Local public health data demonstrating the above public health concern or health disparity.** Data should be at the smallest geography available (state or national data is not sufficient). One potential source is the **Healthy Places Index (HPI)**.

Identifying Disadvantaged Communities



Decision Support Layers for Health Outcomes

The California Healthy Places Index (HPI)™
public health alliance of southern california A Partnership for Healthy Places

Enter a location...

View Indicators

Select a single Healthy Places Index (HPI) or decision support indicator to view on the map. Expand indicator categories to see more.

HPI Indicators Decision Support Layers

Health Outcomes

- Arthritis View on map >
- Asthma ER Admissions View on map >
- High Blood Pressure View on map >
- Cancer (except Skin Cancer) View on map >
- Asthma View on map >
- Coronary Heart Disease View on map >
- Chronic Obstructive Pulmonary Disease View on map >
- Diagnosed Diabetes** Remove from map >
- Disabled View on map >
- Cognitively Disabled View on map >
- Physically Disabled View on map >
- Heart Attack ER Admissions View on map >
- Chronic Kidney Disease View on map >
- Low Birth Weight

Diagnosed Diabetes
Census Tracts

Drag handles to change display

Score Percentile
0 25 50 75 100
Less More
Healthy Conditions
No Data Available

Single Indicator:
Diagnosed Diabetes, Percent of adults aged ≥18 years who report ever been told by a doctor, nurse, or other health professional that they have diabetes other than diabetes during pregnancy

Clear

Leaflet | © Public Health Alliance of Southern California, Tiles © Esri — Source: USGS, Esri, TANA, DeLorme, and NPS, © Mapbox © OpenStreetMap improve this map

Ranking

The California Healthy Places Index (HPI)™
 public health alliance of southern california A Partnership for Healthy Places

Enter a location... [Settings] [Help]

Rank [Close]

Select a location by using the search bar. Census Tracts within your selected geography are then ordered by the current indicator. You can use the geography switcher above the legend to pick a different geography to rank.

Clear Ranking

Costa Mesa
HPI Score Rank

Tract	Score	Percentile
1) 638.06	89.1	89.1
2) 639.07	86.2	86.2
3) 631.02	79	79
4) 639.05	78.5	78.5
5) 638.05	78.3	78.3
6) 632.02	78	78
7) 631.03	76.5	76.5
8) 633.02	76.1	76.1
9) 639.08	68	68
10) 632.01	66	66
11) 638.02	65.4	65.4
12) 638.03	65.2	65.2

Map Legend: California Healthy Places Index, Census Tracts, Score Percentile (0-100), Healthy Conditions, No Data Available.

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Custom Project Areas

The California Healthy Places Index (HPI)™
 public health alliance of southern california A Partnership for Healthy Places

Enter a location... [Settings] [Help]

Tract pool x

HPI Score: 28.9 Percentile

This pool

Less Healthy Conditions More

This pool has healthier community conditions than 28.9% of other California census tracts.

Pool information

Census Tract FIPS: 06059063601, 06059063604, 06059063605, 06059063701
 Population: 19,420

Policy Action Areas are ordered by their contribution to the overall HPI Score:

- Economic
- Education
- Transportation
- Social
- Neighborhood
- Housing

California Healthy Places Index

Census Tracts

Drag handles to change display

Score Percentile

0 25 50 75 100

Less Healthy Conditions More

No Data Available

Leaflet | © Public Health Alliance of Southern California, Tiles © Esri — Source: USGS, Esri, TANA, DeLorme, and NPS. © Mapbox © OpenStreetMap improve this map.

HPI Into Action Statewide

Over \$450 million in grant funding



Caltrans

[Sustainable Transportation Planning Grants](#) (\$25M/yr)

[Adaptation Planning Grants](#) (\$6M/yr)

California Strategic Growth Council

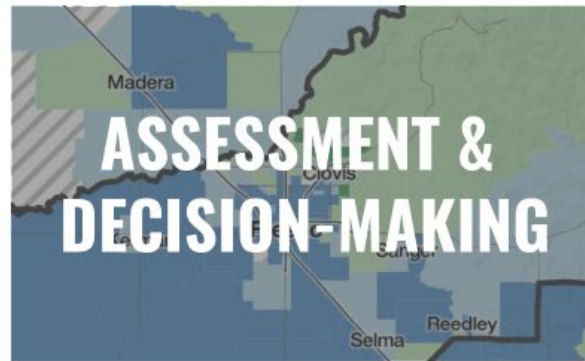
[Transformative Climate Communities](#) (\$25M in 2018)

California Transportation Commission

[Active Transportation Program](#) (~\$220M/yr)

California Air Resources Board

[Community Air Protection Program](#) (\$5M/yr)



California Department of Public Health (CDPH) – Nutrition & Obesity Prevention

Development of 3-Year Implementation Workplans

CDPH – Maternal, Child and Adolescent Health Division

Community Birth Plan to Reduce Preterm Births in African American Women in Los Angeles

CDPH – Office of Health Equity

Mortality Rates Among Caucasian Men in Central San Joaquin Valley

California Air Resources Board

[Research Call](#) – Mapping and Evaluating Transportation Access and Built Environment



Governor's Office of Planning & Research

[General Plan Guidelines](#)

Senate Bill 1000 Guidance

[Integrated Climate Adaptation](#) – CA Executive Order B-30-15

[Resilient CA](#) – State Adaptation Clearinghouse

California Natural Resources Agency

[Safeguarding California Plan](#)

California Transportation Commission

[Regional Transportation Plan Guidelines](#)

[Comprehensive Multimodal Corridor Guidelines](#)

California Environmental Justice Alliance

[SB 1000 Toolkit](#) – Environmental Justice Element

HPI Into Action Locally & Regionally



Southern California Association of Governments
[Sustainable Communities Planning Grants](#)

Kaiser Permanente, Southern California
Mental Health & Wellness Initiative: Local Partnership Grants

Riverside University Health System – Public Health
Adverse Childhood Experiences Score Program
Census Tract Identification for Increased Women, Infant & Children Program Outreach

Ventura – Community Memorial Health System
Wellness Collaborations - Prioritization by Census Tracts

Contra Costa County, Department of Public Health
Targeting Home Energy Efficiency Resources



Kaiser Permanente, Southern California
Catalyst of Organizational Assessment and Equity Framing
Community Health Needs Assessment

Los Angeles County Department of Public Health
85+ [City and Community Health Profiles](#)

Santa Barbara County Public Health Department
Presentations on Federal Budget Impacts on Health, and Community Health Needs Assessment

Santa Monica – St. John’s Medical Center
Community Health Needs Assessment

Solano County Public Health Department
Local Community Indicator Comparison Project

Sutter County Public Health Department
Community Health Assessment, Community Health Improvement Plan, and Strategic Plan



Southern California Association of Governments
2016 and 2020 Regional Transportation Plan
Active Transportation Database

Prevention Institute – Healthy, Equitable, Active Land Use Network
[Strategic Planning Guide](#) for Public Infrastructure Spending

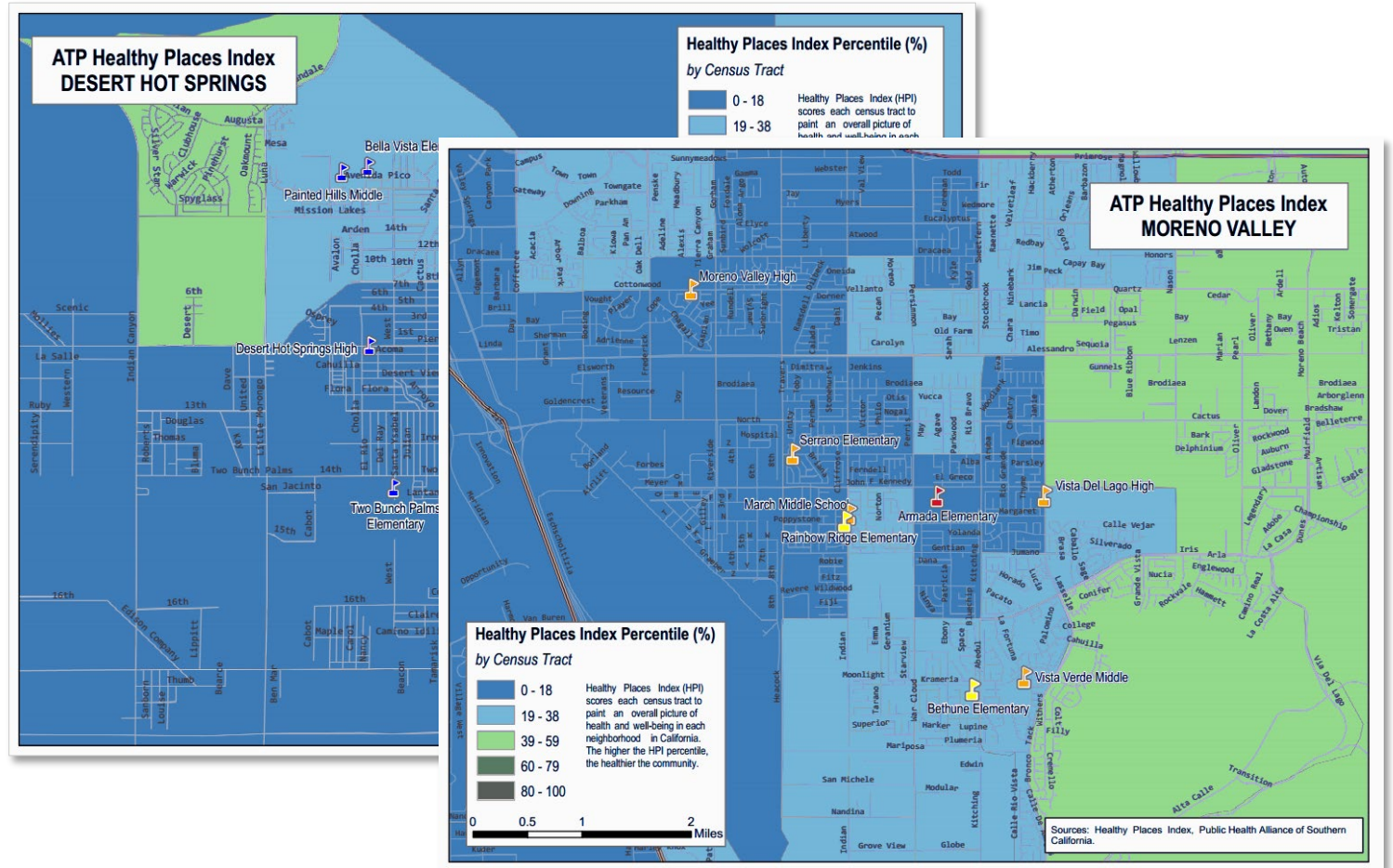
Hospital Association of Southern California
Communities Lifting Communities Initiative

Ventura County
[General Plan 2040 Update](#)

Solano County Public Health Department
Maternal and Child Health Verification of Cumulative Health Impacts from Social Factors

Use Case: Riverside ATP Grant

- Used the Healthy Places Index for DAC identification
- Focused on Safe Routes to School Program



Thank you!



The California Healthy Places Index (HPI)TM

public health alliance of southern california *A Partnership for Healthy Places*

CONNECT WITH THE ALLIANCE

Bsadler@PHI.org | Neil.Maizlish@PHI.org | Helen.Dowling@PHI.org

HPI ON THE WEB

HealthyPlacesIndex.org | Map.HealthyPlacesIndex.org

THANKS TO OUR FUNDERS

The California Endowment | Kaiser Permanente of Southern California



HPI in Practice:

Making the Connection Between Health and Active Transportation





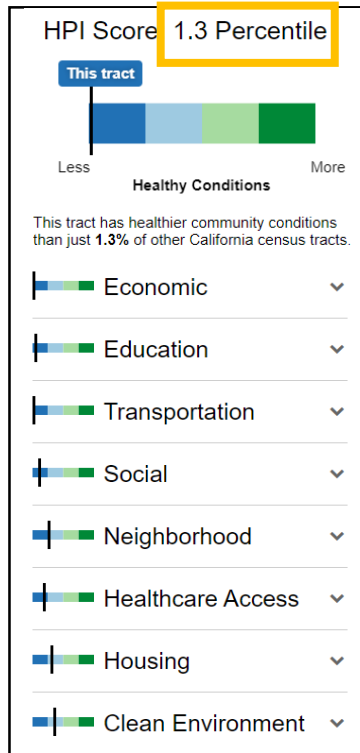
WALKSacramento is a nonprofit planning and advocacy organization that improves **quality of life** and **health equity** through community-centered **policy** and **systems change** in **land use** and **transportation**.



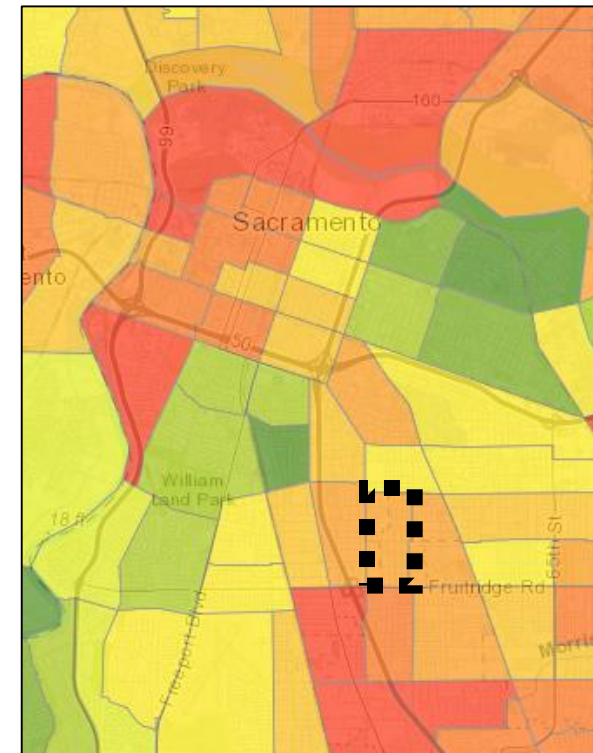
What We Like About HPI

- Focuses on health and livability outcomes
- Aggregates and parses out social and physical determinants of health
- Fills gaps from CalEnviroScreen

HPI



CALENVIROSCREEN



Population:	4,252
CalEnviroScreen 3.0 Percentile:	70-75%
Pollution Burden Percentile:	25
Population Characteristics Percentile:	99
Ozone:	61
PM 2.5:	41
Diesel:	50
Pesticides:	0
Toxic Releases:	34
Traffic:	33
Drinking Water:	89
Cleanups:	6
Groundwater Threats:	39
Hazardous Waste:	0
Impaired Water:	0
Solid Waste:	0
Asthma:	93
Low Birth Weight:	78
Cardiovascular Rate:	92
Education:	93
Linguistic Isolation:	87
Poverty:	96
Unemployment:	99
Housing Burden:	74

Safe Routes to Parks and Healthy Retail

Goal: Improve health outcomes

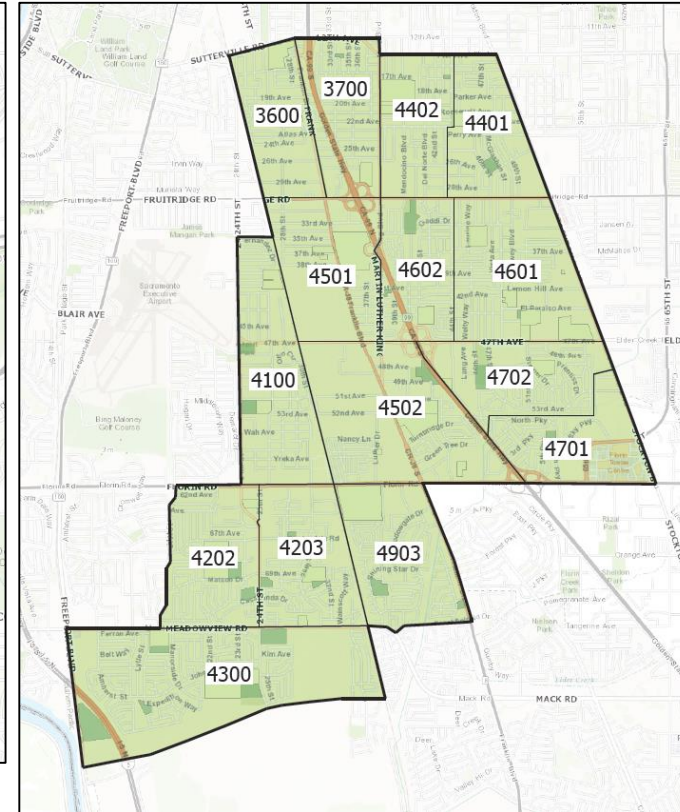
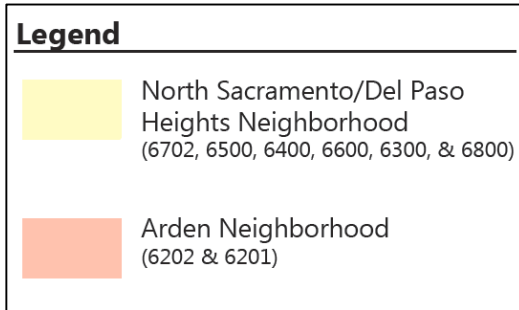
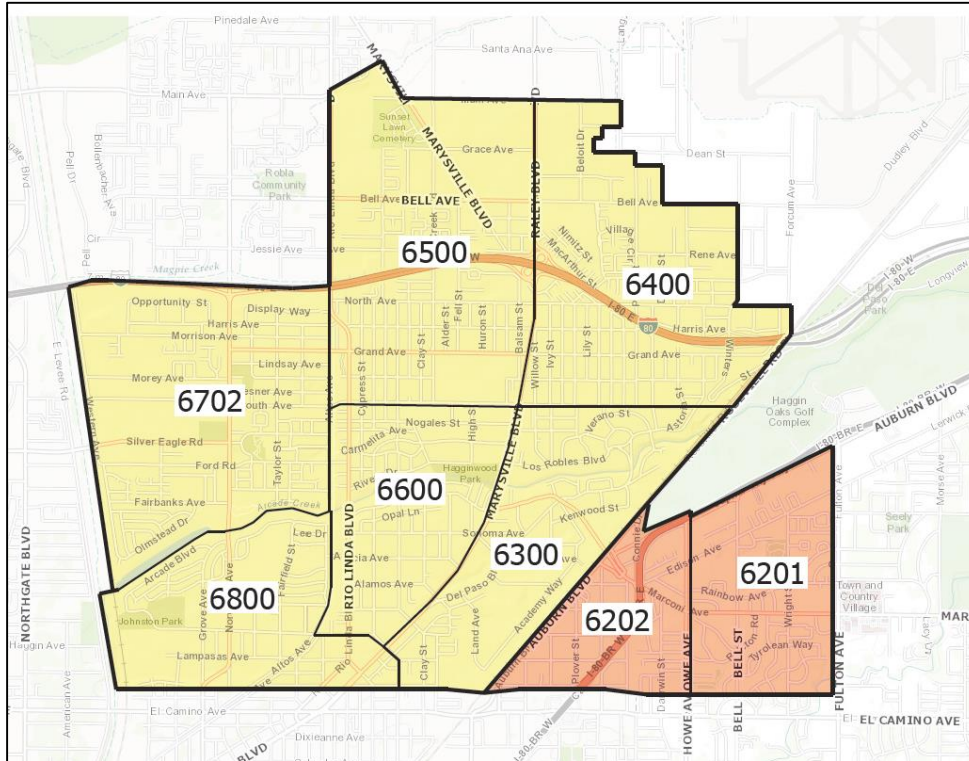
Improve access to healthy destinations to facilitate exercise and healthy diets



Create opportunities for physical activity through active transportation

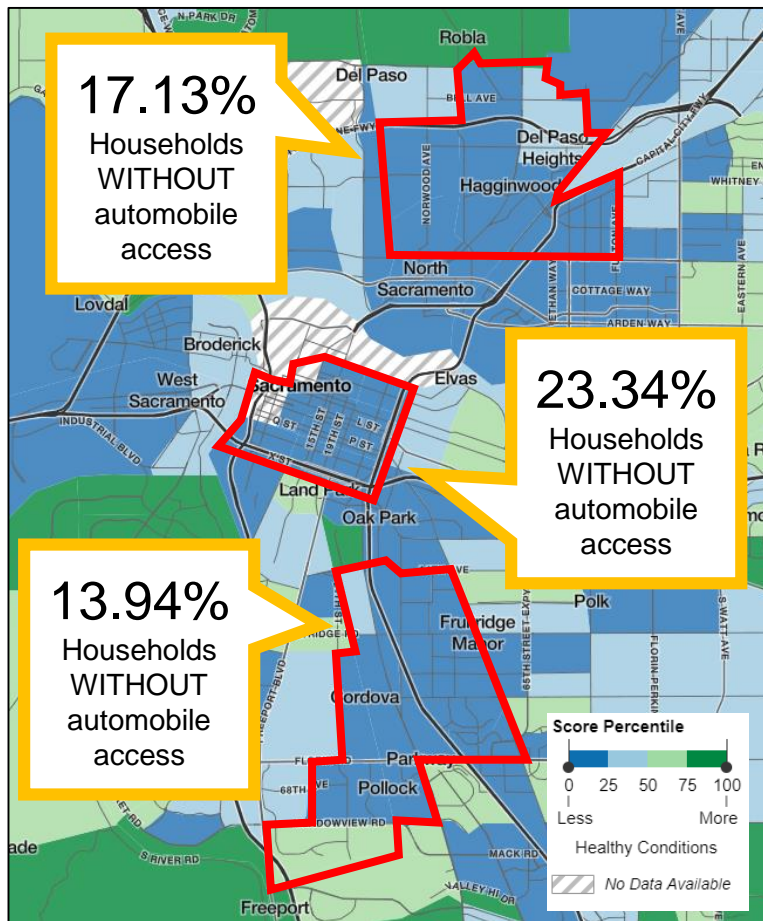


Defining Project Boundaries

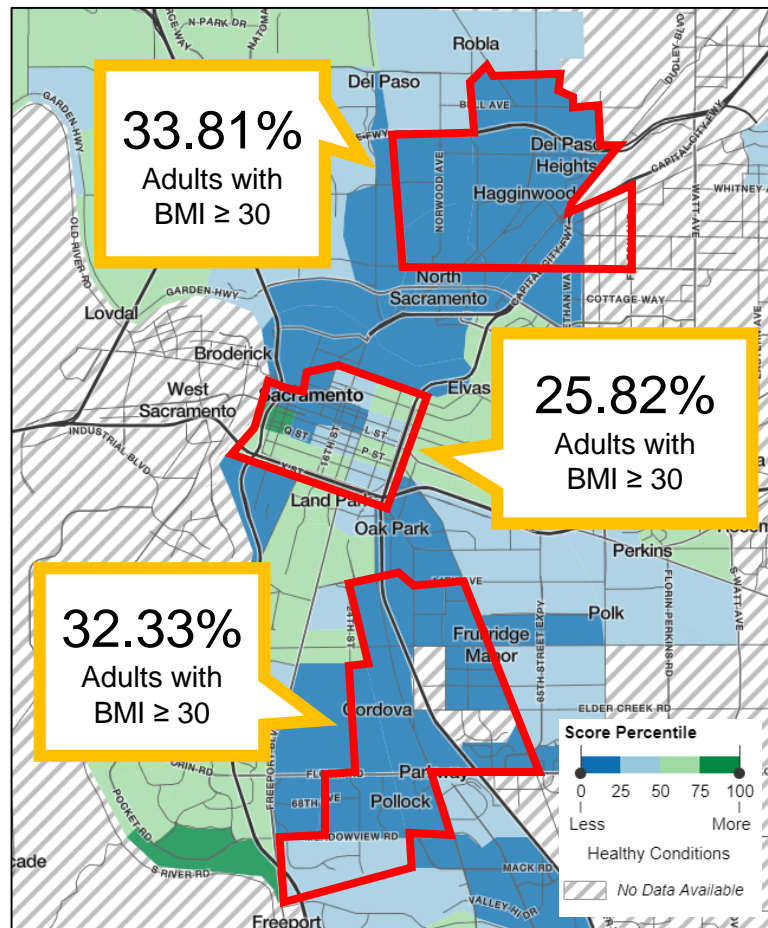


Indicators	North Sacramento Priority Census Tracts	South Sacramento Priority Census Tracts	Sacramento County
<i>HPI Indicators</i>			
Median Household Income	\$29,154	\$31,114	\$67,305
Above Poverty	70.91%	67.52%	37.7%
No Automobile Access	17.13%	13.94%	7.13%
Homeownership	39.06%	38.1%	56.9%
<i>Decision Support Layers</i>			
Asthma Diagnosis	11.31%	10.92%	9.16%
Asthma ER Admissions	115.4 per 10,000 visits	100.09 per 10,000 visits	68.92 per 10,000 visits
Diabetes Diagnosis	13.33%	13.53%	9.84%
Heart Disease Diagnosis	6.74%	6.43%	4.3%
Obesity	33.81%	32.33%	26.01%
Children	9.45%	9.05%	6.72%
English Speaking	9.81%	17.63%	7.19%
Urban Heat Island Index	8873.79	3880.26	6220.34

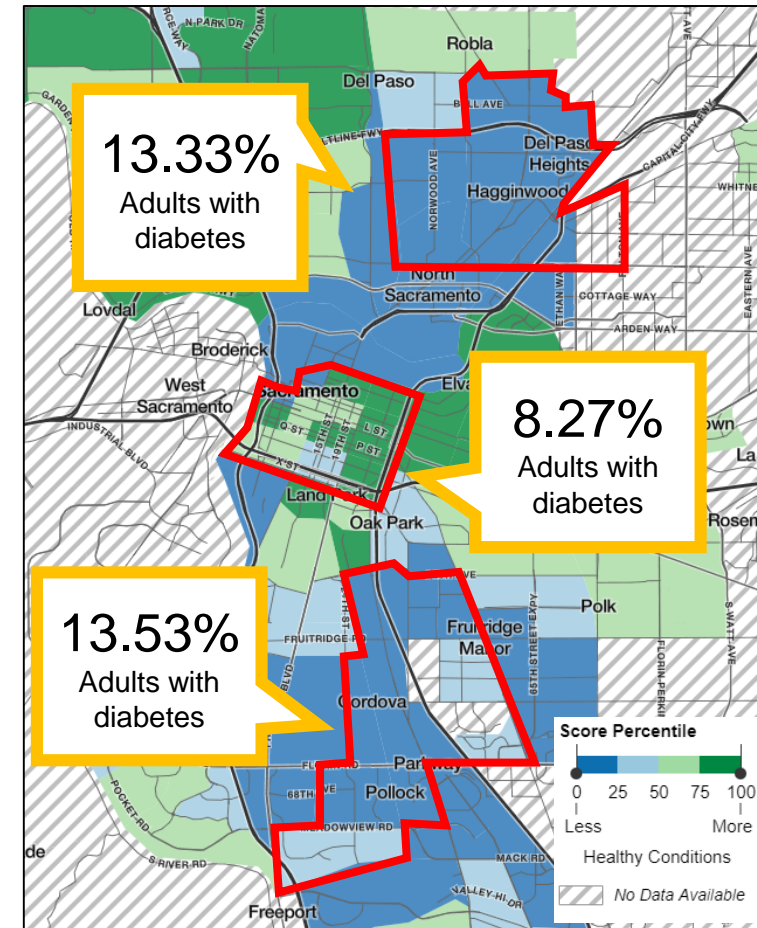
AUTOMOBILE ACCESS



OBESITY



DIABETES

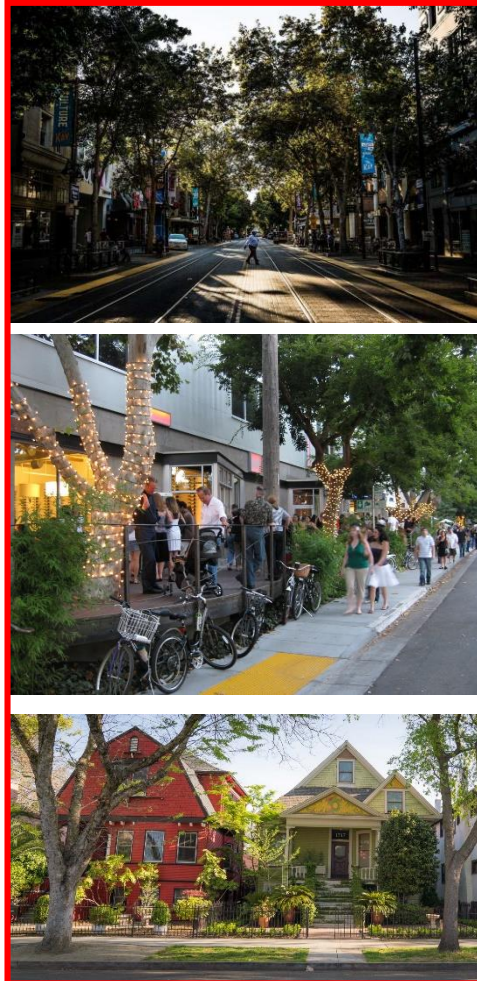


**Low vehicle access implies greater reliance on active travel modes...
...so why are health outcomes different?**

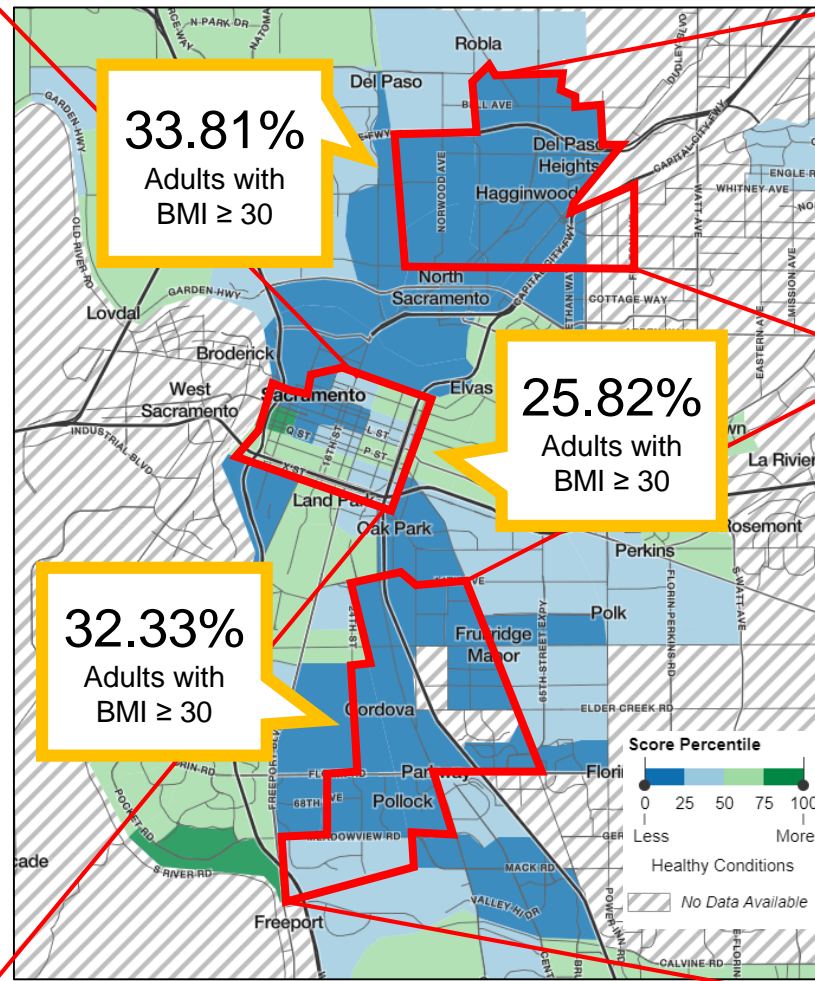
REASONING:

Auto-oriented communities lead to poor health outcomes.

WALKABLE



OBESITY



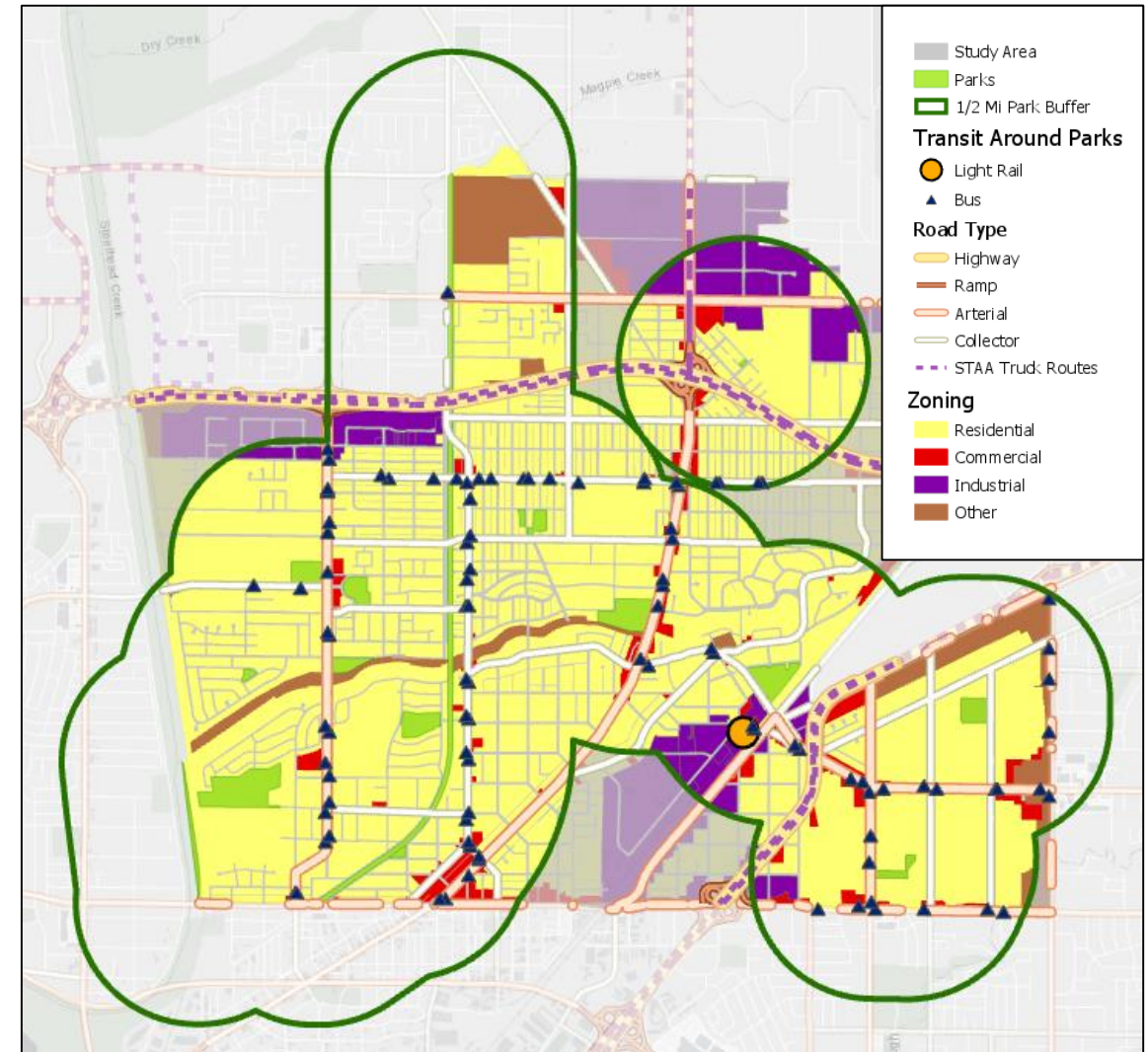
AUTO-ORIENTED



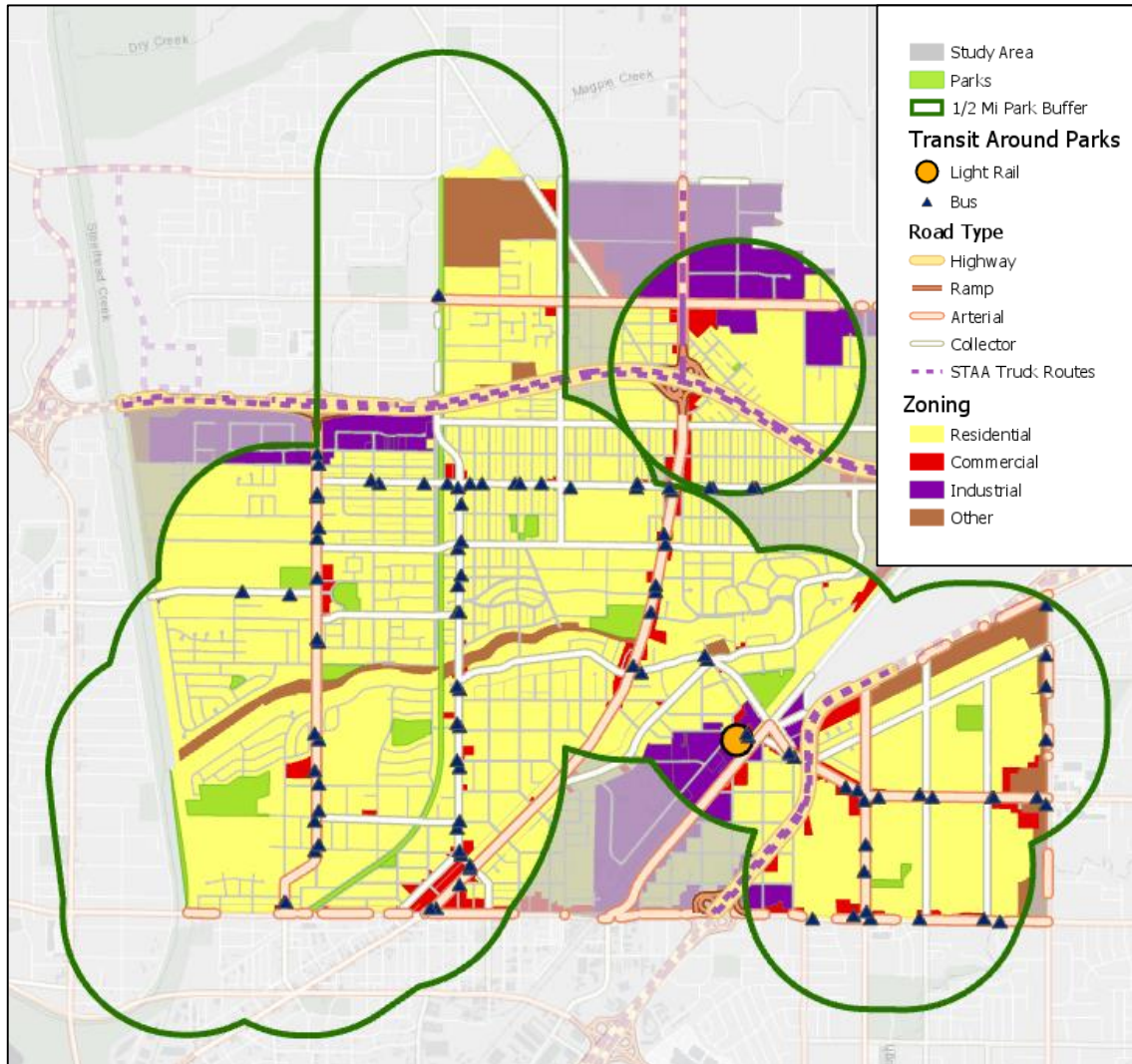
Redefining “Access”

- Accessible via multiple modes of transportation
- Conveniently located within a 10-min walk
- Safe from traffic and personal danger
- Comfortable and appealing
- Well-maintained and programmed places
- Affordable

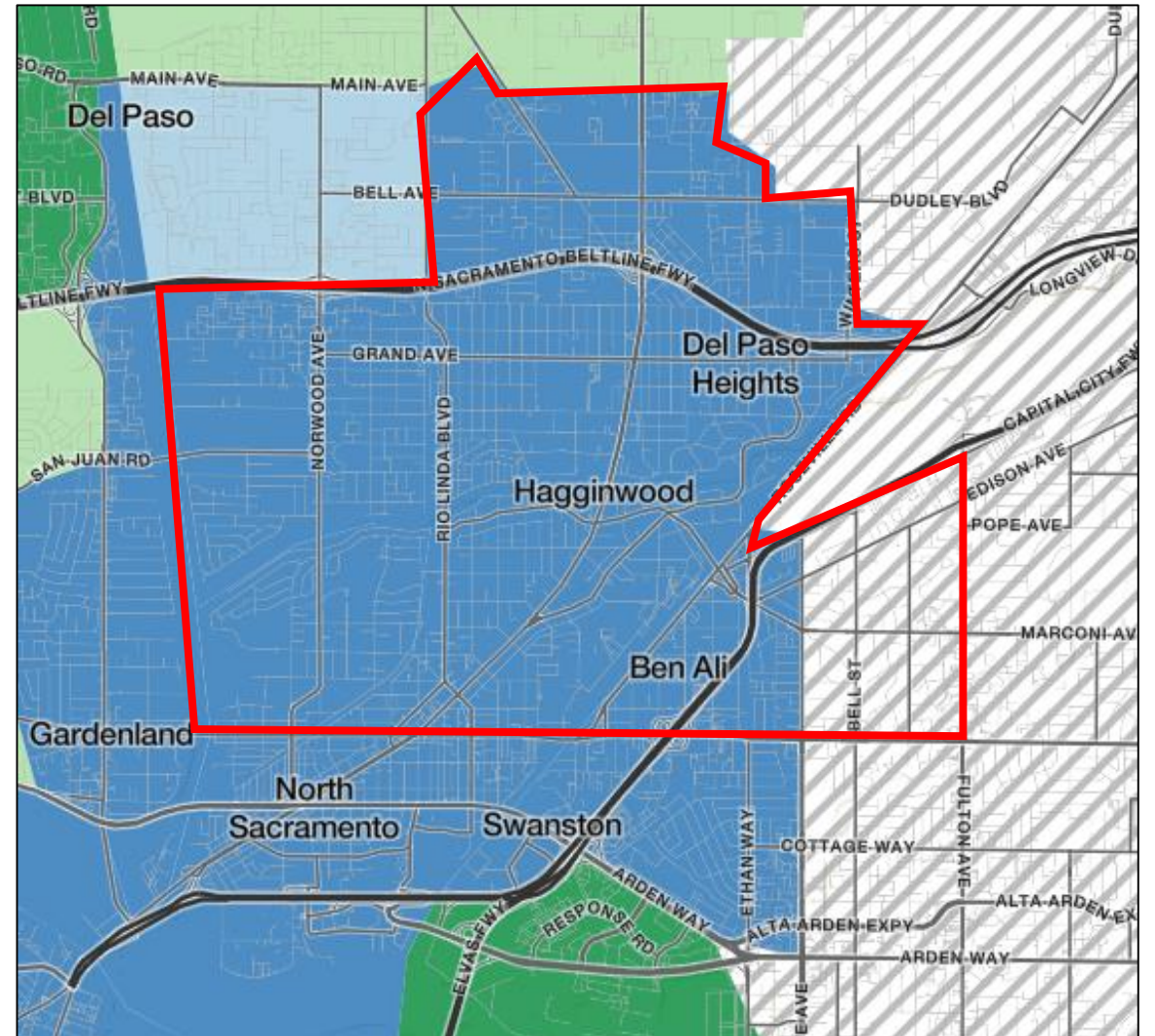
Land Uses and Transportation Within ½ Mile of Parks in North Sacramento



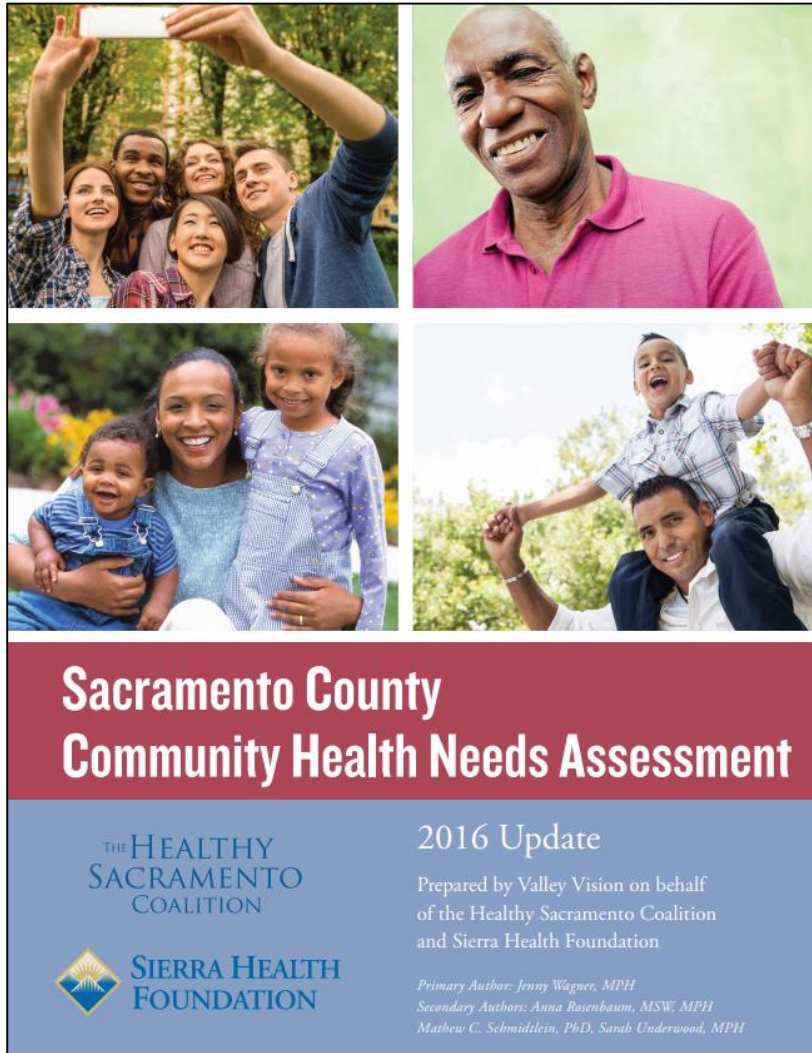
Land Uses and Transportation Within ½ Mile of Parks in North Sacramento



Diagnosed Diabetes in North Sacramento



HPI in ATP: San Juan USD Case Study



Priority health concerns:

- Chronic disease
- Substance abuse
- Mental health

HPI in ATP: San Juan USD Case Study

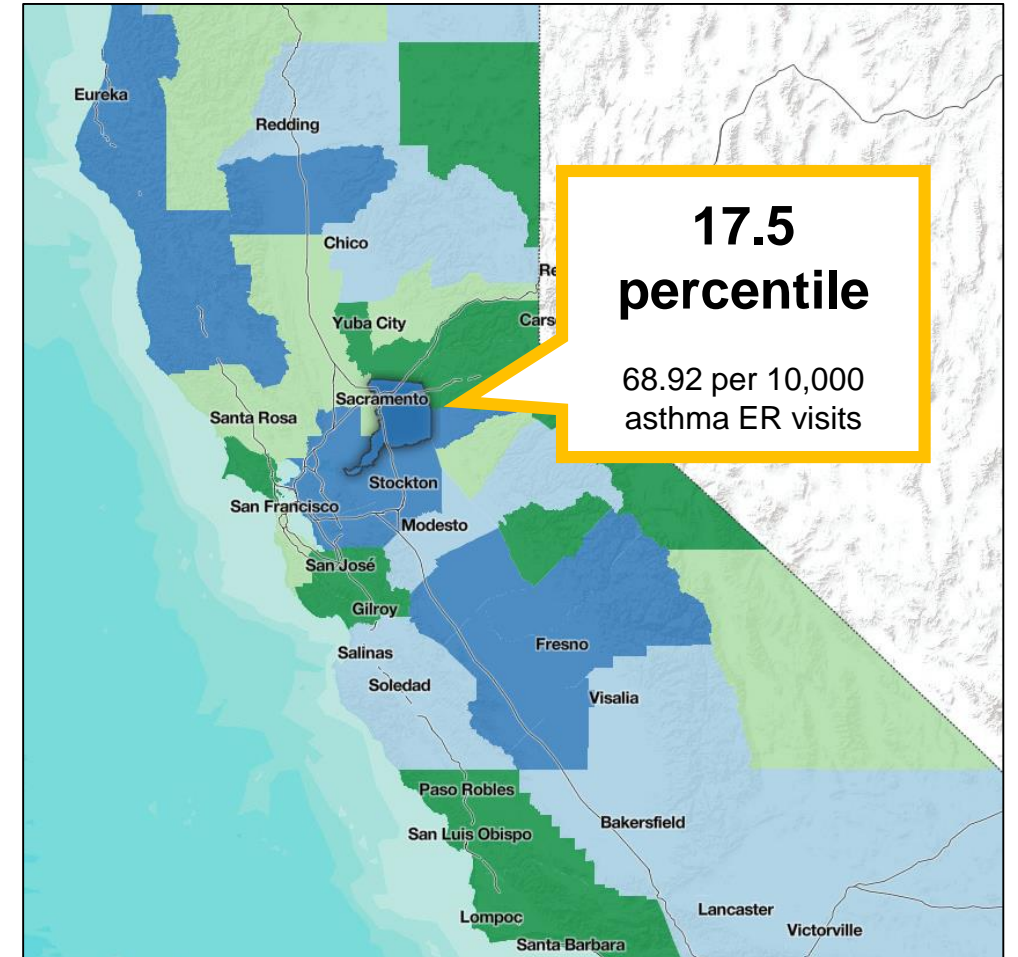
Asthma ER Admissions

Chronic disease indicators:

- Asthma ED visits
- Heart disease ED visits
- Diabetes

ACTIVE TRANSPORTATION JUSTIFICATION:

Chronic disease prevention is both a priority and demonstrated need, especially for children and youth.



Key Takeaways

- Mobility is an environmental justice and health equity issue
- Understand your community's health concerns
- Show how social and physical factors impact health
- Tie it all to active transportation





Alicia Brown

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916-446-9255

Questions for our presenters?

(please use the Chat function)



Your feedback is important!

- Upon the conclusion of this webinar, please complete the **Survey Gizmo** to provide your feedback on today's webinar.
- We will also ask whether you have interest in receiving additional technical assistance.



Reminder: Stay up-to-date on ATP Cycle 5!

- California Transportation Commission (CTC) Upcoming ATP Cycle 5 Workshops: <https://catc.ca.gov/meetings-events/workshops>
- Call for Projects Expected ~March 25, 2020
- Tentative Application Deadline ~June 15, 2020
- Statewide and Small Urban/Rural Staff Recommendations: October 30, 2020
- CTC ATP Cycle 5 Adoption of Statewide and Small Urban/Rural ~December 2, 2020
- CTC ATP Website: <https://catc.ca.gov/programs/active-transportation-program>


ATP Cycle 5 Technical Assistance (TAC) for Disadvantaged Communities

- Ten communities statewide will be selected, including at least one tribal community, to receive assistance beginning in early March 2020.
- If interested, complete the TA interest survey:
<https://fs27.formsite.com/6Dqgcx/DACTACycle5/index.html>

Survey due Friday, February 28, 2020 by 5:00 pm


ATRC Active Transportation Resource Center

Home / ATP / Training / Resources / Technical Assistance



Welcome to the Active Transportation Resource Center


The Active Transportation Resource Center's (ATRC) mission is to provide resources, technical assistance, and training to transportation partners across California to increase opportunity for the success of active transportation projects.



Training

Find out about upcoming active transportation training opportunities in your area.


[Learn More](#)



Resources

Register for upcoming active transportation webinars and to view past recorded webinars.


[Learn More](#)



Technical Assistance

Here you will find resources categorized by industry.

[Learn More](#)



About the ATRC

The ATRC is funded by an Active Transportation Program grant to the California Department of Transportation (Caltrans). The ATRC utilizes a combination of subject matter experts from state agencies, universities, and consultants to provide active transportation training, tools, and technical assistance that support the ATP. The ATRC provides resources for infrastructure and non-infrastructure ATP project types. Click below to learn more about what the ATRC currently offers and what we'll be working on in 2019.

[ATRC Overview \(pdf\)](#)

Join the ATRC Mailing List

By joining the ATRC mailing list you'll receive specific updates regarding the ATP and related programs as well as active transportation training and technical assistance opportunities.

[Sign Me Up](#)

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ATRC Website

<http://caatpresources.org>

Thank You!

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