

ON THE MOVE



 *Active Transportation Resource Center*

ATRC On the Move Presents:

SYNERGY 2021

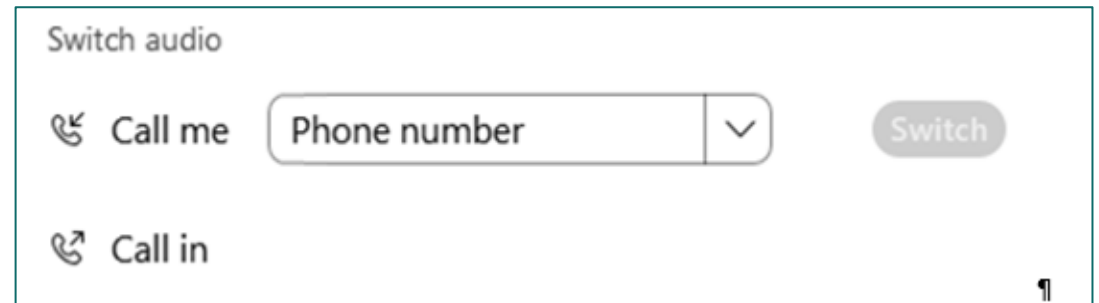
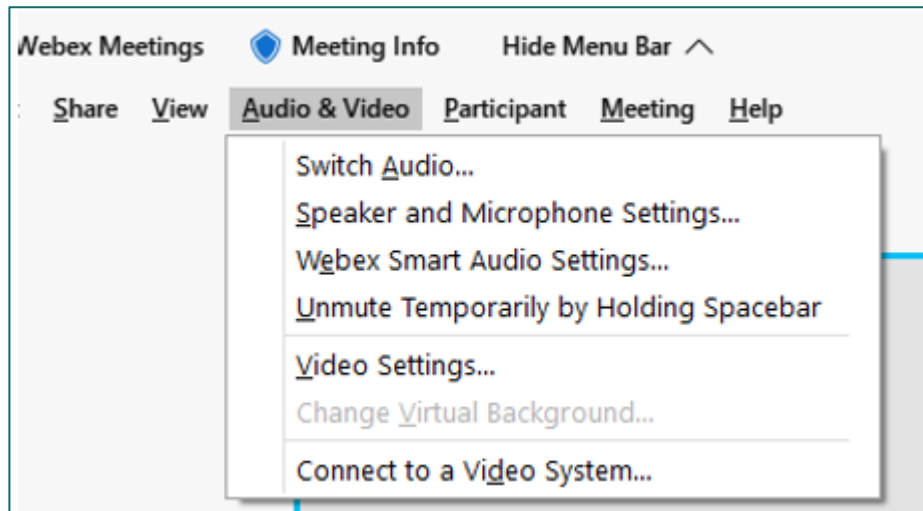
QUARTERLY TELECONFERENCE SERIES

NOVEMBER 16, 2021



Welcome to Synergy 2021 ATP NI Awardee Year-End Sharing and Virtual Networking Teleconference

For the best webinar experience, we recommend that you use your **phone audio** instead of computer audio.



ATP NI Teleconference Logistics

- If you are joining the WebEx platform from your computer, it is best to use the “phone call” audio option.
- Please keep your phone and computer muted unless you are speaking.
- For questions or during the discussion portion of the meeting
 - Use the “Chat” function or
 - Raise Hand and unmute phone or computer to speak

Agenda

- Welcome and Teleconference Overview
- 2021 ATP NI Delivery Highlights and Accomplishments
 - An interview with San Luis Obispo COG
- Conversation: Challenges and Looking Ahead
 - San Luis Obispo, Riverside and Shasta
- Peer Sharing Breakout Session
- Reminders and Wrap-Up

ATRC NI Team

Caltrans, Division of Local Assistance, Active Transportation Program

- Emily Abrahams, Senior Program Manager, ATP NI/Plans and ATRC
- Summer Lopez, Assistant Coordinator, ATP NI/Plans and ATRC

California Department of Public Health, Injury and Violence Prevention Branch, Active Transportation Safety Program

- Victoria Custodio, ATRC NI Technical Assistance Team
- Marianne Hernandez, ATRC NI Technical Assistance Team
- Judy Polakoff, ATRC NI Technical Assistance Team

Featured ATP NI Peer Sharing Speakers

- **Peter Williamson**, San Luis Obispo Council of Governments
- **Miguel Vazquez**, Riverside University Health Systems
- **Sara Sundquist**, Shasta County HHSA Public Health

2021 ATP NI Delivery Highlights and Accomplishments

*An interview with Peter Williamson,
Transportation Demand Management Programs,
San Luis Obispo County of Governments*

Facilitated by Marianne Hernandez, CDPH ATRC

Conversation: ATP NI Challenges and Looking Ahead

Sara Sundquist, Community Education Specialist, Shasta County Health and Human Services Agency, Public Health Branch

Miguel Vasquez, Health Equity Planner, Riverside University Health System – Public Health

Peter Williamson, Transportation Demand Management Programs Coordinator, San Luis Obispo Council of Governments

Facilitated by Victoria Custodio and Marianne Hernandez, CDPH ATRC

Shasta HHS/Healthy Shasta Active Transportation – Select Highlights 2021



TAKE LIFE IN STRIDE HEALTHY SHASTA WALKS **PASSPORT** ★★ ★

START THE NEW YEAR WALKING!
COMPLETE THE HEALTHY SHASTA WALKS PASSPORT ANYTIME BETWEEN JANUARY 1 – FEBRUARY 28, 2021.
SUBMIT YOUR PASSPORT BY MARCH 1, 2021. TO BE ENTERED INTO A DRAWING FOR A NIGHT STAY AT THE DUNSMUIR RAILROAD RESORT, GIFT CERTIFICATES FOR NEW SNEAKERS, SOCKS AND MORE!

WALK TO THE MAILBOX	WALK IN YOUR NEIGHBORHOOD WHICH NEIGHBORHOOD?	WALK ACROSS THE SUNIAL BRIDGE	TAKE A WALK ON A TRAIL YOU'VE NEVER BEEN ON WHICH ONE?
TAKE A HIKE & CHECK OUT 5ZHIKECHALLENGE.COM	WALK TO GET A MEAL OR GROCERIES	TRY A WALK LISTED ON HEALTHYSHASTAWALKS.ORG WHICH ONE?	TAKE A WALK FOR MENTAL HEALTH TO REDUCE STRESS
WALK WITH A PET OR SOMEONE FROM YOUR HOUSEHOLD OR ALONE	WALK FROM DESTINATION TO DESTINATION WHERE DID YOU GO?	WALK 10,000 STEPS IN ONE DAY (TRACK WITH YOUR SMART PHONE OR Pedometer)	TAKE A WALK BREAK
WALK FOR A CAUSE WHICH ONE DID YOU CHOOSE?	WALK TO A PLACE YOU NORMALLY DRIVE	PARK AT THE BACK OF THE PARKING LOT	WALK TO A WATERFALL WHERE DID YOU GO?
WALK TO VIEW PUBLIC ART	TAKE A WALK DOWNTOWN OR ON A MAIN STREET	WALK TO A PHOTO WORTHY SPOT AND TAKE A PICTURE	
TAKE A WALK IN THE MOONLIGHT	WALK IN A PARK OR FOREST	START THE DAY WITH A WALK & END THE DAY WITH A WALK	
ENJOY A WALK AT SUNSET OR SUNRISE	WALK IN THE RAIN	WALK FOR 30 MINUTES OR MORE FOR FITNESS	

YOUR INFORMATION
Name: _____ Email: _____
Phone: _____ Male Female Non-binary Age: _____
Would you like to be added to Healthy Shasta e-newsletter (sent approximately 1-2 times/week)? Yes No

COMMENTS:

HOW TO WIN PRIZES
All participants who complete and cross off at least 10 different walks on the Walks Passport are eligible for prizes AND earn a pair of athletic socks (while supplies last). Participants who black out the passport (complete all 25 walks) will also be entered into a separate drawing for a 1 night stay at the Dunsmuir Railroad Park Resort. Walks cannot be counted twice. All passports must be submitted to admin@healthyshasta.org by midnight or postmarked by March 1, 2021 to Healthy Shasta, 2660 Breslauer Way, Redding, CA 96001. All participants must live or work in Shasta County. Winners will be notified by March 15, 2021.

FOR WALKING CHALLENGES, TRAIL MAPS, AND RESOURCES VISIT HEALTHYSHASTAWALKS.ORG

HEALTHYSHASTAWALKS.ORG



Weekly Challenge #1

Post a photo of you walking a local trail and tell us what you like about it.



WALKTOBER

Peer Sharing Sessions/Breakout Room Discussion Instructions (~15 to 18 minutes)

- You will be assigned to a breakout room with a facilitator.
- This is your time to share and learn from one another! Share accomplishments, challenges, tips/tools, and future plans/wishes.
- Please share but grant others time to talk as well.
- ATRC team will take notes and provide a summary for attendees in follow-up to this teleconference.
- At the end of breakouts, you will be routed back to the main room for the teleconference wrap up.

Reminder: ATP Cycle 6 Guideline Development Workshops have started!

Anticipated call for Projects:
March 2022

Details:
[https://catc.ca.gov/programs/
active-transportation-program](https://catc.ca.gov/programs/active-transportation-program)

Click on 2023 ATP (Cycle 6) tab



California Transportation Commission

SAVE THE DATE

2023 Active Transportation Program Guideline Development Workshops

Please mark your calendars for the upcoming California Transportation Commission guideline development workshops for the Active Transportation Program (ATP). Registration information and workshop agenda/details will be posted in advance of each workshop on the [ATP website](#). Until further notice, all workshops will be held via virtual meeting format. **All workshop dates are subject to change. Additional workshops may be scheduled in 2022.**

Kick-Off Workshop

Tuesday, November 9, 2021 9:30am – 12:30pm

Central Workshops

Topic	Date
Guidelines	Wednesday, November 17, 2021 1:00pm – 4:00pm
PSR Equivalent	Wednesday, December 1, 2021 1:00pm – 4:00pm
Guidelines	Wednesday, December 15, 2021 9:30am – 12:30pm
Guidelines	Tuesday, January 11, 2022 1:00pm – 4:00pm
Applications	Wednesday, January 19, 2022 9:30am – 12:30pm
Scoring Rubrics	Tuesday, February 8, 2022 1:00pm – 4:00pm
Optional Workshop	Wednesday, February 23, 2022 9:30am – 12:30pm

To schedule a virtual Branch Workshop or site visit, please contact Erika Changizi.

For more information, please contact:

Thank you to our speakers, Peter, Sara, and Miguel!

We'll see you in February for the first ATRC On the Move Perspectives 2022 Webinar:

E-Bikes: A Primer for ATP Practitioners

Happy and healthy holiday greetings from the ATRC NI Team! We are grateful for our wonderful network.

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Thank you!!

