

Safe Routes to School (SRTS) Activities: Adaptations and Insight during the COVID-19 Pandemic webinar

Call: 415-655-0001 Code: 145 869 4852

You will be muted upon entry

Mute your phone and computer

For questions or during the discussion portion of the meeting

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SRTS Activities: Adaptations and Insight during the COVID-19 Pandemic

October 27, 2020



Webinar Objectives

Participants will:

- *Identify 2-3 existing resources available to assist SRTS practitioners and their partners with planning and implementing safe and meaningful SRTS activities during COVID-19, and*
- *Describe at least two existing challenges for SRTS practitioners during COVID and examples of how those challenges have been addressed by existing practitioners.*

Our Motivation

- *Help California meet its long-term multi-modal transportation, sustainability, health, safety, and equity goals.*
- *Build your awareness, confidence, and trust in the ATRC, and your understanding of ATP project requirements.*
- *Assist you in making your ATP project as successful as possible.*
- *Get more people safely walking and bicycling for transportation!*

Speakers

- Kori Johnson and Becky Gilliam, Safe Routes National Partnership
- Noel Mikelberry, Oregon Metro Safe Routes to School Program
- Jenny Weiss, Redwood Community Action Agency
- Theresa Vallez-Kelly and Vanessa Castro, San Mateo County Office of Education

ATRC NI Team:

- Emily Abrahams, Program Manager, and Summer Anderson-Lopez, Assistant Coordinator, Active Transportation Program, ATP NI Programs and ATRC
- Victoria Custodio - California Department of Public Health, Injury and Violence Prevention Branch, Active Transportation Resource Center NI Technical Assistance Team

Today's Agenda

- Welcome, Introductions, and Overview
Victoria Custodio California Department of Public Health, Injury and Violence Prevention Branch, Active Transportation Resource Center NI Technical Assistance Team
- Guidelines for Modifying Scope of Work due to COVID-19
Emily Abrahams, Caltrans ATP NI Programs and ATRC Manager
- Highlights from the Partnership's Back to School 2020: Recommendations for Safe Routes to School Programming
Kori Johnson and Becky Gilliam, Safe Routes National Partnership
- Highlights from the Oregon Metro Safe Routes Back to School toolkit
Noel Mikelberry, Oregon Metro Safe Routes to School Program
- SRTS Challenges and Adaptations in Eureka, Humboldt County
Jenny Weiss, Redwood Community Action Agency
- Organizing an Inaugural Ruby Bridges Walk to School Day during a Global Pandemic
Theresa Vallez-Kelly and Vanessa Castro, San Mateo County Office of Education
- Q & A

Quick Poll of Attendees

Poll #1: Are you working on SRTS/AT projects now?

- a) Yes b) No

Poll #2: Has your work has been postponed due to COVID-19?

- a) Yes b) No

Poll #3: Have you heard of, seen or used the Safe Routes Partnership “Back to School 2020 Recommendations for Safe Routes to School Programming”?

- a) Yes b) No



Caltrans COVID-19 Processes for NI and Plan Modifications

**Emily Abrahams, Caltrans, Active Transportation Program,
ATP NI Programs and ATRC Program Manager**

October 27, 2020



Rationale for Scope of Work Modifications Guidelines



- Time extensions are a less viable long-term option.
- Schools did not reopen in Fall 2020.
- COVID-19 continues to be a risk in communities.

Usual Allowable NI and Plan Scope Modifications

- Caltrans approves minor scope modifications as long as they meet the original scope as outlined in the 22-R or 22-Plan.
- All modifications must be administratively reviewed and approved by the Caltrans ATP NI/Plan team.
- All changes must be highlighted and documented in the agency's 22-R or 22-Plan.

New Allowable NI and Plan Scope Modifications

- Scope tasks can be adapted to virtual delivery and are considered a minor scope change.
- Any modifications proposed must meet original activity intent, be creative, well-thought out, and still maintain elements of active transportation activities where applicable.

Examples of Modifications

- SRTS programs shifting from in-person school safety assemblies to virtual assemblies.
- In-person bike safety and repair courses switched to online Zoom or recorded classes.
- Addressing in-person activities like creating informative videos and sharing them with their communities and schools.

Examples of Modifications contd.

SRTS activities involving in-person same household events:

- walking school buses, tours, group walk audits, etc.
- active transportation scavenger hunts,
- educational videos with an outdoor “same household” participatory activity and write-up
- walking or biking audits

Other safer activities involving 6’ social distancing, masks, and other cautionary safety measures.

Major NI and Plan Scope Modifications

In the event that an agency must drastically adjust or change one or more activities in their 22-R scope, the Caltrans ATP NI/Plan team and District staff will work with them to formally process their scope change. Whether the scope change is considered minor or major will be determined by the Caltrans ATP NI/Plan team and will be reviewed by the CTC.

Who to contact for Scope of Work Modifications

Emily Abrahams, ATP NI Program Manager, ATRC Project Manager, Division of Local Assistance, Office of State Programs, California Department of Transportation
Emily.Abrahams@dot.ca.gov

Summer Lopez, ATP NI/ATRC Assistant Coordinator
Summer.Anderson-Lopez@dot.ca.gov

CT District ATP Coordinators

<http://www.dot.ca.gov/hq/LocalPrograms/atp/documents/ATP-District-Coordinators.pdf>

Questions?





Safe Routes to School Back to School Guide 2020

Kori Johnson & Becky Gilliam
Safe Routes Partnership
Active Transportation Resource Center
October 27, 2020



MISSION

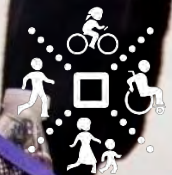
The mission of the Safe Routes Partnership is to advance safe walking and rolling to and from schools and in everyday life, improving the health and well-being of people of all races, income levels, and abilities, and building healthy, thriving communities for everyone.



Safe Routes
PARTNERSHIP

Back to School 2020: Our Approach

- Urgency for “return to normal” not reflective of our diverse experiences
- Confronting the unknown and moving forward together
- Working with community leaders



Back to School 2020 Working Group

- 180+ applicants; 18 selected
- Majority women and people of color
 - Parents, practitioners, champions, community leaders
 - 5 time zones!
- Scenario planning and via Zoom throughout Summer 2020



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Working Group Objectives

Develop strategies and resources for effectively implementing Safe Routes to School programs in the fall:

- Remote Safe Routes to School Programming
- In-Person Safe Routes to School programming
- Hybrid Safe Routes to School Programming





6 E's of Safe Routes to School

1. Engagement
2. Equity
3. Engineering
4. Encouragement
5. Education
6. Evaluation



Back to School 2020

Recommendations for
Safe Routes to School Programming



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Back to School 2020 Guide Structure

- Guiding Recommendations
- Strategies
- Tools
- Considerations
- Advice for long-term planning

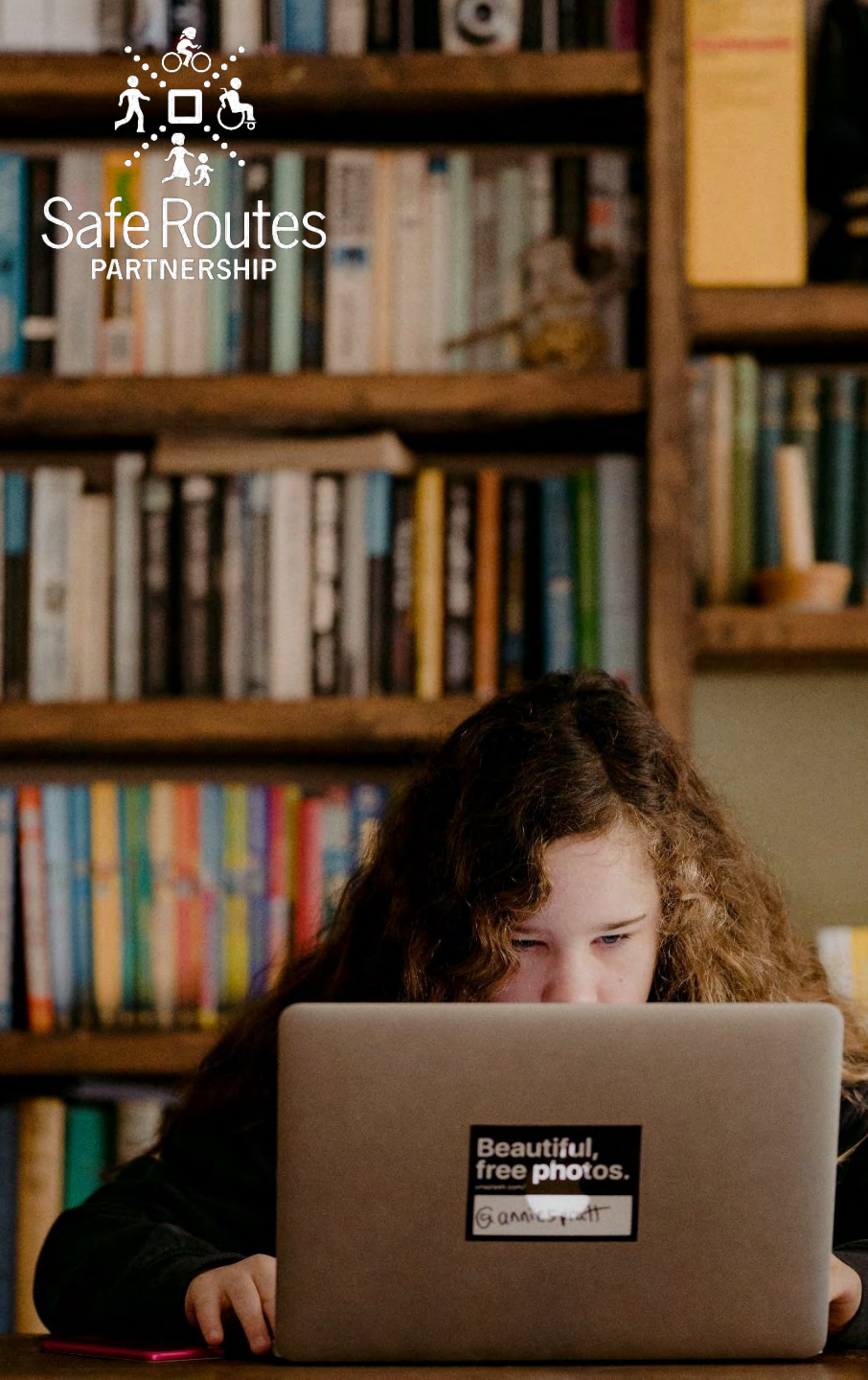
Short-term, actionable, designed to adapt and modify to fit the unique needs of individual school, district, or community.





Remote Safe Routes to School Programming: Setting the Stage

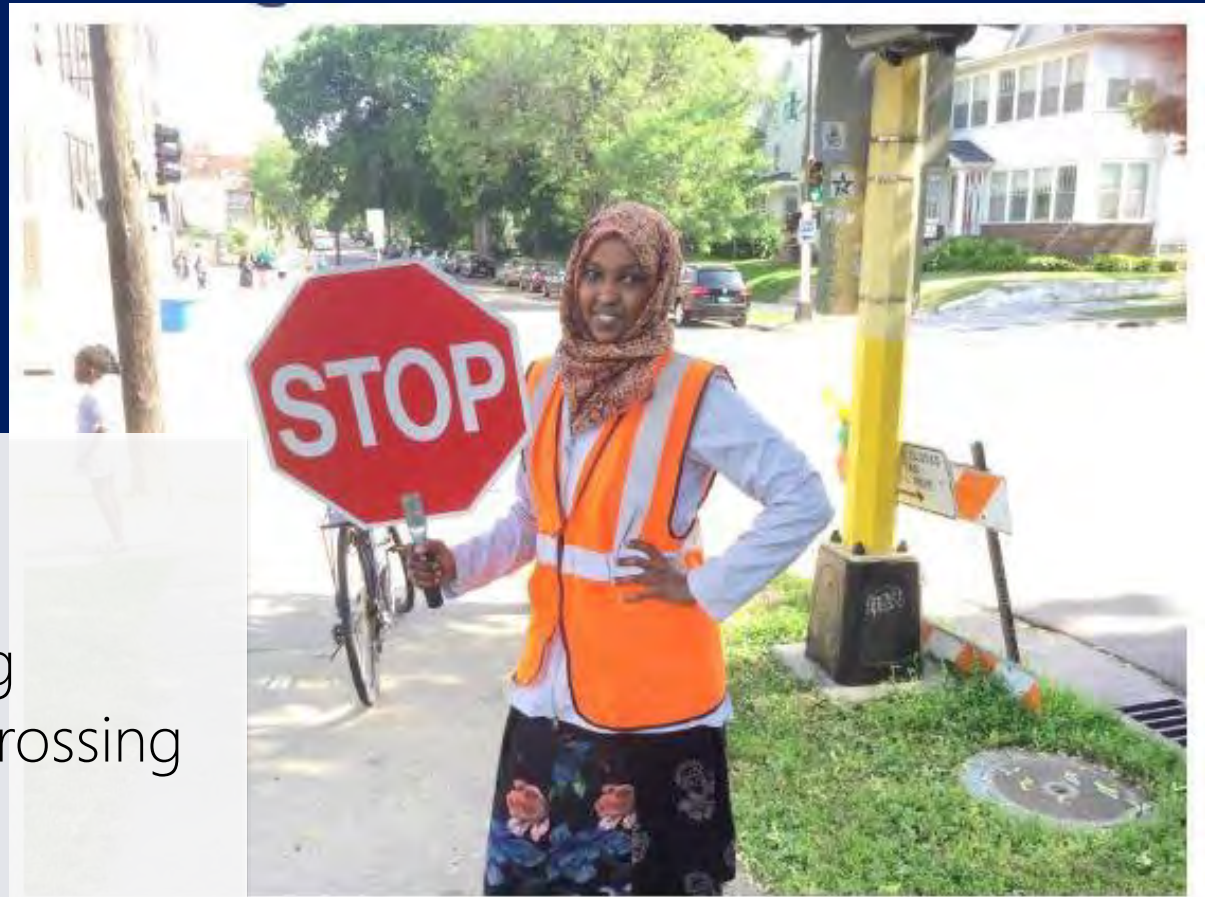
- Transportation and physical activities are essential needs
- Safe Routes to School helps families address remote learning challenges
- Highlights strategies, tools, ideas, and lessons learned from Spring 2020



REMOTE PROGRAMMING TIPS & STRATEGIES

Engagement

- Self-paced learning opportunities for crossing guards
- Involve crossing guards in walk audits



REMOTE PROGRAMMING TIPS & STRATEGIES



The graphic is titled "WALK & ROLL ACTIVITIES CALENDAR" in large, colorful letters. It features a pink bicycle on the left and a red flower on the right. The calendar is divided into five boxes, each representing a day of the week with a specific activity. Each box has a star icon and a title. The activities are: Mindful Monday (mindful walking), Transportation Tuesday (Active Transportation BINGO), Walk & Roll Wednesday (Scavenger Hunt), Tranquility Thursday (shoe decorating), and Free Choice Friday (pick-your-own scavenger hunt). At the bottom, there is a link to another week of activities and a logo for the Safe Routes Partnership.

WALK & ROLL ACTIVITIES CALENDAR

★ MINDFUL MONDAY
Start the week with a mindful walking activity.
[Click here for mindful walking guide and breathing routine.](#)

★ TRANSPORTATION TUESDAY
Play a game of Active Transportation BINGO.
[Click here for BINGO cards.](#)

★ WALK & ROLL WEDNESDAY
Go on a Walk and Roll Scavenger Hunt around your neighborhood.
[Download Walk and Roll Scavenger Hunt.](#)

★ TRANQUILITY THURSDAY
Get calm and crafty by decorating a pair of old shoes or drawing a picture of your favorite places to walk and bike.
[Click here for shoe decorating ideas.](#)

★ FREE CHOICE FRIDAY
Kick off the weekend with a pick-your-own scavenger hunt.
[Download Printable Scavenger Hunts.](#)

Let's keep the fun going! [Click here for another week of activities and downloads from Safe Routes to School Montgomery County, \(MD\).](#)

 Safe Routes PARTNERSHIP

Encouragement

- Weekly physical activity calendar
- Set family health and wellness goals

REMOTE PROGRAMMING TIP & STRATEGIES



Education

Partner with local libraries and community groups for online streaming and TV content.

Equity

Translate communications and materials into languages spoken and commonly used in your community.



In-Person Safe Routes to School Programming: Setting the Stage

- More safety concerns around riding the bus
- Some families don't own cars
- Student travel options need to be safe, convenient, and physically distant
- Safe Routes to School anticipates lifestyle changes and helps communities adapt.

IN-PERSON PROGRAMMING TIPS & STRATEGIES



Engineering

- Experiment with tactical urbanism projects and pop-ups.
- Activate crosswalks and sidewalks with creative artwork and incorporate positive health and safety messaging.



IN-PERSON PROGRAMMING TIPS & STRATEGIES

Education

- Work with your school district to promote walking and biking.
- Disseminate existing Safe Routes to School maps, and connect families that are accustomed to walking and biking with families that are new to it.



IN-PERSON PROGRAMMING TIPS & STRATEGIES



Encouragement

Promote routes that use closed streets or slow-traffic streets.

Engineering

Work with students to create wayfinding signage to encourage physical distancing, share reminders to wear PPE, and ease congestion and confusion during drop-off and pick-up.





Hybrid Safe Routes to School Programming: Setting the Stage

- Many districts are implementing hybrid learning
- Staggered schedules present many challenges for families
- Safe Routes to School can connect families and community members to help with school travel.



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HYBRID PROGRAMMING TIPS & STRATEGIES

Education

Teach youth how to use transit maps, read schedules, put their bicycles on the bus rack



HYBRID PROGRAMMING TIPS & STRATEGIES



Evaluation

Survey, talk with and listen to youth, parents, caregivers, teachers, and other partners to identify how the changes to school attendance days/times help or hurt peoples' ability to get around and meet essential needs.

HYBRID PROGRAMMING TIPS & STRATEGIES

Encouragement

Promote bike trains as a naturally physically distant travel mode for days students are attending school in-person.





Get Connected!

- [Read the Full Guide](#)
- [Learn about the Working Group](#)



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Thank you!

Becky Gilliam

Pacific Northwest Regional Policy Manager

becky@saferoutespartnership.org

Kori Johnson

Program Support Manager

kori@saferoutespartnership.org



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Metro Safe Routes Back to School Toolkit

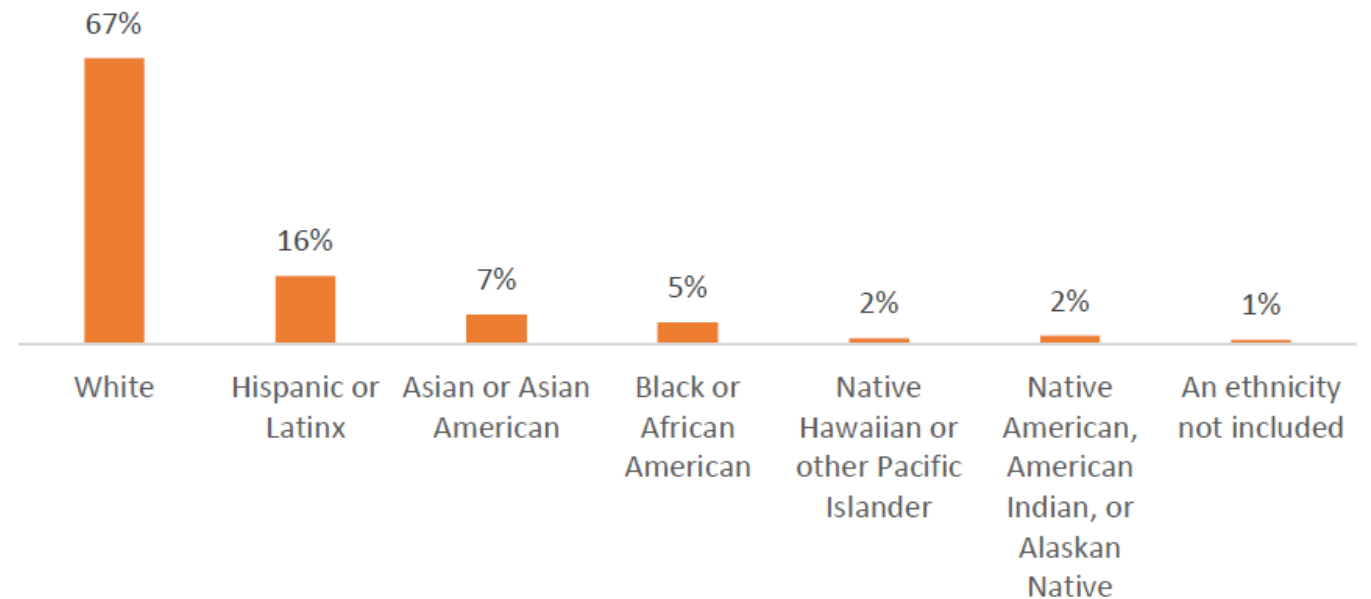
ATRC webinar | October 2020

Back to School Transportation Survey

Language	Survey Responses
English	1,375 (94.8%)
Spanish	66 (4.5%)
Russian	7 (0.5%)
Chinese	3 (0.2%)
Somali	0 (0%)
Vietnamese	0 (0%)
Total	1,451

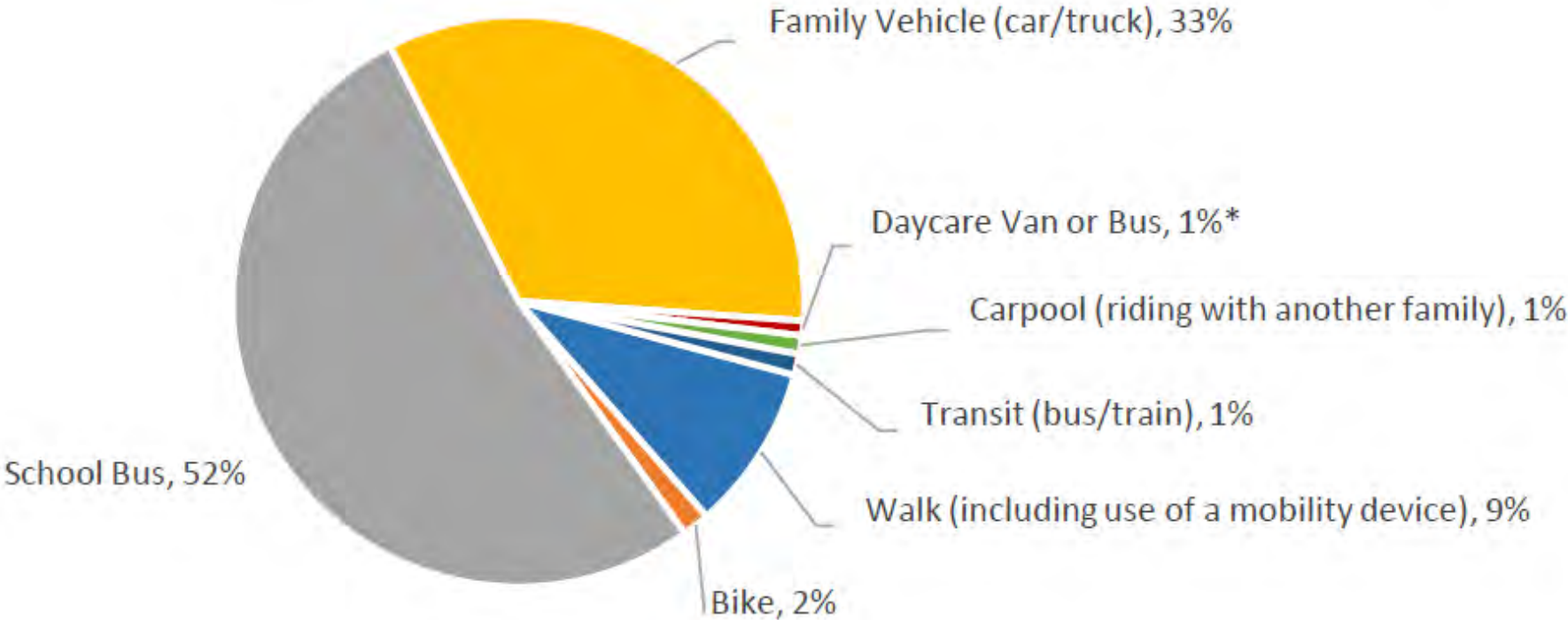
Figure 2. Child's Racial or Ethnic Identity (N = 1,606)

Not Mutually Exclusive



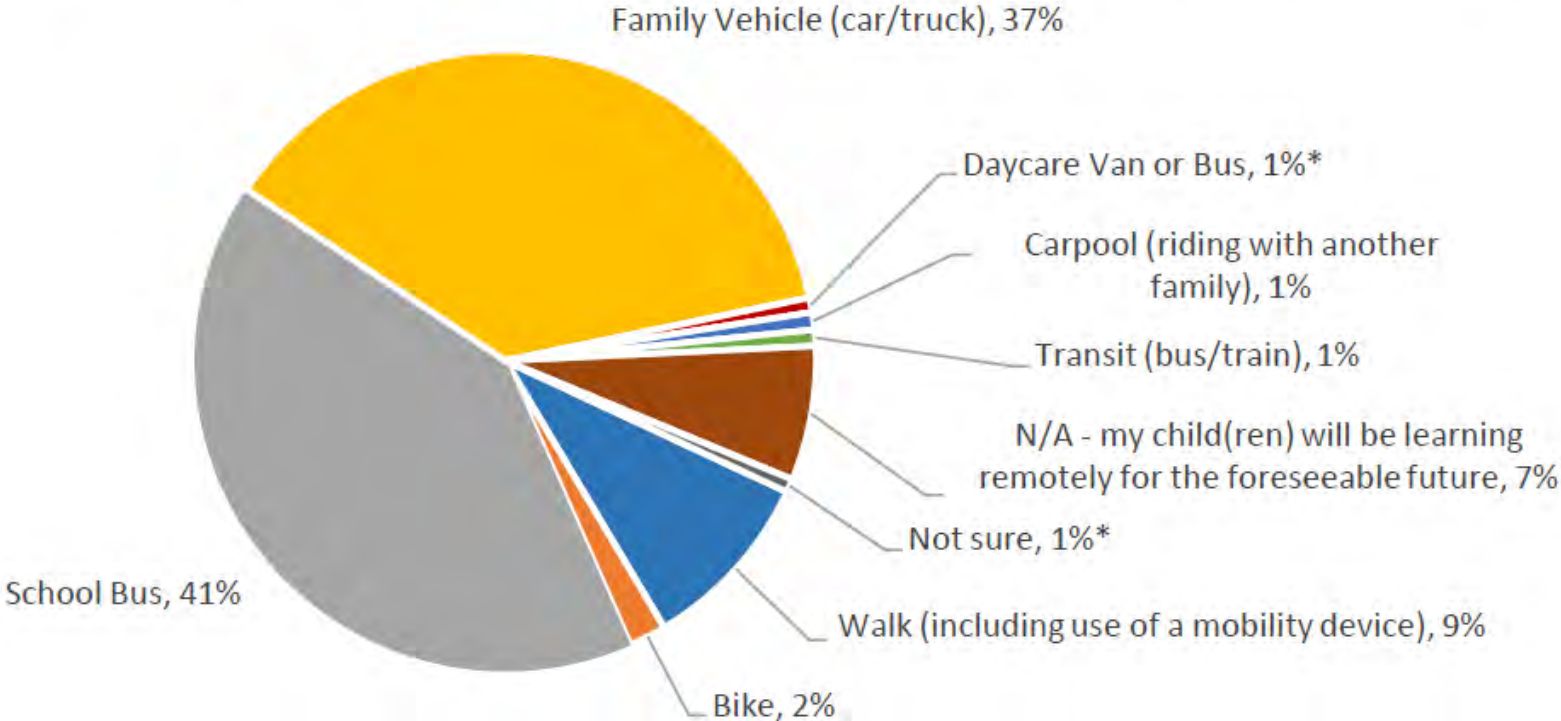
Survey: How did your child(ren) travel to school BEFORE schools closed to in-person learning?

Figure 3. Pre-COVID School Commute Mode (N = 1,450)



Survey: How will your child(ren) travel to school WHEN schools re-open to in-person learning?

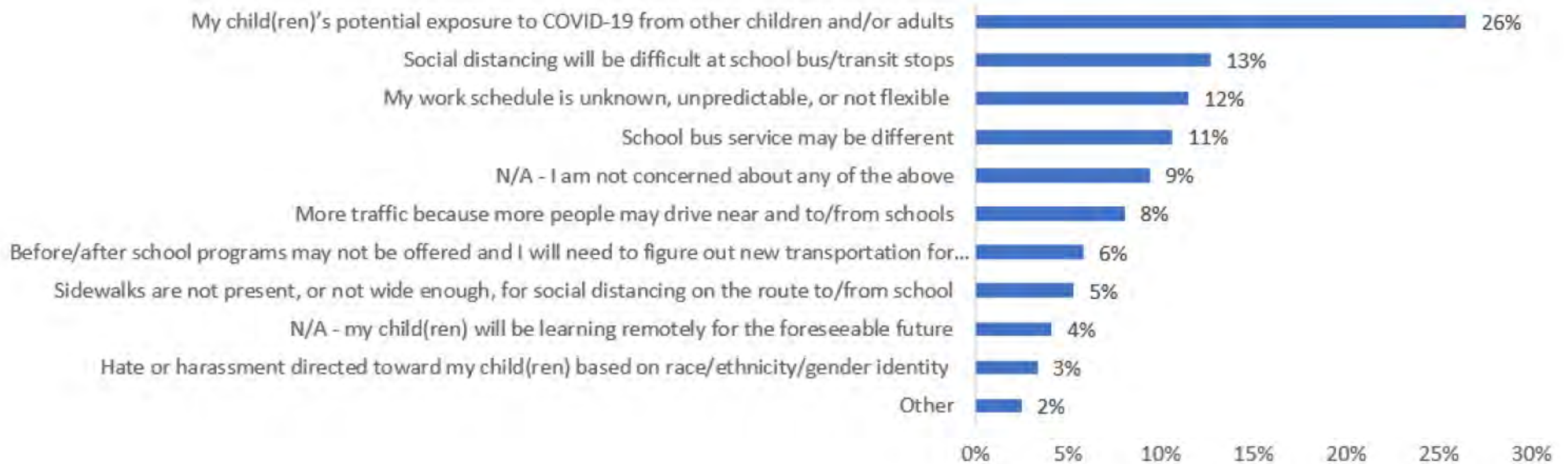
Figure 4. Return to School Anticipated School Commute Mode (N = 1,448)



Survey: When schools re-open, what are the challenges/concerns you have about getting them to/from school?

Figure 6. Parent/Caregiver Challenges or Concerns about the School Commute (N = 2,927)

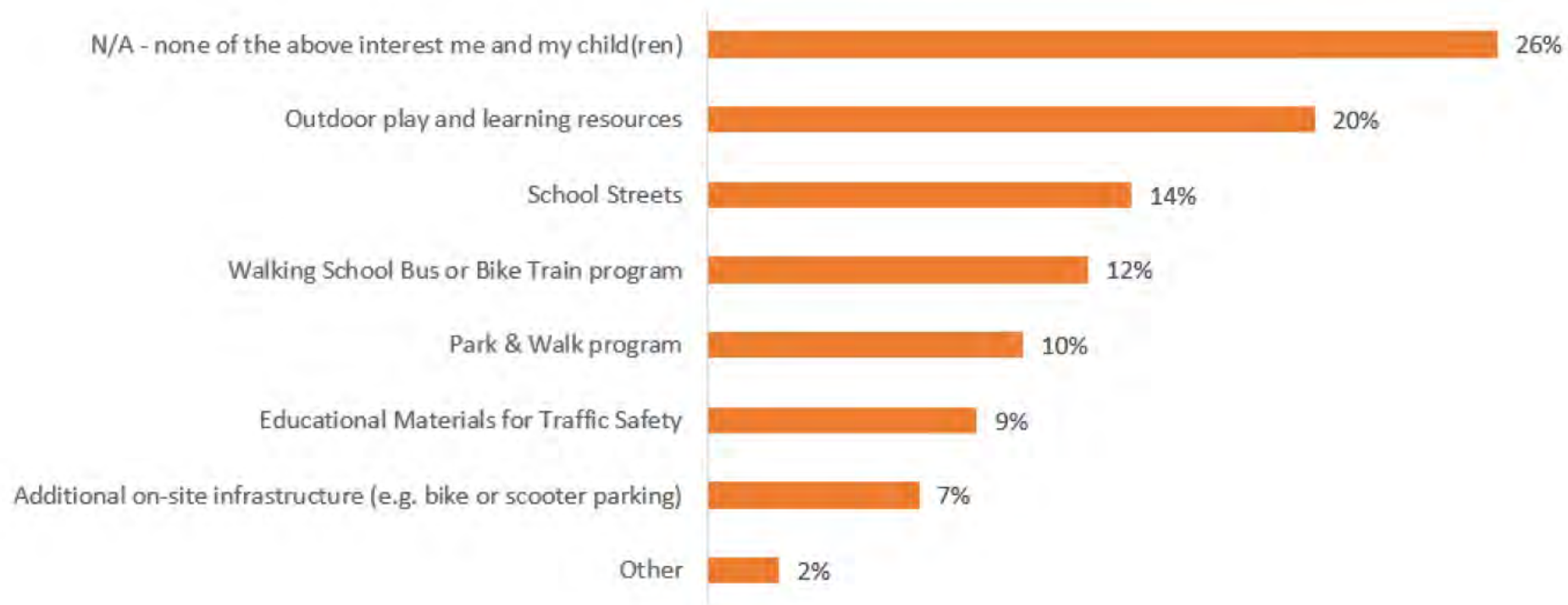
Not Mutually Exclusive



Survey: When schools re-open, which of the following transportation-related ideas might be helpful to you/your child(ren)?

Figure 7. School Commute Ideas Perceived as Helpful to Children (N = 2,266)

Not Mutually Exclusive



Safe Routes Back to School Toolkit

- Remote learning strategies
 - ★ Education
 - Encouragement
- School Commute Strategies
 - ★ Pop-up/Temporary Design Pilots
 - ★ Walking & Rolling
 - Bussing
 - Driving family vehicles/Carpooling
- Messaging Strategies
 - Trauma informed messaging
 - ★ Anti-hate messaging
 - Inclusive messaging
 - Idle-Free program & messaging



Education Strategies

Lesson Plans

Activity Books & Worksheets

*Wiggle Breaks

*Safe Routes to School StoryTime



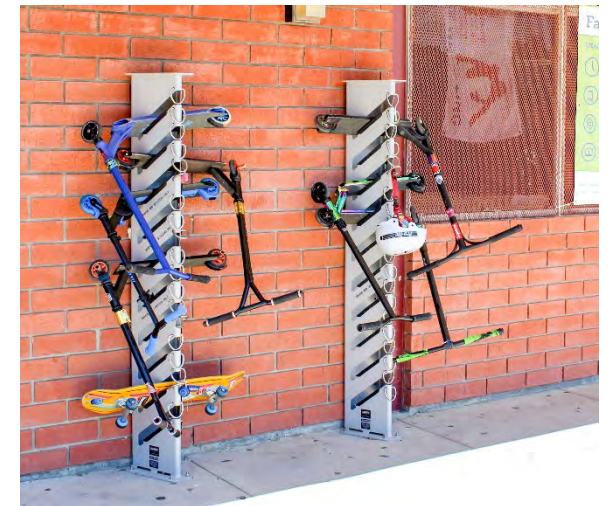
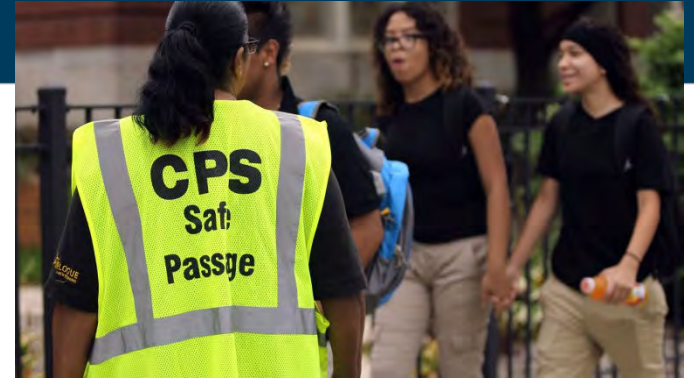
Walking & Rolling Strategies

*Walking School Buses & Bike Trains

Corner Greeters/Safe Passage Program

Secure Bike & Scooter Parking

*Park & Walk



Pop-up Design Pilots

*School Streets

One-way streets

Sidewalk Extensions

Re-Imagining Parking Lots

*Traffic Playgrounds/Playspaces

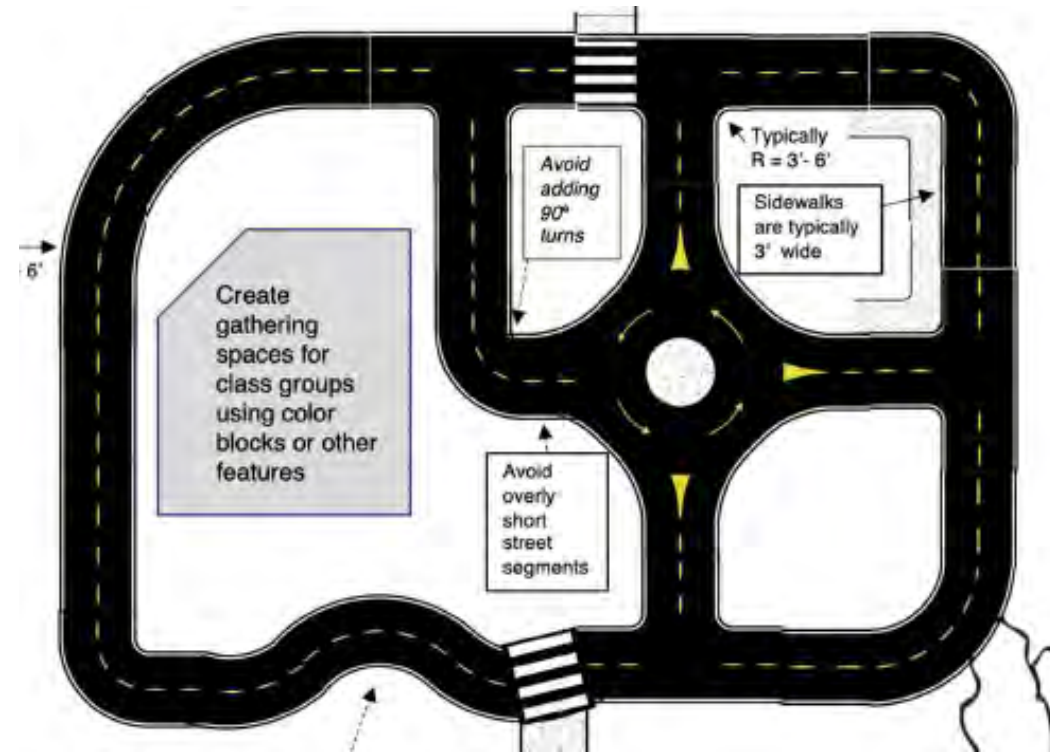


Traffic Playgrounds

Metro Traffic Playground Toolkit also available

Temporary traffic playgrounds identified locally as a way for socially distanced learning

Developing funding source for implementation & lending library of supplies



Local example: Temporary Traffic Playground

Harrison Park K-8 – Portland Public School District



Local example: Temporary Playspace

Hacienda CDC – Cully neighborhood



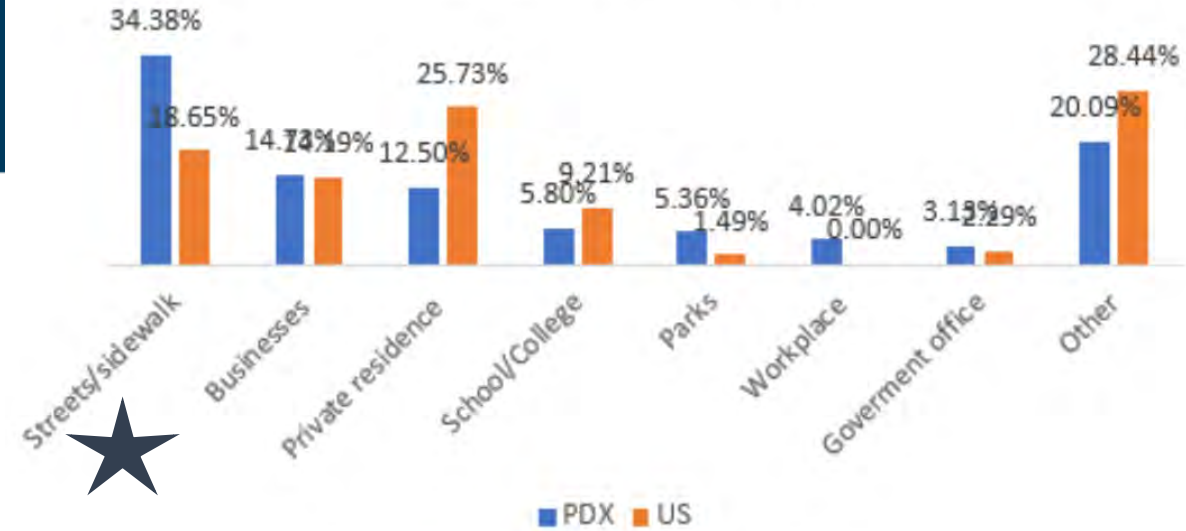
Anti-Hate Messaging

Back to School Survey results showed that **16% of families with children of color noted hate/harassment as a key concern**

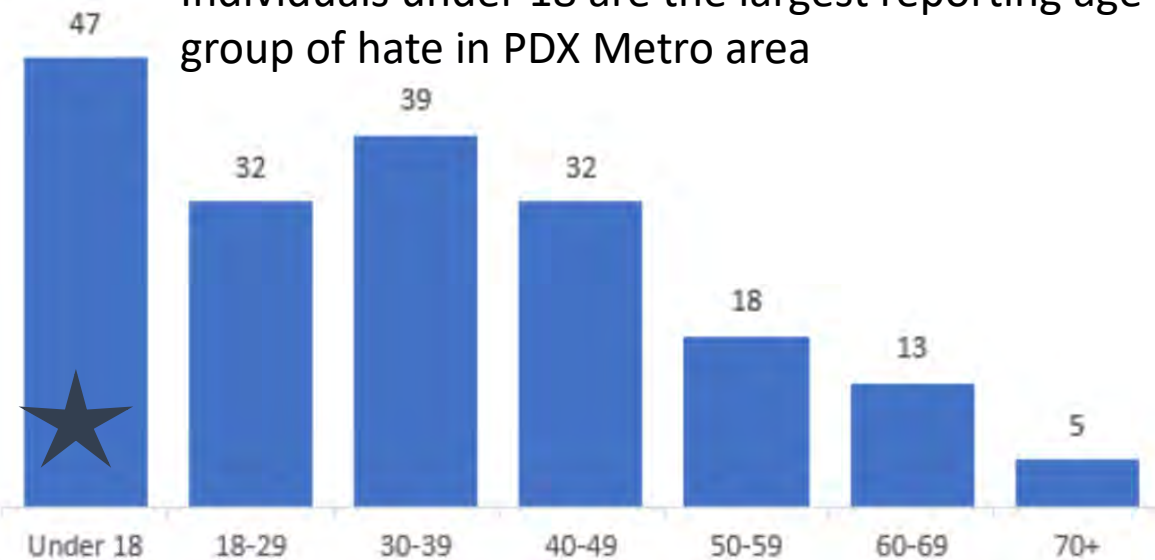
- 24% of families with Asian or Asian American children
- 23% of families with Black children



Hate is experienced more on streets/sidewalks in PDX Metro area than nationally



Individuals under 18 are the largest reporting age group of hate in PDX Metro area







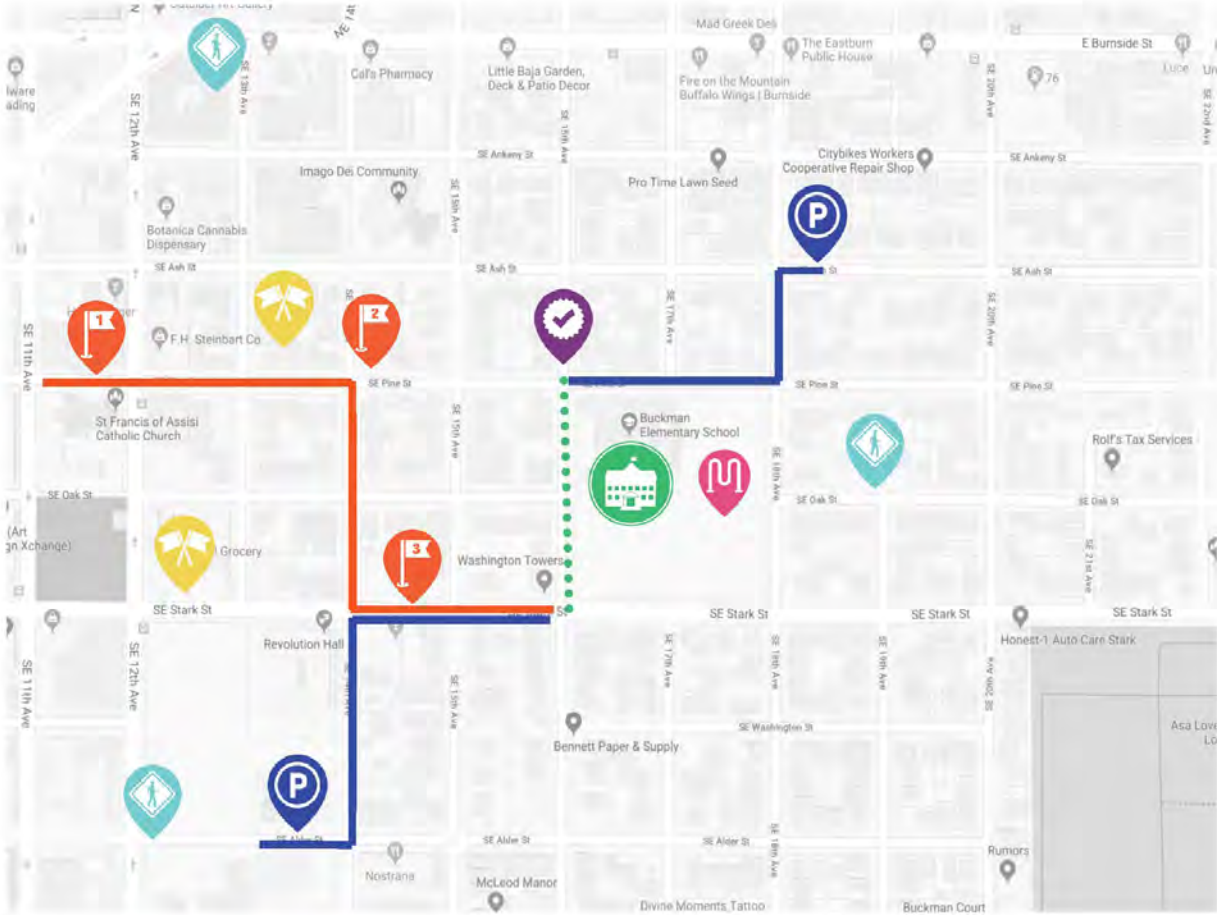
Editable Walk & Roll Map

[School Name] Walk & Roll to School Map

Find out more about how to get to and from [School Name] at [\[school transportation web page URL\]](#).

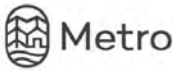
MAP KEY

-  School
-  School Street
-  Walking School Bus [or Bike Train] Meet-Up Spot and Route
-  Traffic Playground / Playspace Location
-  Marked Crossing
-  Park & Walk and Suggested Route
-  Crossing Guard / Corner Greeter
-  Bike/Scooter Parking



Let's go! Walk + roll to school.

Made possible with support from the Federal Transit Administration.



Grab & Go Conversation Sheets



Walking & Rolling Strategies

Walking School Buses & Bike

A Walking School Bus (WSB) or Bike Train (BT) is an organized group of students walking or biking to and from school with adult supervision. WSBs and BTs are organized by parents and many have stops where students join the group. Some WSBs have a central meet-up location, while others 'collect' kids along the route.

WSBs and BTs provide adult supervision of groups of students along the route without requiring all parents and caregivers to be present with students.

- WSBs and BTs can help reduce the number of adults on campus, which can help with physical distancing protocols.
- WSBs and BTs can offer an organized, routine way for families to get to school. They can also support improved attendance and student learning.

Older students can also lead WSB and BTs themselves (without adult supervision, approved by parents) and organize traveling together instead of walking alone, which can support greater personal safety.



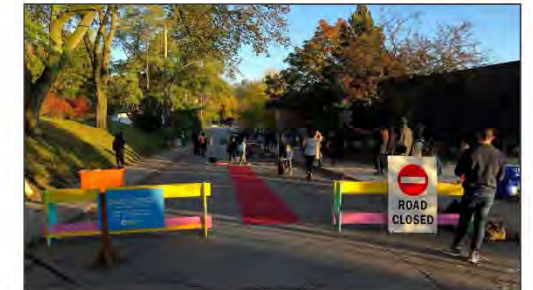
Pop-up/Temporary Design Pilots

School Streets

School Streets provide car-free or reduced car traffic street environments adjacent to schools by preventing or limiting car traffic on the street(s). School streets only allow residents living on that street to enter and exit in a car, while maintaining the space for families walking and rolling to and from school.

School Streets can:

- **Improve students' safety** in the face of a possible COVID-related increase in single-family vehicle trips
- **Provide additional room for social distancing** on the block(s) leading up to school grounds as more students walk and roll to school
- **Encourage more students to walk and roll**, which will:
 - **Reduce single-family vehicle trips** that contribute to traffic congestion and toxic emissions around schools
 - **Get physical activity** before and after school, when opportunities for exercise may be limited



Funding & Resources

Program support funds dedicated to Back to School Support

- Up to \$5,000 per applicant
- Additional bike/scooter parking, stipends for walking school bus leaders

Metro-procured resources for specific strategy implementation

- PPE for program leaders
- Paint & supplies for traffic playgrounds
- Items to borrow

Contract services for programs to access

- Translation and interpretation
- Screenprinting
- Video-editing
- Temporary bike parking



Toolkits and resources all available online!

www.oregonmetro.gov/saferoutes

Noel Mickelberry, Regional Safe Routes to School Coordinator
noel.mickelberry@oregonmetro.gov



SRTS CHALLENGES & ADAPTATIONS IN HUMBOLDT COUNTY

Jenny Weiss, Projects Coordinator
Redwood Community Action Agency
Eureka, California



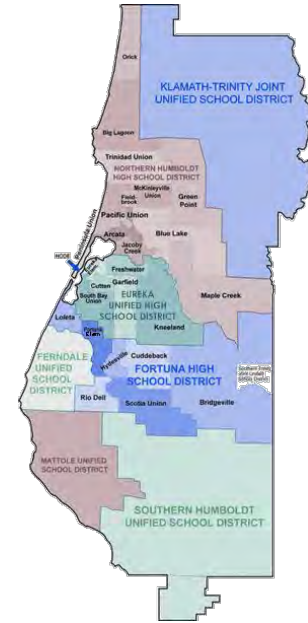
Humboldt County, California

- Area: 4,052,22 sq. miles
- Population 134,623 (2020)
- Primary population centers: Eureka and Arcata on Humboldt Bay =approx. 45,255 residents (2018)
- 7 Incorporated cities
- 8 Tribal Nations



Humboldt County Schools

- Approximately 90 schools in 32 Districts
- Diverse school settings; Some walkable/bikeable, others in remote locations



Humboldt County Rural Challenges



Blue Lake, CA



Hoopa, CA



Somes Bar, CA

Safe Routes to School Successes



Bike to School Day Events



Bike Rodeos



Trail Development



Pedestrian & Bike Safety Lessons

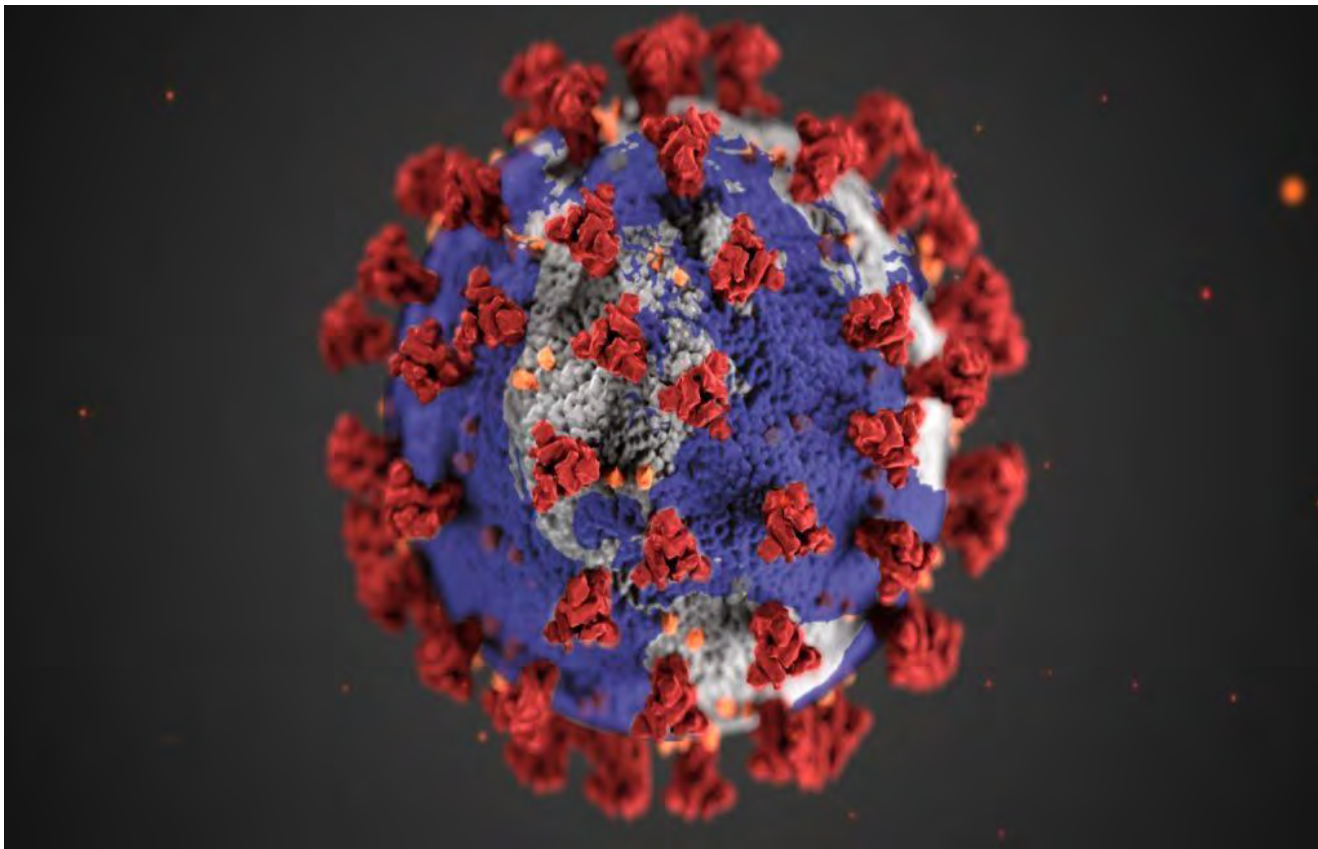


**Walkability Assessments
& Workshops**



School Bike Clubs

Now What?



Maintaining Momentum

JUNE 2020

VOL. 3

ACTIVE TRANSPORTATION & SAFE ROUTES TO SCHOOL NEWS

HUMBOLDT COUNTY JUNE 2020



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THE CONNECTION
BETWEEN COVID AND
AIR QUALITY

PRIORITIZATION TOOL
UPDATE

FOGGY GLASSES?

PEDESTRIAN SAFETY IS
NOT A GAME

Crazy for e-Bikes

by Jenny Weiss

Electric bicycles have been getting more popular in recent years but they were not really on my radar until the Redwood Coast Energy Authority announced it was providing over \$40,000 in rebates for the purchase of electric bicycles to existing residential electricity customers. Since then, I have seen more electric bikes on our local roads and trails than ever before.

The program was created with the goal of reducing greenhouse gas emissions in Humboldt County. By replacing car trips with electric bicycle trips, county residents can help improve air quality while

JULY 2020

VOL. 4

ACTIVE TRANSPORTATION & SAFE ROUTES TO SCHOOL NEWS

HUMBOLDT COUNTY JULY 2020



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MESSAGE

TRIBAL ROAD SAFETY
DATA TOOLS

SAFE & HEALTHY
SUMMER TIPS

Moving Forward

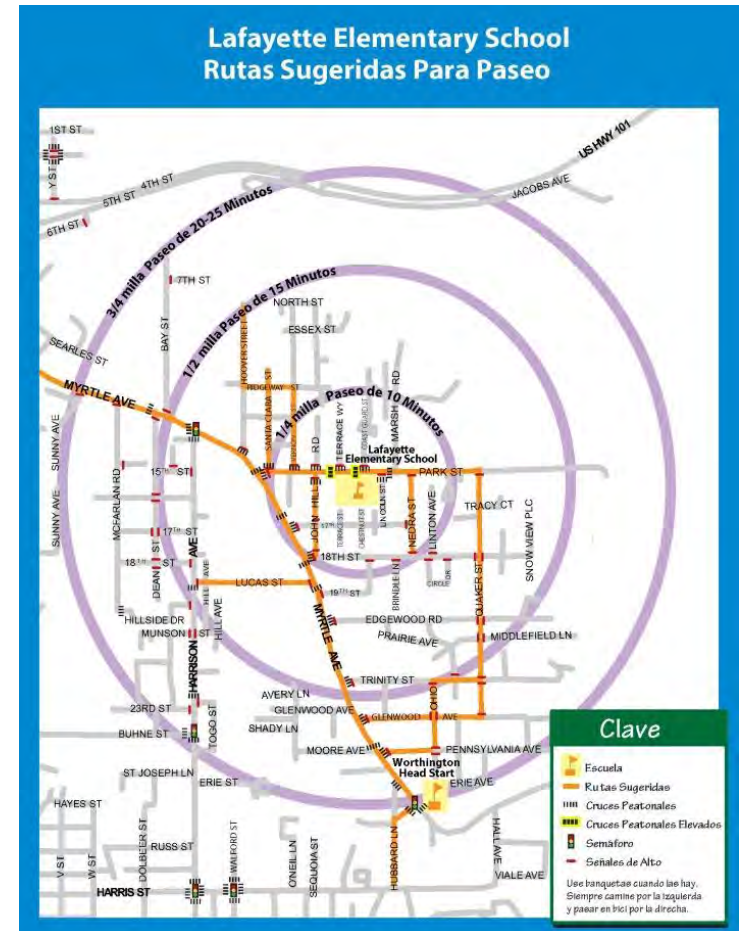
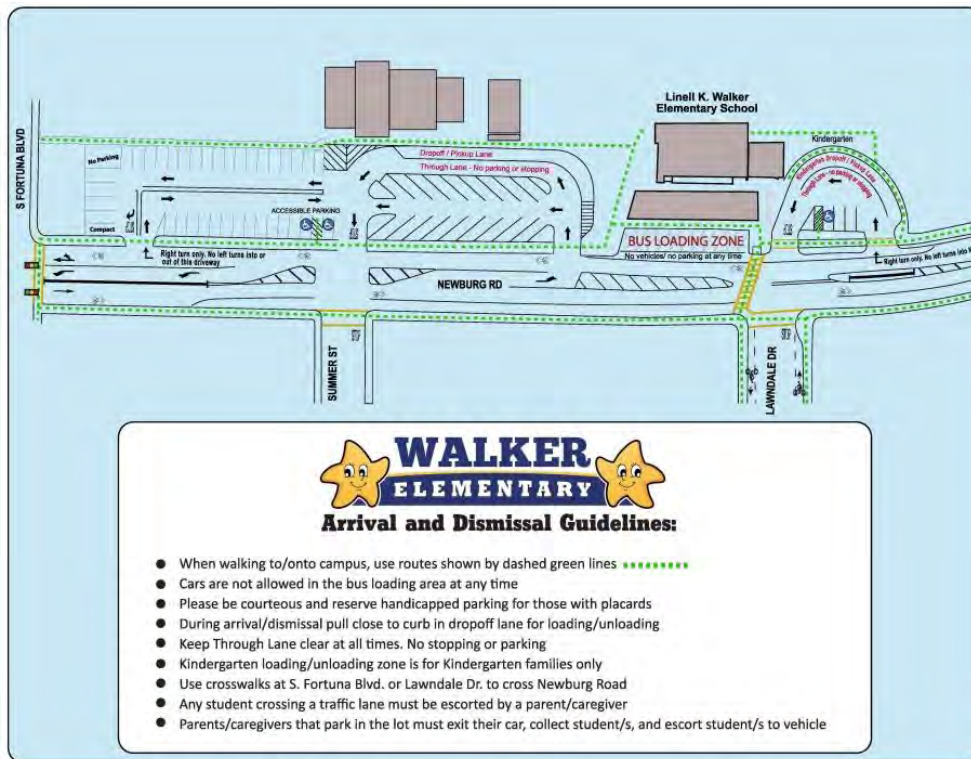
by Jenny Weiss

As our country reels from the painful losses of life from the coronavirus pandemic and grapples with racial strife and national unrest brought on by systemic racism, many people are struggling to visualize what the future holds for our community and nation. Re-imagining how we work, provide our children with education, and restructure how businesses operate is a difficult task with many unknowns. Being open to change and willing to move forward in new ways is key to opening the country back up safely and equitably. Communities, governments, and organizations across the country are doing what they can to address health concerns and disparities.

humboldtsaferoutes.org

Mapping Tools and Resources

- Walking Maps with suggested routes
- Arrival/Dismissal procedures
- Ped and Bike Route maps



Ped/Bike Safety Information

How far is 6 feet?

We keep hearing about keeping a minimum distance of 6 feet away from others to protect ourselves and those that are more vulnerable from contracting COVID-19.



The width of an average car

But just how far is 6 feet?

To protect your health and the health of others, stay home if you are sick, only leave your home for essential tasks or to walk/bike/exercise with members of your household. Stay six feet away from others, wash your hands for 20 seconds when you get home, and wear a face mask or covering whenever you are in public.



Two shopping carts



Bruno Mars with an extra face on top (He is 5'5")



Two Golden Retrievers

6 feet

Stay Safe
Stay home!



IT'S TIME FOR A SCAVENGER HUNT!

Get outside and take a walk while looking for:

	<input type="checkbox"/> A blue flower	
	<input type="checkbox"/> A chicken	
	<input type="checkbox"/> A front yard garden	
	<input type="checkbox"/> A yellow car	
	<input type="checkbox"/> An electric bike	
	<input type="checkbox"/> A cat in a window	
	<input type="checkbox"/> A funny looking tree	
	<input type="checkbox"/> Clothes on a clothesline	
		

Always walk on sidewalks if available, or in the shoulder facing traffic if no sidewalks are available. Cross streets at crosswalks or corners, avoiding crossing mid-block. Make eye contact with drivers before crossing and make yourself visible to drivers by wearing bright colors.

Keep 6 feet of distance between yourself and other people, wear a mask in public, wash your hands when you get home, and stay home whenever you are feeling sick.

Have a Safe & Healthy Summer!

By setting an example and involving the whole family in safety and wellness goals, you will be teaching others to make healthy and responsible choices that will serve them for a lifetime.



Be visible when walking & biking. Wear bright colors and carry a light at night.



Use your brain and always wear a helmet when biking.



Get outside and exercise! Wear a mask and keep 6 feet away from others.



Never walk or bike while using your phone.



Prevent collisions by being predictable. Use hand signals.



Follow all rules of the road and signage.



Cross at intersections or crosswalks. Set an example for younger people.

★ Thank you for being a 'Walk Star' and a 'Roll Model!' ★

Permanent Bike Skills Courses



Welcome to the Bicycle Skills Course Bienvenido al Curso de Habilidades en Bicicleta				
<p>Get ready to ride! ¡Prepárate para montar!</p> <p>Before you start practicing your skills, there are a few things you will need to do to make sure you are safe on your bike while riding. <i>Antes de comenzar a practicar sus habilidades, debe hacer algunas cosas para asegurarse de estar seguro en su bicicleta mientras conduce.</i></p> <p>Helmet Fit</p> <p>Helmets are required on the course for those under age 18 and strongly advised for those over 18. <i>Se requieren cascos en el curso para menores de 18 años y se recomiendan fuertemente para mayores de 18 años.</i></p> <p>The helmet should sit level on the head. <i>El casco debe quedar nivelado en la cabeza.</i></p> <p>Adjust the sides so each strap is down a "Y" just inside the ear edge. <i>Ajuste el remolón de cada lado en un punto central justo dentro del borde de la oreja.</i></p> <p>"Tighten" straps evenly across the top of your head. <i>Ajuste los tirantes de manera uniforme en la parte superior de su cabeza.</i></p> <p>123 Quick Check Comprobación rápida de 123</p> <p>Quick/rápida - Check your quick releases/Comprueba tus lavaviscosos/rápido.</p> <p>Check/Checke - Check your bike all over and check yourself/Revisa tu bicicleta por todas partes y revisa tu mismo.</p> <p>Challenge/Desafío:</p> <ol style="list-style-type: none"> 1. Can you show your helmet is on correctly? <i>¿Puedes mostrar que tu casco está puesto correctamente?</i> 2. Can you check that your bike is ready to ride? <i>¿Puedes comprobar que tu bicicleta está lista para montar?</i> 	<p>Ride in a straight line Montar en línea recta</p> <p>STOP/detener</p> <p>Start/comienzo</p> <p>Challenge/Desafío:</p> <ol style="list-style-type: none"> 1. Can you ride between the lines and stop at the end? <i>¿Puedes viajar entre las líneas y detenerte al final?</i> 2. Can you scan over your left shoulder and stay between the lines? <i>¿Puedes escanear sobre tu hombro izquierdo y quedarte entre líneas?</i> 	<p>Hazard avoidance Evitar riesgos</p> <p>Challenge/Desafío:</p> <ol style="list-style-type: none"> 1. Can you ride to the end between the lines without hitting a hazard or putting a foot down? <i>¿Puedes viajar hasta el final entre las líneas sin chocar con un peligro o poner un pie abajo?</i> 2. Can you scan over your left shoulder before a hazard and ride around it staying between the lines? <i>¿Puedes escanear sobre tu hombro izquierdo antes de un peligro y dar una vuelta alrededor de él quedando entre líneas?</i> 	<p>Hand signals/turning Señales manuales / vueltas</p> <p>Left Turn <i>Vuelta a la izquierda</i></p> <p>Right Turn <i>Vuelta a la derecha</i></p> <p>Slowing and stopping <i>Desacelerar y parar</i></p> <p>Challenge/Desafío:</p> <ol style="list-style-type: none"> 1. Can you make each of the hand signals with your left arm? <i>¿Puedes hacer cada una de las señales con tu brazo izquierdo?</i> 2. Can you ride the course making the correct hand signals and return your hand to the handlebars before the next? <i>¿Puedes montar el curso haciendo las señales manuales correctas y regresar tu mano al manillar antes del giro?</i> 	<p>Figure 8 / yielding Figura 8 / rendimiento</p> <p>Challenge/Desafío:</p> <ol style="list-style-type: none"> 1. Can you trace the number 8 by walking along it? <i>¿Puedes rastrear el número 8 caminando por él?</i> 2. Can you ride along the number 8 on your bike and stay between the lines? <i>¿Puedes viajar a lo largo del número 8 en tu bicicleta y quedarte entre líneas?</i>

http://www.hcaog.net/sites/default/files/ots_bike_skills_course_report_final.pdf

Walking School Bus Guidelines during COVID-10

STARTING A WALKING SCHOOL BUS: THE BASICS



WHY START A WALKING SCHOOL BUS?

Many schools have found that Walking School Buses can be a fun, low cost mode of school transportation. During these uncertain times, the COVID-19 pandemic has made it more difficult for schools and districts to transport the same number of students on school buses while following social distancing guidelines. This may be the perfect time to start a Walking School Bus to help fill the transportation gap caused by COVID-19.

Students who walk or bike to school not only get the daily physical activity they need to be healthy, but studies also show that children who walk or bike also tend to perform better in school.

WHAT IS A WALKING SCHOOL BUS?

A Walking School Bus is a group of children walking to school with one or more adults. It sounds simple because it is! However, there are some modifications that need to be put in place due to COVID-19 social distancing requirements.

Typically Walking School Buses range in size from just a few kids to a dozen, with an appropriate number of adults to provide supervision. Due to COVID-19, walking school buses should consist of no more than 6 children and one adult. They can be structured like a regular bus by creating one or more meeting points, a timetable, and a regular schedule of volunteers.

START SIMPLE!

Walking School Bus programs shouldn't start simple and can always change or grow as needs arise. Start with a single neighborhood that has parents and children who are interested and live nearby. It is like a carpool, without the car! Added benefits include exercise, fresh air, and being with friends.

Are you home due to COVID-19? Consider walking your child and including a few other children from your neighborhood.

For an informal bus:

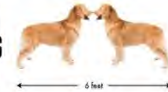
- Locate and invite nearby children to walk with you
- Pick a route and take a test walk before school starts
- Decide in advance how often you will walk together and what the return trip for each student will be
- Have fun!

BIKE TRAINS FOR OLDER STUDENTS

A variation on the Walking School Bus is called a Bike Train. Bike Trains may be more appropriate for families that live further from school or for older students. In a Bike Train, adult chaperones ride bicycles with children to supervise their ride on the way to or from school. The flexibility of the Walking School Bus or Bike Train make them appealing to children of all ages and communities of all sizes with varying needs.



COVID-19 PRECAUTIONS



Due to the dangers of the highly contagious coronavirus, schools and districts must ensure that all students and walking adults adhere to social distancing requirements.

To keep students and volunteers safe, please follow these guidelines:

- All walkers must wear a mask
- No more than 6 children and 1 adult per Walking School Bus
- Encourage all walkers to wear bright/reflective clothing and during winter months, flashlights are also encouraged
- Space students out 6 feet apart when meeting and while walking
- In order to stay safe in traffic, walkers may be closer than 6 feet for short periods of time when crossing at crosswalks or intersections, which is why everyone must wear a mask. As soon as it is possible, walkers will resume the 6 foot space

Sample Walking School Bus Schedule

Date	Monday	Tuesday	Wednesday	Thursday	Friday
Sept 14-19	A.M. Mr. Smith P.M. Mr. Jones	A.M. Mr. Anderson P.M. Mr. Jones	A.M. Mr. Smith P.M. Mr. Jones	A.M. Mr. Anderson P.M. Mr. Jones	A.M. Mr. Smith P.M. Mr. Jones
Sept 22-27	A.M. Mr. Smith P.M. Mr. Jones	A.M. Mr. Anderson P.M. Mr. Jones	A.M. Mr. Smith P.M. Mr. Jones	A.M. Mr. Anderson P.M. Mr. Jones	A.M. Mr. Smith P.M. Mr. Jones
Sept 30-03	A.M. Mr. Smith P.M. Mr. Jones	A.M. Mr. Anderson P.M. Mr. Jones	A.M. Mr. Smith P.M. Mr. Jones	A.M. Mr. Anderson P.M. Mr. Jones	A.M. Mr. Smith P.M. Mr. Jones
Sept 06-11	A.M. Mr. Smith P.M. Mr. Jones	A.M. Mr. Anderson P.M. Mr. Jones	A.M. Mr. Smith P.M. Mr. Jones	A.M. Mr. Anderson P.M. Mr. Jones	A.M. Mr. Smith P.M. Mr. Jones
Oct 13-17	A.M. Mr. Smith P.M. Mr. Jones	A.M. Mr. Anderson P.M. Mr. Jones	A.M. Mr. Smith P.M. Mr. Jones	A.M. Mr. Anderson P.M. Mr. Jones	A.M. Mr. Smith P.M. Mr. Jones
Oct 20-24	A.M. Mr. Smith P.M. Mr. Jones	A.M. Mr. Anderson P.M. Mr. Jones	A.M. Mr. Smith P.M. Mr. Jones	A.M. Mr. Anderson P.M. Mr. Jones	A.M. Mr. Smith P.M. Mr. Jones

Developed by Redwood Community Action Agency and Bike2There with inspiration from the National Center for Safe Routes to School. For local resources on Safe Routes to School visit www.hcaog.net

WHEN PICKING A ROUTE, ANSWER THESE QUESTIONS:

- Do you have room to walk?
 - Are there sidewalks or paths?
 - Do trash cans create obstacles?
- Is it safe to cross the street?
 - Can you see cars and can they see you?
 - Are there crosswalks?
- Are drivers aware of pedestrians?
 - Are you crossing in a crosswalk?
 - Are there school zone signs or flashing beacons to warn drivers?
- Does the environment feel safe?
 - Can you let your neighbors know more kids are walking?

For more help identifying walkable routes, visit http://www.pedbikeinfo.org/cms/downloads/walkability_checklist.pdf

REACHING MORE CHILDREN

Determine who lives within walking distance and is interested in participating.

Determine if you will operate once a week or everyday and decide on a meeting place.

Identify a group of reliable adult walkers and create a schedule.

Determine if you will walk in the morning and in afternoon so it is known how children will get home at the end of the day

http://www.hcaog.net/sites/default/files/starting_a_wsb_during_covid_0.pdf

Development: ATP Cycle 5 Annie & Mary Trail



Walk to School Day & COVID-19 Safety Precautions

WALK & ROLL WITH YOUR FAMILY while social distancing

While you walk and roll in your immediate neighborhood, limit the spread of COVID-19 by following public health recommendations. Use these tips to help keep you and others safe:

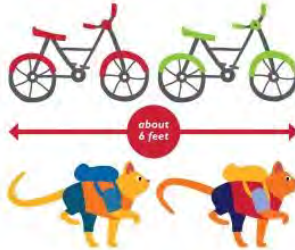
STAY 6 FEET APART

While we are working to be germ-busters against the coronavirus, we need to walk at least 6 feet from people we do not live with.



WHAT DOES 6 FEET LOOK LIKE?

Two kid's bicycles lined up wheel to wheel or two adult cats lined up from their heads to the tips of their tails add up to approximately 6 feet.



HOW TO PASS PEOPLE SAFELY

GET CREATIVE WITHOUT GOING INTO THE STREET!

- ★ Use driveways and lawns to step off the sidewalk and let other people pass
- ★ Communicate where you plan to go and use hand signals to let others know how you will move
- ★ Cross mid-block only if you are with an adult and on a narrow street, where you can easily see cars coming, and they can see you



Día Internacional de Caminar a la Escuela
Miércoles 7 de octubre



Practique y demuestre sus habilidades de peatón caminando a la escuela con miembros de su hogar.

- ✓ Siempre camine por la banqueta si están disponibles o de cara al tráfico si no hay un área de banqueta disponible ✓ Cruce las calles en los cruces peatonales o en las esquinas evitando cruzar a mitad de la cuadra ✓ Haga contacto visual con los conductores antes de cruzar la calle ✓ Hazte visible a los conductores vistiendote con colores brillantes ✓ Mantenga una distancia de 6 pies entre usted y los demás
- ✓ Usa su mascarilla en público y cuando tenga que pasar a otras personas donde no se puede mantener 6 pies de espacio ✓ Lávate las manos cuando llegue a casa y quédese en casa si se siente enfermo

Parents and guardians, stay up to date on local COVID-19 information: <https://humboldt.gov/>



Sea seguro, sea respetuoso, sea responsable

<https://kingcounty.gov/depts/transportation/metro/travel-options/rideshare/programs/schoolpool/social-distancing.aspx>

What's Next?



Thank you!

Jenny Weiss, Projects Coordinator
Redwood Community Action Agency
Natural Resources Services Division
Eureka, California

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humboldtsaferoutes.org
rcaa.org



SAFE ROUTES TO ZOOM

BIKE AND PED SAFETY AND COMMUNITY ENGAGEMENT
IN THE TIME OF COVID-19



SAN MATEO
COUNTY
OFFICE OF
EDUCATION

Safe Routes to Zoom

Ruby Bridges Walk to School Day

Safety Patrol Zoom Sessions

Food Bank Distribution

Safe Routes to Anywhere

Story Time

Teddy Bear Challenge

Virtual Walk Audit & Engineering



Ruby Bridges Walk to School Day

Ruby Bridges Walk to School Day



November 14, 1960 - Six year old Ruby Bridges integrates her elementary school in New Orleans.

Ruby arrives at school each day to an angry crowd of people who don't want her at their school.

Ruby's simple but courageous act of showing up for school each day played an important role in the civil rights movement.



May 2018 a group of 5th graders from San Mateo County, CA learned about Ruby and proposed a day to celebrate her.

The first annual Ruby Bridges Walk to School Day was held on November 14, 2018

Join the movement! Help this day go nationwide! Celebrate Ruby and walk for justice!

For more information:

www.tinyurl.com/RubyBridgesWalk



San Mateo County
SAFE ROUTES TO SCHOOL
Healthy Kids • Green Communities • Safe Journeys

www.tinyurl.com/RubyBridgesWalk

RBWTSD Website

RBWTSD

[Home](#)

[Resources](#)

[Ruby Today](#)

[Walk With Us](#)



RUBY BRIDGES

WALK TO SCHOOL DAY



Song: "Walk to School Like Ruby Did"





Safety Patrol Zoom





Safe Routes to Anywhere



Safe Routes to Anywhere!

www.tinyurl.com/SafeRoutesSMC

STORY TIME

with Safe Routes to School



Come take a lunch break with **San Mateo County Office of Education's Safe Routes Program** every Wednesday at 1PM. A chapter from a different book will be read each week. Join our reading adventure and gain a better understanding of pedestrian, bicycle, and traffic safety. **Most appropriate for Kindergarten to 8th graders.**

**Readings every Wednesday at
1:00 PM**

Register Here:
<https://tinyurl.com/StoryTimeSafeRoutes>



TEDDY BEAR CHALLENGE



Join San Mateo County Office of Education's **Safe Routes Program** in promoting **fun family cycling, walking, and rolling.**

Place a Teddy bear or stuffed animal in a street facing window to be part of a social distancing scavenger hunt! **Stay aware** on your safe rides, walks, and rolls through your neighborhood while keeping an eye out for bears. Post photos of your safe and successful hunt with **#goingonabearhunt.**



Can you find the 5 teddy bears hiding in this neighborhood?



COLOR THIS PAGE
AND SHARE YOUR SAFETY MESSAGE



Join San Mateo County Office of Education's **Safe Routes to School Program** in promoting fun family cycling, walking, and rolling. Place a teddy bear, stuffed animal, or a colored-in version of this page in a street-facing window for a social distancing scavenger hunt! Always remember to stay safe and aware on your rides, walks, and rolls through your neighborhood while keeping an eye out for teddy bears. Post photos of your successful teddy bear hunt with the hashtag **#goingonabearhunt**. Color in and share your teddy bear art to **SRTS@smcoe.org** for a chance to be featured on the County Office of Education's website. Also be sure to sign up at **www.smcoe.org/storytime** to join us for weekly story time.



COLOR THIS PAGE!

UNPLUG
PUT ON
YOUR MASK
GO FOR
A WALK

WALK TO ANYWHERE WEEK
October 5-9, 2020

Join San Mateo County Office of Education's **Safe Routes to School Program** in promoting **Walk to Anywhere Week!** Always remember to stay safe on walks through your neighborhood. Look both ways, behind you, and all around you before crossing the street. And don't forget to put your phone in your pocket!

Color in and share this page with **SRTS@smcoe.org** for a chance to be featured on the County Office of Education's website. Looking for more fun things to do? Sign up at **tinyurl.com/StoryTimeSafeRoutes** to join us for weekly story time. Want to receive a **Safe Routes to School Safety Activity Kit?**

Learn about the Pedestrian Challenge at **tinyurl.com/PedChallenge**.



San Mateo County: Supporting Back to School Travel During COVID-19



Schools county-wide are preparing for students to return to campuses this fall. **Is your municipality ready to support the travel pattern changes generated by school travel?** Participants will learn from regional and national campaigns that reduce traffic congestion and support active transportation. **Emma Shlaes**, Silicon Valley Bicycle Coalition Deputy Director and **Mark Fenton**, Public Health and Transportation Consultant, will lead the conversation.

Virtual Walk Audit

ourvoice markfenton.com

Healthy School Travel at Sunshine Gardens Elementary



Ann Banchoff
Stanford University



Mark Fenton
Tufts University
rmfenton777@gmail.com

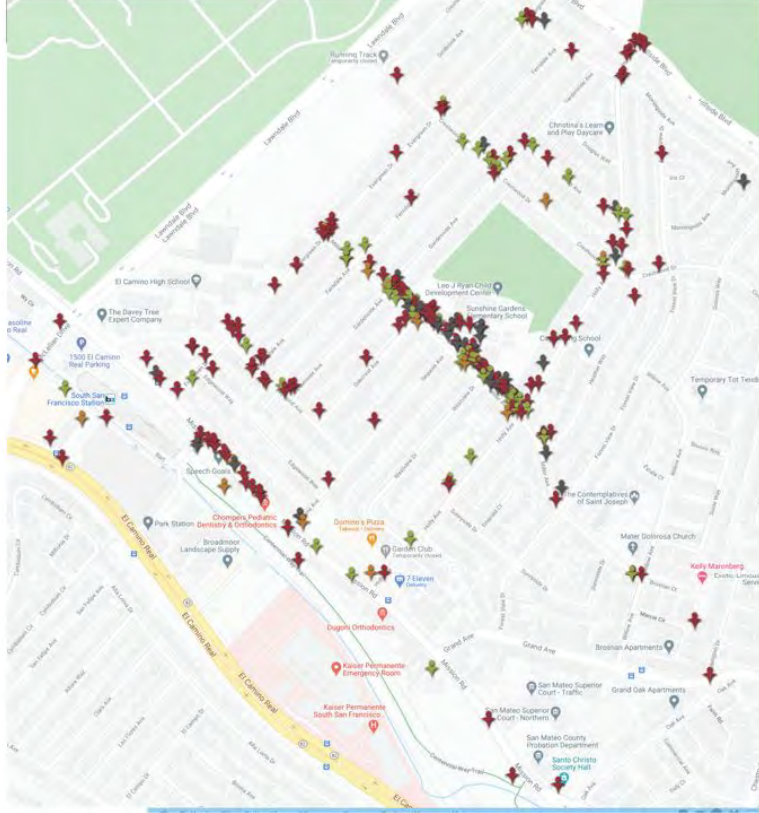


3 Ps:

Programs: pop-ups, encouragement, education, outreach

Projects: physically improve walking/biking infrastructure

Policies: change rules, practices or procedures to improve conditions for walking/biking



Hotspots
you
identified.

8 Themes Identified:

- Sidewalks/pathway conditions
- Crossings/crosswalks
- Vehicle Behaviors
- General safety & security
- Bike accommodation & facilities
- Traffic signs, lights, & controls
- Sidewalk/pathway connectivity
- Vehicle speeds

Thank you!

Theresa Vallez-Kelly, tvkelly@smcoe.org

Vanessa Castro, vcastro@smcoe.org

California COVID – 19 Websites



<https://covid19.ca.gov/>



<https://www.cdph.ca.gov/covid19>

CA Dept. of Education and CA Public Health Covid-19 Guidance for Schools

- CA Department of Education Guidance and Announcements – Updated weekly:
<https://www.cde.ca.gov/ls/he/hn/coronavirus.asp>
- CA Department of Public Health: COVID-19 Guidance for Schools and School-Based Programs
<https://covid19.ca.gov/pdf/guidance-schools.pdf>

NACTO's COVID -19 Response Guides + Resources

- **COVID-19 Transportation Response Center**

<https://nacto.org/program/covid19/>

- **Streets for Pandemic Response & Recovery**

[https://nacto.org/wp-content/uploads/2020/06/NACTO Streets-for-Pandemic-Response-and-Recovery_2020-06-25.pdf](https://nacto.org/wp-content/uploads/2020/06/NACTO_Streets-for-Pandemic-Response-and-Recovery_2020-06-25.pdf)

- **Community Engagement During COVID-19 (Webinar)**

<https://nacto.org/event/community-engagement-during-covid-19/>

CDC COVID-19 Readiness & Planning Tools

Event Gathering:

<https://www.cdc.gov/coronavirus/2019-ncov/downloads/community/COVID19-events-gatherings-readiness-and-planning-tool.pdf>

Youth Programs and Camps:

<https://www.cdc.gov/coronavirus/2019-ncov/downloads/camp-planning-tool.pdf>

Questions?



Thank You!

The ATRC NI Team

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